

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Event 111 Boys 11 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Everett, Alfie	12	Chirk	44.90
3	Jones, Jac	12	Nofio Bangor	43.60
4	Hughes, George	12	Mold	41.30
5	Greaves, Dylan	12	Wrexham	43.00
6	Richards, Dylan	11	Wrexham	44.20
<b>Heat 2 of 6 Finals</b>				
2	Lunt-Sullivan, Joe	13	Holywell	40.10
3	Hamer, Archie	13	Newtown	39.30
4	Bury, Gracjan	14	Wrexham	37.60
5	Grant, Zac Anthony	14	Nofio Gwynedd	38.84
6	Thomas, Ralph	11	Holywell	39.70
7	Over, Arran	12	Buckley	40.90
<b>Heat 3 of 6 Finals</b>				
2	Evans, Jonas	12	Mold	37.30
3	Howell, Harry	13	Chirk	36.87
4	Hall, Henry	11	Holywell	36.79
5	Grimston, Max	14	Buckley	36.80
6	Mander, Toby	12	Conwy	36.97
7	Prior, Jakub	14	Wrexham	37.50
<b>Heat 4 of 6 Finals</b>				
2	de Haan, Charlie	13	Holywell	35.30
3	Miller, Ethan	13	Ruthin	34.50
4	Leonard, Harrison	15	Conwy	33.50
5	Price-Clishem, Dyfan	15	Nofio Gwynedd	34.13
6	Jones, Euron	15	Nofio Gwynedd	34.98
7	Worrall, Teddy	14	Wrexham	35.50
<b>Heat 5 of 6 Finals</b>				
2	Donnan, George	15	Holywell	32.50
3	Owen, Finlay	16	Buckley	31.80
4	Evans, Jake	14	Wrexham	31.17
5	Armstrong, Austin	16	Buckley	31.80
6	Williams, Heath	14	Wrexham	32.28
7	Liu, Daniel Muiyang	14	Conwy	33.40
<b>Heat 6 of 6 Finals</b>				
2	Angel, Ethan	22	Nofio Bangor	30.60
3	Hughes, Cai	17	Nofio Bangor	29.50
4	Thomas, Lucas	18	Nofio Gwynedd	26.00
5	Park, Reggie Samuel	16	Holywell	28.01
6	Jones, Tegid	16	Nofio Gwynedd	30.19
7	McGrath, Archie	16	Nofio Bangor	30.80

**Event 112 Girls 11 & Over 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
2	Sayle, Daisy	16	Conwy	20:28.00
3	Banks, Ella	17	Newtown	19:46.10
4	Cust, Ciara	19	Conwy	18:52.80
5	Elson, Caitlin	14	Wrexham	19:36.90
6	Madra, Victoria	15	Wrexham	19:55.80

**Event 113 Boys 11 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Lewis, Ilan	12	Nofio Gwynedd	47.10
3	Donnan, Samuel	11	Holywell	44.70
4	Jones, Jac	12	Nofio Bangor	43.00
5	Greaves, Dylan	12	Wrexham	44.10
6	Carroll, Josh	11	Ruthin	44.71
7	Meechan, Alexander	11	Conwy	47.80
<b>Heat 2 of 6 Finals</b>				
2	Richards, Dylan	11	Wrexham	41.70
3	Mander, Toby	12	Conwy	40.90
4	Hughes, George	12	Mold	40.30
5	Gray-Williams, Morgan	14	Conwy	40.50
6	Lunt-Sullivan, Joe	13	Holywell	41.60
7	Everett, Alfie	12	Chirk	42.40
<b>Heat 3 of 6 Finals</b>				
2	Hall, Henry	11	Holywell	40.20
3	Prior, Jakub	14	Wrexham	39.90
4	Over, Arran	12	Buckley	39.30
5	Evans, Jonas	12	Mold	39.60
6	Carr, Javier Rocco Paul	14	Holywell	39.90
7	Groves, Jasper	12	Conwy	40.20
<b>Heat 4 of 6 Finals</b>				
2	Grimston, Max	14	Buckley	38.20
3	Worrall, Teddy	14	Wrexham	37.70
4	Bury, Gracjan	14	Wrexham	36.93
5	Grant, Zac Anthony	14	Nofio Gwynedd	37.70
6	Jones, Euron	15	Nofio Gwynedd	37.85
7	Howell, Harry	13	Chirk	39.00
<b>Heat 5 of 6 Finals</b>				
2	Voice, Harry	14	Newtown	35.60
3	Price, JJ	14	Buckley	35.30
4	McGrath, Archie	16	Nofio Bangor	33.70
5	Donnan, George	15	Holywell	34.20
6	Miller, Ethan	13	Ruthin	35.50
7	Liu, Daniel Muiyang	14	Conwy	36.40
<b>Heat 6 of 6 Finals</b>				
2	Leonard, Harrison	15	Conwy	33.30
3	Armstrong, Austin	16	Buckley	32.00
4	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	30.57
5	Jones, Tegid	16	Nofio Gwynedd	31.95
6	Williams, Heath	14	Wrexham	33.10
7	de Haan, Charlie	13	Holywell	33.50

**Event 114 Girls 11 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 12 Finals</b>				
3	Davies, Magi	11	Nofio Gwynedd	47.94
4	Hughes, Bethany	12	Conwy	46.70
5	Wilson-Pickles, Isla	11	Ruthin	47.11

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 2 Finals (#114 Girls 11 & Over 50 LC Meter Butterfly)**

2	Elson, Jessica	12	Wrexham	44.50
3	Langridge, Martha	12	Holywell	42.41
4	Blackburn, Millie	14	Cambrian AA	41.60
5	Houseman-Jones, Connie	12	Nofio Gwynedd	41.76
6	Williams, Megan	13	Nofio Gwynedd	44.08
7	Johnson, Chloe	12	Cambrian AA	45.90

**Heat 3 of 12 Finals**

2	Jones, Betsy	12	Holywell	41.10
3	Currie, Sophie	13	Chirk	40.40
4	McDonnell, Saoirse	12	Denbigh Drag	39.72
5	McIntyre, Matilda	14	Holywell	39.90
6	Haydon, Francesca	12	Chirk	40.60
7	Briscoe, Greta	14	Cambrian AA	41.30

**Heat 4 of 12 Finals**

2	Nash, Amber	12	Holywell	38.70
3	Jones, Rhiannon	15	Wrexham	38.63
4	Williams, Mared	14	Nofio Gwynedd	37.43
5	Nagib, Leila	13	Nofio Bangor	38.50
6	Skippon, Isabelle	14	Holywell	38.70
7	Holmes-Thompson, Telisha	14	Conwy	39.10

**Heat 5 of 12 Finals**

2	Lewis, Amelia	15	Buckley	37.00
3	Bradshaw, Eden	15	Chirk	36.70
4	Conlin, Layla	14	Wrexham	36.60
5	Francis, Molly	14	Newtown	36.70
6	Zamirska, Maja	15	Buckley	36.96
7	Kenworthy, Emelia	14	Mold	37.40

**Heat 6 of 12 Finals**

2	Roberts, Lucy	15	Nofio Bangor	36.50
3	Moulding, Edith	16	Wrexham	36.20
4	Howells, Betsi	13	Newtown	36.00
5	Pritchard, Poppy	15	Wrexham	36.10
6	Cherry, Rebecca	20	Nofio Bangor	36.40
7	Jones Churm, Nel	15	Nofio Gwynedd	36.51

**Heat 7 of 12 Finals**

2	Morrison, Sophia	16	Mold	35.90
3	Morgado, Carolina	12	Wrexham	35.60
4	Ross, Bianca	15	Wrexham	35.20
5	Scott, Lucy	14	Conwy	35.50
6	Hornby, Isabel	16	Nofio Gwynedd	35.88
7	M'Keown, Emily	12	Holywell	35.90

**Heat 8 of 12 Finals**

2	Thomas-Owen, Efa	14	Nofio Gwynedd	34.65
3	Grant, Lucy	16	Nofio Gwynedd	33.64
4	Williams, Kiera	15	Conwy	33.40
5	Williams, Poppy	15	Nofio Bangor	33.50
6	Ellis, Lily	19	Welshpool	34.50
7	Kendall, Ella	12	Conwy	35.10

