

**North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026****Results - Session 6 (Warmup (12.00 - 13.00))****Event 325 Girls 11-12 4x100 LC Meter Freestyle Relay**

|   | <b>Team</b>                   | <b>Relay</b>             | <b>Seed Time</b>        | <b>Finals Time</b>      | <b>Points</b> |
|---|-------------------------------|--------------------------|-------------------------|-------------------------|---------------|
| 1 | Holywell Amateur Swimming Clu | A                        | NT                      | 5:06.82                 | 8             |
|   | 1) Jones, Betsy 12            | 2) Williams, Phoebe 11   | 3) Nash, Amber 12       | 4) M'Keown, Emily 12    |               |
| 2 | Wrexham                       | A                        | NT                      | 5:15.30                 | 7             |
|   | 1) Evans, Amelia 11           | 2) Elson, Jessica 12     | 3) Williams, Heidi 12   | 4) Morgado, Carolina 12 |               |
| 3 | Nofio Gwynedd                 | A                        | NT                      | 5:37.10                 | 6             |
|   | 1) Houseman-Jones, Connie 12  | 2) Davies, Magi 11       | 3) Jones, Ceti 12       | 4) Owen, Beca 12        |               |
| 4 | Chirk                         | A                        | NT                      | 5:37.56                 | 5             |
|   | 1) Kentell, Kaya 12           | 2) Elms, Darcey 11       | 3) Thornton, Georgie 11 | 4) Haydon, Francesca 12 |               |
| 5 | Holywell Amateur Swimming Clu | B                        | NT                      | 5:54.08                 | 4             |
|   | 1) Turner, Skye 11            | 2) Lazarova, Victoria 12 | 3) Langridge, Martha 12 | 4) McPherson, Freya 11  |               |

**Event 326 Girls 13-14 4x100 LC Meter Freestyle Relay**

|   | <b>Team</b>                | <b>Relay</b>          | <b>Seed Time</b>       | <b>Finals Time</b>      | <b>Points</b> |
|---|----------------------------|-----------------------|------------------------|-------------------------|---------------|
| 1 | Wrexham                    | A                     | NT                     | 4:28.68                 | 8             |
|   | 1) Prevete, Sofia 14       | 2) Elson, Caitlin 14  | 3) Conlin, Layla 14    | 4) O'Hara, Noelle 13    |               |
| 2 | Nofio Bangor               | A                     | NT                     | 4:36.06                 | 7             |
|   | 1) Chauhan, Amber 14       | 2) Mellor, Medi 14    | 3) Nagib, Leila 13     | 4) Williams, Daisy 14   |               |
| 3 | Conwy                      | A                     | NT                     | 4:45.02                 | 6             |
|   | 1) Gray-Thomas, Jessica 13 | 2) Scott, Lucy 14     | 3) Roberts, Phoebe 14  | 4) Walling, Iola 14     |               |
| 4 | Nofio Gwynedd              | A                     | NT                     | 4:53.44                 | 5             |
|   | 1) Edwards, Beca 13        | 2) Owen, Awel 14      | 3) Thomas-Owen, Efa 14 | 4) Roberts, Cara-Non 14 |               |
| 5 | Wrexham                    | B                     | NT                     | 5:13.01                 | 4             |
|   | 1) Charlesworth, Aoife 14  | 2) Fisher, Eliza 14   | 3) Conroy, Celyn 14    | 4) Upton, Lily 13       |               |
| 6 | Chirk                      | A                     | NT                     | 5:20.44                 | 3             |
|   | 1) Pritchard, Amelia 13    | 2) Mainwaring, Ava 13 | 3) Currie, Sophie 13   | 4) Horrocks, Grace 14   |               |

**Event 327 Girls 15-16 4x100 LC Meter Freestyle Relay**

|   | <b>Team</b>              | <b>Relay</b>               | <b>Seed Time</b>       | <b>Finals Time</b>     | <b>Points</b> |
|---|--------------------------|----------------------------|------------------------|------------------------|---------------|
| 1 | Nofio Gwynedd            | A                          | NT                     | 4:14.57                | 8             |
|   | 1) Ach Rhys, Esyllt 16   | 2) Thomas, Serenity 16     | 3) Roberts, Mali 16    | 4) Edwards, Alaw 16    |               |
| 2 | Nofio Gwynedd            | B                          | NT                     | 4:26.12                | 7             |
|   | 1) Sutton, Emily 15      | 2) Williams, Leah 15       | 3) Williams, Gwenno 15 | 4) Hughes, Nel 15      |               |
| 3 | Wrexham                  | A                          | NT                     | 4:34.93                | 6             |
|   | 1) Lewis-Jones, Idele 15 | 2) Lendnau-Moulton, Ava 15 | 3) Madra, Victoria 15  | 4) Devin, Erin 16      |               |
| 4 | Conwy                    | A                          | NT                     | 4:39.58                | 5             |
|   | 1) Sayle, Daisy 16       | 2) Marsden, Pheobe 15      | 3) Williams, Kiera 15  | 4) Synowiec, Amelia 16 |               |

**Event 328 Girls 17 & Over 4x100 LC Meter Freestyle Relay**

|   | <b>Team</b>                   | <b>Relay</b>            | <b>Seed Time</b>     | <b>Finals Time</b>        | <b>Points</b> |
|---|-------------------------------|-------------------------|----------------------|---------------------------|---------------|
| 1 | Nofio Gwynedd                 | A                       | NT                   | 4:17.06                   | 8             |
|   | 1) Goodman, Casi 17           | 2) Dwyfor-Clark, Efa 17 | 3) Williams, Cari 17 | 4) Humphreys, Ffion 18    |               |
| 2 | Nofio Bangor                  | A                       | NT                   | 4:26.40                   | 7             |
|   | 1) Hellfeld, Beatrix 19       | 2) Davis, Charlie 26    | 3) Cyster, Rowan 22  | 4) Gillingham, Grace 22   |               |
| 3 | Chirk                         | A                       | NT                   | 4:36.74                   | 6             |
|   | 1) Williams, Rhona 24         | 2) Courtman, Vikki 32   | 3) Davies, Ellen 17  | 4) Worthington, Emma 18   |               |
| 4 | Holywell Amateur Swimming Clu | A                       | NT                   | 4:39.11                   | 5             |
|   | 1) Johnson, Poppy 17          | 2) Rich, Ffion 17       | 3) Jones, Emily 18   | 4) Carr, Jenaya Jewell 19 |               |