**Heat 9 of 12 Finals**

2	Jones, Emily	18	Holywell	33.20
3	McCooole-Jones, Elen	15	Holywell	33.10
4	Williams, Layla	14	Newtown	32.90
5	Lendnau-Moulton, Ava	15	Wrexham	33.03
6	Williams, Gwenno	15	Nofio Gwynedd	33.17
7	Thurston, Rene	15	Newtown	33.40

**Heat 10 of 12 Finals**

2	Eyre, Maiya	14	Buckley	32.87
3	Goodman, Casi	17	Nofio Gwynedd	32.18
4	Prevete, Sofia	14	Wrexham	31.90
5	Williams, Leah	15	Nofio Gwynedd	32.01
6	Taylor, Rebecca	16	Wrexham	32.85
7	Williams, Daisy	14	Nofio Bangor	32.90

**Heat 11 of 12 Finals**

2	Hughes, Mari	19	Nofio Bangor	31.69
3	Jones, Martha	17	Conwy	31.60
4	Mellor, Medi	14	Nofio Bangor	31.21
5	O'Hara, Noelle	13	Wrexham	31.50
6	Worthington, Emma	18	Chirk	31.60
7	Carr, Jenaya Jewell	19	Holywell	31.74

**Heat 12 of 12 Finals**

2	Gillingham, Grace	22	Nofio Bangor	30.84
3	Synowiec, Amelia	16	Conwy	30.50
4	Dwyfor-Clark, Efa	17	Nofio Gwynedd	28.26
5	Cyster, Rowan	22	Nofio Bangor	30.17
6	Ach Rhys, Emyllt	16	Nofio Gwynedd	30.60
7	Jones, Myia	18	Wrexham	30.90

**Event 115 Boys 11 & Over 1500 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 1 Finals**

4	Baldwin, Thomas	15	Holywell	18:08.00
5	McCullagh, Patrick	14	Holywell	18:46.20

**Event 116 Girls 11 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 13 Finals**

2	Wright, Esmi	11	Nofio Gwynedd	50.13
3	Elliston-Palanova, Vera	12	Nofio Gwynedd	49.30
4	Francis, Annie	11	Newtown	47.20
5	Thornton, Georgie	11	Chirk	47.80
6	Turner, Skye	11	Holywell	50.00
7	Hogg, Elsie	11	Denbigh Drag	51.75

**Heat 2 of 13 Finals**

2	Davies, Magi	11	Nofio Gwynedd	46.49
3	Kay, Poppy	12	Ruthin	44.30
4	Williams, Megan	13	Nofio Gwynedd	43.29
5	Kentell, Kaya	12	Chirk	43.60
6	McDonnell, Saoirse	12	Denbigh Drag	46.32
7	Sayle, Jess	13	Conwy	46.60

**Heat 3 of 13 Finals**

2	Davies, Camilla	13	Conwy	43.00
3	Hughes, Bethany	12	Conwy	42.97
4	Banks, Charlotte	13	Newtown	42.70
5	Morgan, Catrin	12	Mold	42.90
6	Williams, Heidi	12	Wrexham	43.00
7	Nash, Amber	12	Holywell	43.20

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 4 Finals (#116 Girls 11 & Over 50 LC Meter Backstroke)**

2	Elson, Jessica	12	Wrexham	42.20
3	Conlin, Layla	14	Wrexham	41.40
4	Currie, Sophie	13	Chirk	41.30
5	Johnson, Chloe	12	Cambrian AA	41.30
6	Wilson-Pickles, Isla	11	Ruthin	41.69
7	Evans, Amelia	11	Wrexham	42.30

**Heat 5 of 13 Finals**

2	Owen, Mali	15	Nofio Gwynedd	40.87
3	Jones, Betsy	12	Holywell	40.50
4	McIntyre, Matilda	14	Holywell	40.06
5	Briscoe, Greta	14	Cambrian AA	40.10
6	Ross, Bianca	15	Wrexham	40.60
7	Houseman-Jones, Connie	12	Nofio Gwynedd	40.95

**Heat 6 of 13 Finals**

2	Nagib, Leila	13	Nofio Bangor	39.70
3	Holmes-Thompson, Telisha	14	Conwy	39.00
4	Williams, Lyla	15	Conwy	38.70
5	Rogerson, Heidi S10	19	Holywell	38.91
6	McCormack, Emily	14	Buckley	39.30
7	Williams, Mared	14	Nofio Gwynedd	39.73

**Heat 7 of 13 Finals**

2	Pritchard, Poppy	15	Wrexham	38.50
3	Roberts, Lucy	15	Nofio Bangor	37.90
4	Skippon, Isabelle	14	Holywell	37.80
5	Rimmer, Tilly	15	Holywell	37.80
6	Jones Churm, Nel	15	Nofio Gwynedd	38.13
7	Thomas-Owen, Efa	14	Nofio Gwynedd	38.63

**Heat 8 of 13 Finals**

2	Morrison, Sophia	16	Mold	37.50
3	Bradshaw, Eden	15	Chirk	37.20
4	Ellis, Lily	19	Welshpool	36.69
5	M'Keown, Emily	12	Holywell	37.00
6	Morgado, Carolina	12	Wrexham	37.20
7	Howells, Betsi	13	Newtown	37.60

**Heat 9 of 13 Finals**

2	Scott, Lucy	14	Conwy	36.11
3	Pimble, Bethan	15	Chirk	35.90
4	Williams, Poppy	15	Nofio Bangor	35.80
5	Francis, Molly	14	Newtown	35.80
6	Prevete, Sofia	14	Wrexham	35.90
7	Williams, Daisy	14	Nofio Bangor	36.30

**Heat 10 of 13 Finals**

2	Moulding, Edith	16	Wrexham	35.70
3	Synowiec, Amelia	16	Conwy	35.68
4	Williams, Gwenno	15	Nofio Gwynedd	35.55
5	Grant, Lucy	16	Nofio Gwynedd	35.59
6	Hornby, Isabel	16	Nofio Gwynedd	35.68
7	Goodman, Casi	17	Nofio Gwynedd	35.75

**Heat 11 of 13 Finals**

2	Lendnau-Moulton, Ava	15	Wrexham	34.30
3	Ach Rhys, Esyllt	16	Nofio Gwynedd	34.22
4	Cyster, Rowan	22	Nofio Bangor	33.90
5	Mellor, Medi	14	Nofio Bangor	34.10
6	McCooole-Jones, Elen	15	Holywell	34.30
7	Johnson, Poppy	17	Holywell	35.10

**Heat 12 of 13 Finals**

2	O'Hara, Noelle	13	Wrexham	33.90
3	Eyre, Maiya	14	Buckley	33.60
4	Williams, Leah	15	Nofio Gwynedd	33.49
5	Thurston, Rene	15	Newtown	33.50
6	Williams, Layla	14	Newtown	33.70
7	Jones, Emily	18	Holywell	33.90

**Heat 13 of 13 Finals**

2	Thomas, Serenity	16	Nofio Gwynedd	32.55
3	Gillingham, Grace	22	Nofio Bangor	32.09
4	Humphreys, Ffion	18	Nofio Gwynedd	29.58
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	29.92
6	Jones, Myia	18	Wrexham	32.40
7	Worthington, Emma	18	Chirk	32.96

**Event 211 Boys 11 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 6 Finals**

2	Everett, Alfie	12	Chirk	3:36.30
3	Bryant, Maxwell	13	Cambrian AA	3:25.40
4	Thomas, Ralph	11	Holywell	3:20.10
5	Over, Arran	12	Buckley	3:21.00
6	Jones, Jac	12	Nofio Bangor	3:31.70
7	Wood, Ifan	12	Denbigh Drag	3:42.33

**Heat 2 of 6 Finals**

2	Carr, Javier Rocco Paul	14	Holywell	3:13.30
3	Lunt-Sullivan, Joe	13	Holywell	3:07.90
4	Hughes, George	12	Mold	3:05.70
5	Jones, Euron	15	Nofio Gwynedd	3:07.08
6	Richards, Dylan	11	Wrexham	3:12.80
7	Hall, Henry	11	Holywell	3:14.23

**Heat 3 of 6 Finals**

2	Mander, Toby	12	Conwy	2:57.80
3	Grimston, Max	14	Buckley	2:50.10
4	Jones, Finley	18	Wrexham	2:47.20
5	Gomery, Ethan	15	Buckley	2:47.70
6	Worrall, Teddy	14	Wrexham	2:56.40
7	Prior, Jakub	14	Wrexham	2:58.10

**Heat 4 of 6 Finals**

2	Mrozinski, Michal	14	Conwy	2:43.80
3	de Haan, Charlie	13	Holywell	2:39.20
4	McGrath, Archie	16	Nofio Bangor	2:37.10
5	Williams, Heath	14	Wrexham	2:38.50
6	Nuttall, Harri	13	Rhyl Dolphin	2:43.45
7	Gray-Thomas, Jayden	14	Conwy	2:46.30

**Heat 5 of 6 Finals**

2	Donnan, George	15	Holywell	2:36.50
3	Chauhan, Jai	17	Nofio Bangor	2:32.30
4	Parry, Now	17	Nofio Gwynedd	2:28.84
5	Hughes, Cai	17	Nofio Bangor	2:31.20
6	Evans, Jake	14	Wrexham	2:33.40
7	Armstrong, Austin	16	Buckley	2:37.10

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 6 Finals (#211 Boys 11 & Over 200 LC Meter IM)**

2	Williams, Dylan	15	Wrexham	2:26.80
3	Hardy, Dewi	19	Wrexham	2:24.00
4	Meilleur, Elliot	16	Nofio Gwynedd	2:17.28
5	Leatherbarrow, Jack	18	Wrexham	2:20.80
6	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:25.63
7	Davies, Lewis	17	Nofio Gwynedd	2:27.64

**Event 212 Girls 11 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 3 Finals**

3	Hughes, Bethany	12	Conwy	7:06.10
4	Kendall, Ella	12	Conwy	6:33.80
5	Weatherhead, Emilie	12	Mold	6:52.40
6	Kay, Poppy	12	Ruthin	7:11.09

**Heat 2 of 3 Finals**

2	M'Keown, Emily	12	Holywell	6:26.20
3	Elson, Caitlin	14	Wrexham	5:54.30
4	Williams, Leah	15	Nofio Gwynedd	5:45.31
5	O'Hara, Noelle	13	Wrexham	5:48.30
6	Moulding, Edith	16	Wrexham	6:14.00
7	Upton, Lily	13	Wrexham	6:33.00

**Heat 3 of 3 Finals**

2	Worthington, Emma	18	Chirk	5:35.70
3	Jones, Myia	18	Wrexham	5:29.20
4	Thomas, Serenity	16	Nofio Gwynedd	5:19.47
5	Mellor, Medi	14	Nofio Bangor	5:23.20
6	Lewis-Jones, Idele	15	Wrexham	5:33.50
7	Chauhan, Amber	14	Nofio Bangor	5:42.43

**Event 213 Boys 11 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 7 Finals**

3	Peers, Ronnie	11	Buckley	1:59.10
4	ap Rhys, Llyr	11	Nofio Gwynedd	1:57.82
5	Carroll, Josh	11	Ruthin	1:58.47

**Heat 2 of 7 Finals**

2	Greaves, Dylan	12	Wrexham	1:55.00
3	Donnan, Samuel	11	Holywell	1:48.40
4	Jones, George	13	Wrexham	1:42.40
5	Oldfield, George	12	Newtown	1:46.90
6	Everett, Alfie	12	Chirk	1:51.20
7	Meechan, Alexander	11	Conwy	1:57.30

**Heat 3 of 7 Finals**

2	Davies, Madoc	14	Corwen	1:40.10
3	Prior, Jakub	14	Wrexham	1:38.40
4	Hamer, Archie	13	Newtown	1:36.70
5	Vaitelis, Lukas	14	Conwy	1:37.60
6	Baldwin, Issac	11	Rhyl Dolphin	1:39.51
7	Bryant, Maxwell	13	Cambrian AA	1:42.20

**Heat 4 of 7 Finals**

2	Mander, Toby	12	Conwy	1:35.60
3	Groves, Jasper	12	Conwy	1:33.80
4	Grimston, Max	14	Buckley	1:30.60
5	Bury, Gracjan	14	Wrexham	1:32.30
6	Grant, Zac Anthony	14	Nofio Gwynedd	1:35.34
7	Prince, Taylor	13	Conwy	1:36.40

**Heat 5 of 7 Finals**

2	Gray-Thomas, Jayden	14	Conwy	1:29.85
3	Liu, Daniel Muyang	14	Conwy	1:29.00
4	McCullagh, Patrick	14	Holywell	1:24.70
5	Jones-Walker, Noah	13	Holywell	1:25.75
6	Miller, Ethan	13	Ruthin	1:29.00
7	Howell, Harry	13	Chirk	1:30.03

**Heat 6 of 7 Finals**

2	Gomery, Ethan	15	Buckley	1:22.20
3	Langridge, Oliver	17	Holywell	1:18.50
4	Edwards, Isaac	14	Wrexham	1:16.95
5	Price-Clishem, Dyfan	15	Nofio Gwynedd	1:17.83
6	Skelly, Connor	21	Wrexham	1:20.50
7	Davies, Archie	15	Conwy	1:24.70

**Heat 7 of 7 Finals**

2	Owen, Luca	19	Holywell	1:15.50
3	Hughes, Cai	17	Nofio Bangor	1:12.00
4	Thomas, Lucas	18	Nofio Gwynedd	1:05.20
5	Meilleur, Elliot	16	Nofio Gwynedd	1:09.98
6	Leatherbarrow, Jack	18	Wrexham	1:13.03
7	Williams, Dylan	15	Wrexham	1:16.80

**Event 214 Girls 11 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 7 Finals**

3	Parry, Neli	13	Nofio Gwynedd	3:26.43
4	Davies, Camilla	13	Conwy	3:19.00
5	Houseman-Jones, Connie	12	Nofio Gwynedd	3:21.70

**Heat 2 of 7 Finals**

3	Odonnell, Isla	15	Nofio Bangor	3:11.50
4	Banks, Charlotte	13	Newtown	3:09.80
5	Wilson-Pickles, Isla	11	Ruthin	3:10.35
6	Owen, Mali	15	Nofio Gwynedd	3:12.87

**Heat 3 of 7 Finals**

2	Skippon, Isabelle	14	Holywell	3:06.70
3	McCormack, Emily	14	Buckley	3:05.20
4	Jones, Betsy	12	Holywell	2:58.50
5	Howells, Betsi	13	Newtown	3:03.20
6	Elson, Jessica	12	Wrexham	3:06.50
7	Nagib, Leila	13	Nofio Bangor	3:09.60

**Heat 4 of 7 Finals**

2	Morgado, Carolina	12	Wrexham	2:53.90
3	Pimble, Bethan	15	Chirk	2:52.70
4	Scott, Lucy	14	Conwy	2:49.89
5	M'Keown, Emily	12	Holywell	2:50.50
6	Lendnau-Moulton, Ava	15	Wrexham	2:52.80
7	Roberts, Cara-Non	14	Nofio Gwynedd	2:54.18

**Heat 5 of 7 Finals**

2	Francis, Molly	14	Newtown	2:48.30
3	Hornby, Isabel	16	Nofio Gwynedd	2:46.33
4	Taylor, Rebecca	16	Wrexham	2:44.74
5	Williams, Daisy	14	Nofio Bangor	2:46.30
6	Grant, Lucy	16	Nofio Gwynedd	2:47.82
7	Banks, Ella	17	Newtown	2:48.98

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 6 Finals (#214 Girls 11 & Over 200 LC Meter Backstroke)**

2	Williams, Layla	14	Newtown	2:44.10
3	Gray-Thomas, Jessica	13	Conwy	2:40.70
4	McCoole-Jones, Elen	15	Holywell	2:34.00
5	Thurston, Rene	15	Newtown	2:37.10
6	Eyre, Maiya	14	Buckley	2:42.10
7	Roberts, Phoebe	14	Conwy	2:44.30

**Heat 7 of 7 Finals**

2	Hellfeld, Beatrix	19	Nofio Bangor	2:33.20
3	Gillingham, Grace	22	Nofio Bangor	2:29.50
4	Humphreys, Ffion	18	Nofio Gwynedd	2:19.65
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:21.97
6	Jones, Myia	18	Wrexham	2:33.20
7	Roberts, Mali	16	Nofio Gwynedd	2:33.72

**Event 215 Boys 11 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 11 Finals**

2	ap Rhys, Llyr	11	Nofio Gwynedd	42.62
3	Jones, Noa	12	Nofio Gwynedd	39.78
4	Carroll, Josh	11	Ruthin	38.04
5	Over, Arran	12	Buckley	38.60
6	Meechan, Alexander	11	Conwy	42.30
7	Barlow, Pip	11	Chirk	42.90

**Heat 2 of 11 Finals**

2	Greaves, Dylan	12	Wrexham	37.50
3	Rushton, Oliver	13	Buckley	36.50
4	Oldfield, George	12	Newtown	35.70
5	Jones, Jac	12	Nofio Bangor	35.80
6	Sharp, Nathan	13	Mold	36.70
7	Donnan, Samuel	11	Holywell	37.70

**Heat 3 of 11 Finals**

2	Richards, Dylan	11	Wrexham	34.30
3	Carr, Javier Rocco Paul	14	Holywell	33.80
4	Law, Henry	15	Holywell	33.60
5	Hamer, Archie	13	Newtown	33.60
6	Hughes, George	12	Mold	34.10
7	Bryant, Maxwell	13	Cambrian AA	34.30

**Heat 4 of 11 Finals**

2	Mander, Toby	12	Conwy	33.50
3	Hall, Henry	11	Holywell	33.30
4	Bury, Gracjan	14	Wrexham	33.20
5	Lunt-Sullivan, Joe	13	Holywell	33.30
6	Grant, Zac Anthony	14	Nofio Gwynedd	33.40
7	Mckeown, Noah	14	Holywell	33.50

**Heat 5 of 11 Finals**

2	Prince, Taylor	13	Conwy	32.60
3	Milner, Osian	16	Rhyl Dolphin	32.35
4	Parry, Celt	16	Corwen	31.70
5	Jones, Finley	18	Wrexham	31.94
6	Evans, Jonas	12	Mold	32.40
7	Prior, Jakub	14	Wrexham	33.00

**Heat 6 of 11 Finals**

2	Grimston, Max	14	Buckley	30.77
3	Miller, Ethan	13	Ruthin	30.63
4	Voice, Harry	14	Newtown	30.20
5	Gray-Thomas, Jayden	14	Conwy	30.49
6	Worrall, Teddy	14	Wrexham	30.71
7	Jones, Euron	15	Nofio Gwynedd	31.61

**Heat 7 of 11 Finals**

2	Williams, Heath	14	Wrexham	30.10
3	Gomery, Ethan	15	Buckley	29.60
4	Liu, Daniel Muiyang	14	Conwy	29.60
5	de Haan, Charlie	13	Holywell	29.60
6	Baldwin, Thomas	15	Holywell	30.08
7	Price, JJ	14	Buckley	30.20

**Heat 8 of 11 Finals**

2	Skelly, Connor	21	Wrexham	29.40
3	Price-Clissem, Dyfan	15	Nofio Gwynedd	29.16
4	Owen, Finlay	16	Buckley	28.70
5	Jones-Walker, Noah	13	Holywell	29.08
6	Donnan, George	15	Holywell	29.20
7	Edwards, Isaac	14	Wrexham	29.50

**Heat 9 of 11 Finals**

2	Leonard, Harrison	15	Conwy	28.50
3	McGrath, Archie	16	Nofio Bangor	28.20
4	Owen, Luca	19	Holywell	27.97
5	Chauhan, Jai	17	Nofio Bangor	28.10
6	Mrozinski, Michal	14	Conwy	28.40
7	Angel, Ethan	22	Nofio Bangor	28.62

**Heat 10 of 11 Finals**

2	Langridge, Oliver	17	Holywell	27.78
3	Leatherbarrow, Jack	18	Wrexham	27.28
4	Davies, Lewis	17	Nofio Gwynedd	27.02
5	Hardy, Dewi	19	Wrexham	27.19
6	Hughes, Cai	17	Nofio Bangor	27.50
7	Armstrong, Austin	16	Buckley	27.80

**Heat 11 of 11 Finals**

2	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	26.49
3	Park, Reggie Samuel	16	Holywell	25.75
4	Lennon, Danny	18	Wrexham	24.38
5	Thomas, Lucas	18	Nofio Gwynedd	24.55
6	Parry, Now	17	Nofio Gwynedd	26.48
7	Jones, Tegid	16	Nofio Gwynedd	27.01

**Event 216 Girls 11-12 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

3	Holywell	A	NT
4	Wrexham	A	NT

**Event 217 Girls 13-14 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

5	Wrexham	A	NT
6	Nofio Bangor	A	NT

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Event 218 Girls 15-16 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

3	Conwy	A	NT
4	Nofio Gwynedd	A	NT
6	Wrexham	A	NT
7	Nofio Gwynedd	B	NT

**Event 219 Girls 17 & Over 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

5	Nofio Bangor	A	NT
---	--------------	---	----

**Event 221 Boys 11 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 6 Finals**

2	Peers, Ronnie	11	Buckley	1:41.80
3	Meechan, Alexander	11	Conwy	1:41.30
4	Bryant, Maxwell	13	Cambrian AA	1:35.50
5	Everett, Alfie	12	Chirk	1:39.00
6	Donnan, Samuel	11	Holywell	1:41.30
7	Lewis, Ilan	12	Nofio Gwynedd	1:42.13

**Heat 2 of 6 Finals**

2	Oldfield, George	12	Newtown	1:33.90
3	Greaves, Dylan	12	Wrexham	1:32.30
4	Richards, Dylan	11	Wrexham	1:29.80
5	Sharp, Nathan	13	Mold	1:30.00
6	Jones, Jac	12	Nofio Bangor	1:32.60
7	Wood, Ifan	12	Denbigh Drag	1:34.97

**Heat 3 of 6 Finals**

2	Groves, Jasper	12	Conwy	1:26.70
3	Carr, Javier Rocco Paul	14	Holywell	1:25.00
4	Grant, Zac Anthony	14	Nofio Gwynedd	1:22.66
5	Prior, Jakub	14	Wrexham	1:24.90
6	Lunt-Sullivan, Joe	13	Holywell	1:25.20
7	Davies, Madoc	14	Corwen	1:27.10

**Heat 4 of 6 Finals**

2	Bury, Gracjan	14	Wrexham	1:19.00
3	Voice, Harry	14	Newtown	1:18.00
4	Nuttall, Harri	13	Rhyl Dolphin	1:14.55
5	Price, JJ	14	Buckley	1:14.90
6	Mckeown, Noah	14	Holywell	1:18.80
7	Grimston, Max	14	Buckley	1:19.60

**Heat 5 of 6 Finals**

2	Donnan, George	15	Holywell	1:11.70
3	Williams, Heath	14	Wrexham	1:11.40
4	Jones, Tegid	16	Nofio Gwynedd	1:10.92
5	Leonard, Harrison	15	Conwy	1:11.10
6	Armstrong, Austin	16	Buckley	1:11.50
7	Skelly, Connor	21	Wrexham	1:11.80

**Heat 6 of 6 Finals**

2	de Haan, Charlie	13	Holywell	1:10.60
3	Leatherbarrow, Jack	18	Wrexham	1:06.30
4	Hardy, Dewi	19	Wrexham	1:06.10
5	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	1:06.16
6	Williams, Dylan	15	Wrexham	1:07.80
7	Mrozinski, Michal	14	Conwy	1:10.80

**Event 222 Girls 11 & Over 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 3 Finals**

3	Hughes, Bethany	12	Conwy	13:39.20
4	Scott, Lucy	14	Conwy	11:04.00
5	Sayle, Jess	13	Conwy	13:06.40

**Heat 2 of 3 Finals**

2	Gray-Thomas, Jessica	13	Conwy	10:45.40
3	Sayle, Daisy	16	Conwy	10:36.40
4	Williams, Leah	15	Nofio Gwynedd	10:32.94
5	Chauhan, Amber	14	Nofio Bangor	10:35.18
6	Hughes, Nel	15	Nofio Gwynedd	10:43.29

**Heat 3 of 3 Finals**

2	Elson, Caitlin	14	Wrexham	10:18.20
3	Banks, Ella	17	Newtown	10:08.50
4	Devin, Erin	16	Wrexham	9:35.50
5	Cust, Ciara	19	Conwy	9:39.60
6	Roberts, Mali	16	Nofio Gwynedd	10:11.11
7	Worthington, Emma	18	Chirk	10:25.65

**Event 223 Boys 11 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 11 Finals**

3	Peers, Ronnie	11	Buckley	1:32.60
4	Donnan, Samuel	11	Holywell	1:27.20
5	Carroll, Josh	11	Ruthin	1:27.20

**Heat 2 of 11 Finals**

2	Rushton, Oliver	13	Buckley	1:22.80
3	Oldfield, George	12	Newtown	1:21.20
4	Baldwin, Issac	11	Rhyl Dolphin	1:19.93
5	Over, Arran	12	Buckley	1:20.70
6	Greaves, Dylan	12	Wrexham	1:22.00
7	Jones, Jac	12	Nofio Bangor	1:24.30

**Heat 3 of 11 Finals**

2	Mckeown, Noah	14	Holywell	1:15.00
3	Hall, Henry	11	Holywell	1:14.69
4	Richards, Dylan	11	Wrexham	1:13.70
5	Hughes, George	12	Mold	1:14.50
6	Hamer, Archie	13	Newtown	1:14.80
7	Bryant, Maxwell	13	Cambrian AA	1:16.50

**Heat 4 of 11 Finals**

2	Bury, Gracjan	14	Wrexham	1:12.60
3	Prior, Jakub	14	Wrexham	1:12.20
4	Jones, Euron	15	Nofio Gwynedd	1:11.50
5	Lunt-Sullivan, Joe	13	Holywell	1:12.20
6	Grant, Zac Anthony	14	Nofio Gwynedd	1:12.30
7	Carr, Javier Rocco Paul	14	Holywell	1:12.70

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 5 Finals (#223 Boys 11 & Over 100 LC Meter Freestyle)**

2	Parry, Celt	16	Corwen	1:10.40
3	Worrall, Teddy	14	Wrexham	1:09.80
4	Gray-Thomas, Jayden	14	Conwy	1:09.10
5	Grimston, Max	14	Buckley	1:09.50
6	Evans, Jonas	12	Mold	1:09.80
7	Prince, Taylor	13	Conwy	1:11.30

**Heat 6 of 11 Finals**

2	McCullagh, Patrick	14	Holywell	1:08.40
3	Voice, Harry	14	Newtown	1:07.60
4	Gomery, Ethan	15	Buckley	1:06.80
5	Miller, Ethan	13	Ruthin	1:06.90
6	Jones, Finley	18	Wrexham	1:08.00
7	Law, Henry	15	Holywell	1:08.90

**Heat 7 of 11 Finals**

2	Edwards, Isaac	14	Wrexham	1:04.90
3	de Haan, Charlie	13	Holywell	1:04.50
4	Jones-Walker, Noah	13	Holywell	1:04.00
5	Leonard, Harrison	15	Conwy	1:04.10
6	Owen, Finlay	16	Buckley	1:04.90
7	Price, JJ	14	Buckley	1:06.40

**Heat 8 of 11 Finals**

2	Mrozinski, Michal	14	Conwy	1:03.00
3	Baldwin, Thomas	15	Holywell	1:02.50
4	Armstrong, Austin	16	Buckley	1:01.70
5	Evans, Jake	14	Wrexham	1:02.10
6	Donnan, George	15	Holywell	1:03.00
7	Price-Clissem, Dyfan	15	Nofio Gwynedd	1:03.85

**Heat 9 of 11 Finals**

2	McGrath, Archie	16	Nofio Bangor	1:00.96
3	Chauhan, Jai	17	Nofio Bangor	1:00.20
4	Davies, Lewis	17	Nofio Gwynedd	1:00.09
5	Williams, Dylan	15	Wrexham	1:00.20
6	Angel, Ethan	22	Nofio Bangor	1:00.77
7	Owen, Luca	19	Holywell	1:01.67

**Heat 10 of 11 Finals**

2	Langridge, Oliver	17	Holywell	59.90
3	Hardy, Dewi	19	Wrexham	58.73
4	Parry, Now	17	Nofio Gwynedd	58.09
5	Leatherbarrow, Jack	18	Wrexham	58.58
6	Hughes, Cai	17	Nofio Bangor	59.50
7	Jones, Tegid	16	Nofio Gwynedd	1:00.07

**Heat 11 of 11 Finals**

2	Meilleur, Elliot	16	Nofio Gwynedd	56.63
3	Darbey, Rhys	19	Wrexham	54.00
4	Thomas, Lucas	18	Nofio Gwynedd	53.60
5	Lennon, Danny	18	Wrexham	53.70
6	Park, Reggie Samuel	16	Holywell	55.99
7	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	57.44

**Event 224 Girls 11 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 7 Finals**

3	Turner, Skye	11	Holywell	4:19.20
4	Roberts, Lowri	12	Ruthin	3:57.13
5	Davies, Magi	11	Nofio Gwynedd	4:01.53

**Heat 2 of 7 Finals**

2	Williams, Megan	13	Nofio Gwynedd	3:56.50
3	Ashbrook, Leila	14	Denbigh Drag	3:52.30
4	Elms, Darcey	11	Chirk	3:51.20
5	Mccullagh, Casey	12	Holywell	3:51.90
6	Wilson-Pickles, Isla	11	Ruthin	3:54.15

**Heat 3 of 7 Finals**

2	Conroy, Celyn	14	Wrexham	3:43.00
3	Ashfield, Ophelia	12	Conwy	3:42.30
4	Hughes, Hanna	13	Ruthin	3:37.93
5	Macken, Connie	14	Newtown	3:38.00
6	Parry, Neli	13	Nofio Gwynedd	3:42.63
7	Lewis, Sioned	14	Newtown	3:43.70

**Heat 4 of 7 Finals**

2	Flook, Juliet	15	Buckley	3:33.60
3	Davies, Ffion	15	Chirk	3:28.50
4	Williams, Phoebe	11	Holywell	3:27.60
5	Mcperson, Millie	13	Holywell	3:28.00
6	Owen, Mali	15	Nofio Gwynedd	3:29.58
7	Thomas, Sara	13	Nofio Bangor	3:35.20

**Heat 5 of 7 Finals**

2	Skippon, Isabelle	14	Holywell	3:26.90
3	Upton, Lily	13	Wrexham	3:24.50
4	Grant, Lucy	16	Nofio Gwynedd	3:19.94
5	Davies, Tilly	16	Corwen	3:20.30
6	Ogbeide, Samantha	17	Wrexham	3:25.99
7	Elson, Jessica	12	Wrexham	3:27.50

**Heat 6 of 7 Finals**

2	Howells, Betsi	13	Newtown	3:17.20
3	Jones, Mali	16	Nofio Gwynedd	3:06.76
4	Madra, Victoria	15	Wrexham	3:06.10
5	Roberts, Phoebe	14	Conwy	3:06.20
6	Morgado, Carolina	12	Wrexham	3:16.20
7	Weatherhead, Emilie	12	Mold	3:19.70

**Heat 7 of 7 Finals**

2	Lewis-Jones, Idele	15	Wrexham	2:57.90
3	Thomas, Serenity	16	Nofio Gwynedd	2:54.59
4	Davies, Ellen	17	Chirk	2:49.60
5	Williams, Cari	17	Nofio Gwynedd	2:51.53
6	Worthington, Emma	18	Chirk	2:57.80
7	Marsden, Pheobe	15	Conwy	2:59.40

**Event 225 Boys 11-12 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

4	Holywell	A	NT
---	----------	---	----

**Event 226 Boys 13-14 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

5	Holywell	A	NT
6	Wrexham	A	NT

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Event 227 Boys 15-16 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
4	Nofio Gwynedd	A	NT
5	Holywell	A	NT

**Event 228 Boys 17 & Over 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
6	Wrexham	A	NT
7	Nofio Gwynedd	A	NT

**Event 231 Girls 11 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 14 Finals</b>				
3	Turner, Skye	11	Holywell	54.50
4	Ewing, Samantha	12	Llandudno	53.80
5	Houseman-Jones, Connie	12	Nofio Gwynedd	53.98
<b>Heat 2 of 14 Finals</b>				
2	Bailey, Seren	12	Holywell	53.60
3	Walsh, Seren	12	Buckley	53.00
4	Jones, Chloe	12	Nofio Bangor	52.60
5	Kay, Poppy	12	Ruthin	52.72
6	McPherson, Freya	11	Holywell	53.10
<b>Heat 3 of 14 Finals</b>				
2	Mccullagh, Casey	12	Holywell	52.10
3	Davies, Magi	11	Nofio Gwynedd	51.17
4	Thornton, Georgie	11	Chirk	49.40
5	Elms, Darcey	11	Chirk	50.30
6	Wilson-Pickles, Isla	11	Ruthin	51.36
7	Zamirska, Julia	13	Buckley	52.10
<b>Heat 4 of 14 Finals</b>				
2	McDonnell, Saoirse	12	Denbigh Drag	49.16
3	Roberts, Lowri	12	Ruthin	48.74
4	Macken, Connie	14	Newtown	48.50
5	Mainwaring, Ava	13	Chirk	48.70
6	Sayle, Jess	13	Conwy	49.10
7	Williams, Megan	13	Nofio Gwynedd	49.28
<b>Heat 5 of 14 Finals</b>				
2	Halliwell, Morgan	12	Cambrian AA	48.00
3	Lewis, Sioned	14	Newtown	47.00
4	Holmes-Thompson, Telisha	14	Conwy	46.60
5	Elson, Jessica	12	Wrexham	46.90
6	Parry, Neli	13	Nofio Gwynedd	47.15
7	Blackburn, Millie	14	Cambrian AA	48.10
<b>Heat 6 of 14 Finals</b>				
2	Nagib, Leila	13	Nofio Bangor	46.60
3	Clausen, Scarlett	14	Llandudno	46.29
4	Williams, Phoebe	11	Holywell	45.90
5	Jones, Betsy	12	Holywell	46.10
6	M'Keown, Emily	12	Holywell	46.53
7	Ashbrook, Leila	14	Denbigh Drag	46.60

**Heat 7 of 14 Finals**

2	Jones, Ffion	15	Newtown	45.60
3	Hughes, Hanna	13	Ruthin	45.39
4	Rashayi, Alexis	17	Wrexham	44.60
5	Roberts, Cara-Non	14	Nofio Gwynedd	45.06
6	Flook, Juliet	15	Buckley	45.40
7	Mcpherson, Millie	13	Holywell	45.80

**Heat 8 of 14 Finals**

2	Weatherhead, Emilie	12	Mold	44.40
3	Jones Churm, Nel	15	Nofio Gwynedd	44.38
4	Upton, Lily	13	Wrexham	44.18
5	Davies, Ffion	15	Chirk	44.36
6	Batt, Charlotte	12	Holywell	44.40
7	Kenworthy, Emelia	14	Mold	44.60

**Heat 9 of 14 Finals**

2	Williams, Gwenno	15	Nofio Gwynedd	43.57
3	Jones, Rhiannon	15	Wrexham	43.30
4	Ogbeide, Samantha	17	Wrexham	42.90
5	Skippon, Isabelle	14	Holywell	43.10
6	Davies, Tilly	16	Corwen	43.50
7	Owen, Mali	15	Nofio Gwynedd	44.14

**Heat 10 of 14 Finals**

2	Moulding, Edith	16	Wrexham	42.40
3	Thurston, Rene	15	Newtown	42.10
4	Morgado, Carolina	12	Wrexham	41.90
5	Cherry, Rebecca	20	Nofio Bangor	42.00
6	Roberts, Lucy	15	Nofio Bangor	42.30
7	Thomas, Sara	13	Nofio Bangor	42.70

**Heat 11 of 14 Finals**

2	Zamirska, Maja	15	Buckley	41.48
3	Jones, Mali	16	Nofio Gwynedd	41.10
4	Lewis, Ela	16	Nofio Gwynedd	40.71
5	Roberts, Phoebe	14	Conwy	41.00
6	Grant, Lucy	16	Nofio Gwynedd	41.18
7	Prevete, Sofia	14	Wrexham	41.50

**Heat 12 of 14 Finals**

2	Howells, Betsi	13	Newtown	39.71
3	Sayle, Daisy	16	Conwy	39.40
4	Devin, Erin	16	Wrexham	39.20
5	Sutton, Emily	15	Nofio Gwynedd	39.28
6	Jones, Emily	18	Holywell	39.60
7	Batt, Clemence	15	Holywell	40.04

**Heat 13 of 14 Finals**

2	Lewis-Jones, Idele	15	Wrexham	39.20
3	Gillingham, Grace	22	Nofio Bangor	39.10
4	Williams, Leah	15	Nofio Gwynedd	37.77
5	Madra, Victoria	15	Wrexham	38.09
6	Jones, Myia	18	Wrexham	39.10
7	Marsden, Pheobe	15	Conwy	39.20

**Heat 14 of 14 Finals**

2	Jones, Flora	16	Holywell	37.00
3	Williams, Cari	17	Nofio Gwynedd	36.38
4	Davies, Ellen	17	Chirk	35.48
5	Worthington, Emma	18	Chirk	36.18
6	Mellor, Medi	14	Nofio Bangor	37.00
7	Johnson, Poppy	17	Holywell	37.50

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Event 232 Boys 11 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
2	McGrath, Archie	16	Nofio Bangor	2:46.90
3	Evans, Jake	14	Wrexham	2:29.13
4	Darbey, Rhys	19	Wrexham	2:13.70
5	Williams, Dylan	15	Wrexham	2:26.00
6	Nuttall, Harri	13	Rhyl Dolphin	2:44.47
7	Thomas, Ralph	11	Holywell	3:19.40

**Event 233 Girls 11 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Williams, Phoebe	11	Holywell	1:42.20
3	Nash, Amber	12	Holywell	1:34.90
4	Rogerson, Heidi S10	19	Holywell	1:29.83
5	Nagib, Leila	13	Nofio Bangor	1:33.60
6	McDonnell, Saoirse	12	Denbigh Drag	1:36.32
7	Wilson-Pickles, Isla	11	Ruthin	1:43.94
<b>Heat 2 of 6 Finals</b>				
2	Pritchard, Poppy	15	Wrexham	1:26.20
3	Ross, Bianca	15	Wrexham	1:22.20
4	Kendall, Ella	12	Conwy	1:20.10
5	Williams, Lyla	15	Conwy	1:20.80
6	Lewis, Amelia	15	Buckley	1:23.80
7	Zamirska, Maja	15	Buckley	1:29.60
<b>Heat 3 of 6 Finals</b>				
2	Williams, Kiera	15	Conwy	1:18.80
3	Lendnau-Moulton, Ava	15	Wrexham	1:18.10
4	Grant, Lucy	16	Nofio Gwynedd	1:17.53
5	Chauhan, Amber	14	Nofio Bangor	1:18.10
6	Thomas-Owen, Efa	14	Nofio Gwynedd	1:18.36
7	Morgado, Carolina	12	Wrexham	1:18.80
<b>Heat 4 of 6 Finals</b>				
2	Thurston, Rene	15	Newtown	1:17.00
3	Jones, Flora	16	Holywell	1:16.30
4	Williams, Layla	14	Newtown	1:14.70
5	Williams, Leah	15	Nofio Gwynedd	1:16.26
6	Prevete, Sofia	14	Wrexham	1:16.30
7	Williams, Daisy	14	Nofio Bangor	1:17.47
<b>Heat 5 of 6 Finals</b>				
2	Hughes, Mari	19	Nofio Bangor	1:12.16
3	O'Hara, Noelle	13	Wrexham	1:11.00
4	Hughes, Nel	15	Nofio Gwynedd	1:10.15
5	Jones, Martha	17	Conwy	1:10.20
6	Sutton, Emily	15	Nofio Gwynedd	1:11.78
7	Williams, Gwenno	15	Nofio Gwynedd	1:14.53
<b>Heat 6 of 6 Finals</b>				
2	Synowiec, Amelia	16	Conwy	1:09.40
3	Ach Rhys, ESYLLT	16	Nofio Gwynedd	1:08.64
4	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:06.14
5	Cyster, Rowan	22	Nofio Bangor	1:07.71
6	Roberts, Mali	16	Nofio Gwynedd	1:09.18
7	Jones, Myia	18	Wrexham	1:09.40

**Event 234 Boys 11 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
2	Wood, Ifan	12	Denbigh Drag	6:37.77
3	Baldwin, Issac	11	Rhyl Dolphin	6:23.65
4	Oldfield, George	12	Newtown	6:01.40
5	Greaves, Dylan	12	Wrexham	6:22.90
6	Jones, Jac	12	Nofio Bangor	6:27.00
7	Roberts, William	12	Nofio Bangor	6:42.50
<b>Heat 2 of 4 Finals</b>				
2	Miller, Ethan	13	Ruthin	5:32.06
3	Prince, Taylor	13	Conwy	5:27.90
4	Williams, Heath	14	Wrexham	5:08.41
5	Jones-Walker, Noah	13	Holywell	5:10.00
6	Lunt-Sullivan, Joe	13	Holywell	5:28.90
7	Grant, Zac Anthony	14	Nofio Gwynedd	5:42.61
<b>Heat 3 of 4 Finals</b>				
2	McCullagh, Patrick	14	Holywell	4:49.70
3	Evans, Jake	14	Wrexham	4:44.90
4	Baldwin, Thomas	15	Holywell	4:40.01
5	Jones, Tegid	16	Nofio Gwynedd	4:42.25
6	Donnan, George	15	Holywell	4:47.90
7	Evans, Jonas	12	Mold	5:07.20
<b>Heat 4 of 4 Finals</b>				
2	Leatherbarrow, Jack	18	Wrexham	4:32.86
3	Parry, Now	17	Nofio Gwynedd	4:30.20
4	Park, Reggie Samuel	16	Holywell	4:20.81
5	Williams, Owen	17	Nofio Gwynedd	4:29.28
6	Chauhan, Jai	17	Nofio Bangor	4:32.70
7	Meilleur, Elliot	16	Nofio Gwynedd	4:35.24
<b>Event 235 Girls 11 &amp; Over 200 LC Meter Freestyle</b>				
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 12 Finals</b>				
3	Davies, Magi	11	Nofio Gwynedd	3:20.39
4	Odonnell, Emily	12	Nofio Bangor	3:13.10
5	Roberts, Lowri	12	Ruthin	3:15.75
<b>Heat 2 of 12 Finals</b>				
3	Kay, Poppy	12	Ruthin	3:05.62
4	Williams, Phoebe	11	Holywell	2:59.20
5	Houseman-Jones, Connie	12	Nofio Gwynedd	2:59.73
6	Williams, Heidi	12	Wrexham	3:07.50
<b>Heat 3 of 12 Finals</b>				
2	Sayle, Jess	13	Conwy	2:58.30
3	Halliwell, Morgan	12	Cambrian AA	2:53.90
4	Banks, Charlotte	13	Newtown	2:53.70
5	Williams, Megan	13	Nofio Gwynedd	2:53.80
6	Evans, Amelia	11	Wrexham	2:57.30
7	Wilson-Pickles, Isla	11	Ruthin	2:58.53
<b>Heat 4 of 12 Finals</b>				
2	Nagib, Leila	13	Nofio Bangor	2:51.50
3	Weatherhead, Emilie	12	Mold	2:50.20
4	Davies, Ffion	15	Chirk	2:49.10
5	Odonnell, Isla	15	Nofio Bangor	2:49.60
6	McCormack, Emily	14	Buckley	2:50.20
7	Elson, Jessica	12	Wrexham	2:52.88

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 5 Finals (#235 Girls 11 & Over 200 LC Meter Freestyle)**

2	Parry, Neli	13	Nofio Gwynedd	2:48.65
3	Skippon, Isabelle	14	Holywell	2:48.00
4	Davies, Tilly	16	Corwen	2:44.30
5	Jones, Betsy	12	Holywell	2:45.10
6	Pritchard, Poppy	15	Wrexham	2:48.40
7	Williams, Lyla	15	Conwy	2:48.80

**Heat 6 of 12 Finals**

2	Pimble, Bethan	15	Chirk	2:42.30
3	Edwards, Beca	13	Nofio Gwynedd	2:40.60
4	M'Keown, Emily	12	Holywell	2:36.20
5	Roberts, Cara-Non	14	Nofio Gwynedd	2:38.29
6	Upton, Lily	13	Wrexham	2:41.50
7	Moulding, Edith	16	Wrexham	2:42.90

**Heat 7 of 12 Finals**

2	Kendall, Ella	12	Conwy	2:35.60
3	Hornby, Isabel	16	Nofio Gwynedd	2:33.98
4	Thomas-Owen, Efa	14	Nofio Gwynedd	2:32.00
5	Williams, Kiera	15	Conwy	2:33.10
6	Scott, Lucy	14	Conwy	2:34.70
7	Francis, Molly	14	Newtown	2:35.90

**Heat 8 of 12 Finals**

2	Jones Churm, Nel	15	Nofio Gwynedd	2:29.37
3	Thurston, Rene	15	Newtown	2:28.60
4	Eyre, Maiya	14	Buckley	2:25.58
5	Elson, Caitlin	14	Wrexham	2:28.01
6	Roberts, Lucy	15	Nofio Bangor	2:29.20
7	Williams, Layla	14	Newtown	2:30.30

**Heat 9 of 12 Finals**

2	Williams, Cari	17	Nofio Gwynedd	2:25.21
3	Gray-Thomas, Jessica	13	Conwy	2:24.30
4	Hughes, Mari	19	Nofio Bangor	2:23.00
5	Gillingham, Grace	22	Nofio Bangor	2:23.30
6	Jones, Mali	16	Nofio Gwynedd	2:24.84
7	Madra, Victoria	15	Wrexham	2:25.40

**Heat 10 of 12 Finals**

2	Taylor, Rebecca	16	Wrexham	2:22.70
3	Banks, Ella	17	Newtown	2:21.60
4	Prevete, Sofia	14	Wrexham	2:20.60
5	Williams, Gwenno	15	Nofio Gwynedd	2:21.40
6	Johnson, Poppy	17	Holywell	2:22.16
7	McCooole-Jones, Elen	15	Holywell	2:22.98

**Heat 11 of 12 Finals**

2	Cyster, Rowan	22	Nofio Bangor	2:18.00
3	Edwards, Alaw	16	Nofio Gwynedd	2:17.54
4	Ach Rhys, Eysyllt	16	Nofio Gwynedd	2:15.51
5	Roberts, Mali	16	Nofio Gwynedd	2:15.98
6	Hellfeld, Beatrix	19	Nofio Bangor	2:17.80
7	O'Hara, Noelle	13	Wrexham	2:19.97

**Heat 12 of 12 Finals**

2	Worthington, Emma	18	Chirk	2:14.70
3	Thomas, Serenity	16	Nofio Gwynedd	2:13.78
4	Humphreys, Ffion	18	Nofio Gwynedd	2:08.10
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:13.53
6	Cust, Ciara	19	Conwy	2:13.90
7	Mellor, Medi	14	Nofio Bangor	2:14.90

**Event 236 Boys 11-12 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

4	Holywell	A	NT
---	----------	---	----

**Event 237 Boys 13-14 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

5	Holywell	A	NT
6	Wrexham	A	NT

**Event 238 Boys 15-16 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

4	Nofio Gwynedd	A	NT
5	Holywell	A	NT

**Event 239 Boys 17 & Over 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

6	Wrexham	A	NT
7	Nofio Gwynedd	A	NT

**Event 311 Girls 11 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 15 Finals**

2	Thomas, Isabelle	12	Wrexham	3:47.50
3	Houseman-Jones, Connie	12	Nofio Gwynedd	3:33.94
4	McDonnell, Saoirse	12	Denbigh Drag	3:31.35
5	Roberts, Lowri	12	Ruthin	3:33.41
6	Davies, Magi	11	Nofio Gwynedd	3:41.93
7	Thornton, Georgie	11	Chirk	3:56.20

**Heat 2 of 15 Finals**

2	Hughes, Bethany	12	Conwy	3:28.30
3	Owen, Taya-Mai	13	Chirk	3:26.10
4	Williams, Phoebe	11	Holywell	3:25.10
5	Spencer, Jade	13	Conwy	3:25.50
6	Ashfield, Ophelia	12	Conwy	3:27.60
7	Kay, Poppy	12	Ruthin	3:28.91

**Heat 3 of 15 Finals**

2	Lewis, Sioned	14	Newtown	3:24.80
3	Owen, Beca	12	Nofio Gwynedd	3:21.79
4	Odonnell, Isla	15	Nofio Bangor	3:20.80
5	Mainwaring, Ava	13	Chirk	3:21.70
6	Williams, Megan	13	Nofio Gwynedd	3:23.92
7	Thomas, Sara	13	Nofio Bangor	3:25.00

**Heat 4 of 15 Finals**

2	Currie, Sophie	13	Chirk	3:19.10
3	Pritchard, Amelia	13	Chirk	3:17.70
4	Kenworthy, Emelia	14	Mold	3:17.60
5	Nash, Amber	12	Holywell	3:17.70
6	Wilson-Pickles, Isla	11	Ruthin	3:19.05
7	Conroy, Celyn	14	Wrexham	3:19.70

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 5 Finals (#311 Girls 11 & Over 200 LC Meter IM)**

2	Walling, Iola	14	Conwy	3:17.30
3	Macken, Connie	14	Newtown	3:15.20
4	Nagib, Leila	13	Nofio Bangor	3:13.00
5	Jones, Rhiannon	15	Wrexham	3:13.30
6	Haydon, Francesca	12	Chirk	3:16.80
7	Twist, Bella	12	Rhyl Dolphin	3:17.38

**Heat 6 of 15 Finals**

2	Parry, Neli	13	Nofio Gwynedd	3:10.18
3	Rich, Ffion	17	Holywell	3:08.20
4	Upton, Lily	13	Wrexham	3:05.70
5	Weatherhead, Emilie	12	Mold	3:06.50
6	Davies, Mali	13	Nofio Gwynedd	3:09.34
7	Jones, Betsy	12	Holywell	3:12.70

**Heat 7 of 15 Finals**

2	Lewis, Amelia	15	Buckley	3:05.40
3	Owen, Awel	14	Nofio Gwynedd	3:03.53
4	Cherry, Rebecca	20	Nofio Bangor	3:00.80
5	Roberts, Cara-Non	14	Nofio Gwynedd	3:02.45
6	Edwards, Beca	13	Nofio Gwynedd	3:03.93
7	McIntyre, Matilda	14	Holywell	3:05.70

**Heat 8 of 15 Finals**

2	Howells, Betsi	13	Newtown	3:00.40
3	Griffiths, Arwenna	15	Mold	3:00.20
4	Williams, Lyla	15	Conwy	2:57.80
5	Pritchard, Poppy	15	Wrexham	2:58.90
6	Conlin, Layla	14	Wrexham	3:00.30
7	Ross, Bianca	15	Wrexham	3:00.60

**Heat 9 of 15 Finals**

2	Jones Churm, Nel	15	Nofio Gwynedd	2:56.36
3	Kendall, Ella	12	Conwy	2:55.40
4	Ellis, Lily	19	Welshpool	2:53.99
5	Williams, Kiera	15	Conwy	2:54.50
6	Morrison, Sophia	16	Mold	2:56.20
7	Francis, Molly	14	Newtown	2:56.80

**Heat 10 of 15 Finals**

2	Williams, Daisy	14	Nofio Bangor	2:53.60
3	Lendnau-Moulton, Ava	15	Wrexham	2:52.40
4	Williams, Cari	16	Nofio Gwynedd	2:49.50
5	Elson, Caitlin	14	Wrexham	2:49.60
6	M'Keown, Emily	12	Holywell	2:52.60
7	Moulding, Edith	16	Wrexham	2:53.70

**Heat 11 of 15 Finals**

2	Morgado, Carolina	12	Wrexham	2:49.40
3	McCooole-Jones, Elen	15	Holywell	2:47.20
4	Williams, Layla	14	Newtown	2:46.60
5	Sayle, Daisy	16	Conwy	2:46.70
6	Chauhan, Amber	14	Nofio Bangor	2:47.70
7	Grant, Lucy	16	Nofio Gwynedd	2:49.48

**Heat 12 of 15 Finals**

2	Williams, Gwenno	15	Nofio Gwynedd	2:44.74
3	Williams, Leah	15	Nofio Gwynedd	2:43.41
4	Carr, Jenaya Jewell	19	Holywell	2:42.20
5	Davies, Ellen	17	Chirk	2:42.63
6	Gray-Thomas, Jessica	13	Conwy	2:44.70
7	Thurston, Rene	15	Newtown	2:46.10

**Heat 13 of 15 Finals**

2	Cyster, Rowan	22	Nofio Bangor	2:41.54
3	Prevete, Sofia	14	Wrexham	2:41.00
4	O'Hara, Noelle	13	Wrexham	2:39.70
5	Hughes, Nel	15	Nofio Gwynedd	2:40.17
6	Jones, Flora	16	Holywell	2:41.30
7	Jones, Mali	16	Nofio Gwynedd	2:42.15

**Heat 14 of 15 Finals**

2	Gillingham, Grace	22	Nofio Bangor	2:38.47
3	Jones, Myia	18	Wrexham	2:36.80
4	Edwards, Alaw	16	Nofio Gwynedd	2:36.21
5	Williams, Cari	17	Nofio Gwynedd	2:36.40
6	Lewis-Jones, Idele	15	Wrexham	2:37.00
7	Hughes, Mari	19	Nofio Bangor	2:38.80

**Heat 15 of 15 Finals**

2	Ach Rhys, Esysllt	16	Nofio Gwynedd	2:34.36
3	Thomas, Serenity	16	Nofio Gwynedd	2:30.35
4	Humphreys, Ffion	18	Nofio Gwynedd	2:29.44
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:30.08
6	Mellor, Medi	14	Nofio Bangor	2:33.30
7	Roberts, Mali	16	Nofio Gwynedd	2:35.96

**Event 312 Boys 11 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 2 Finals**

3	Grant, Zac Anthony	14	Nofio Gwynedd	6:35.89
4	Evans, Jonas	12	Mold	6:09.90
5	Hughes, George	12	Mold	6:31.50

**Heat 2 of 2 Finals**

2	Nuttall, Harri	13	Rhyl Dolphin	5:42.54
3	Angel, Ethan	22	Nofio Bangor	5:24.80
4	Williams, Dylan	15	Wrexham	5:15.00
5	Evans, Jake	14	Wrexham	5:22.00
6	Langridge, Oliver	17	Holywell	5:32.47
7	Miller, Ethan	13	Ruthin	5:59.78

**Event 313 Girls 11 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 12 Finals**

3	Foster, Lottie	11	Chirk	2:04.90
4	Elliston-Palanova, Vera	12	Nofio Gwynedd	1:59.04
5	Turner, Skye	11	Holywell	2:03.60

**Heat 2 of 12 Finals**

3	Langridge, Martha	12	Holywell	1:57.00
4	Jones, Chloie	12	Nofio Bangor	1:55.10
5	Walsh, Seren	12	Buckley	1:55.20
6	Houseman-Jones, Connie	12	Nofio Gwynedd	1:58.93

**Heat 3 of 12 Finals**

2	McPherson, Freya	11	Holywell	1:52.60
3	Thornton, Georgie	11	Chirk	1:49.80
4	Roberts, Lowri	12	Ruthin	1:48.22
5	Haydon, Francesca	12	Chirk	1:48.50
6	Owen, Taya-Mai	13	Chirk	1:51.10
7	Davies, Magi	11	Nofio Gwynedd	1:54.71

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 4 Finals (#313 Girls 11 & Over 100 LC Meter Breaststroke)**

2	Conroy, Celyn	14	Wrexham	1:47.00
3	Elms, Darcey	11	Chirk	1:46.40
4	Thomas, Isabelle	12	Wrexham	1:45.40
5	Blackburn, Millie	14	Cambrian AA	1:46.30
6	Ashfield, Ophelia	12	Conwy	1:46.40
7	Spencer, Jade	13	Conwy	1:47.50

**Heat 5 of 12 Finals**

2	Twist, Bella	12	Rhyl Dolphin	1:44.37
3	Lewis, Sioned	14	Newtown	1:44.00
4	Halliwell, Morgan	12	Cambrian AA	1:43.00
5	Walling, Iola	14	Conwy	1:43.38
6	Davies, Mali	13	Nofio Gwynedd	1:44.07
7	Owen, Beca	12	Nofio Gwynedd	1:45.36

**Heat 6 of 12 Finals**

2	Mainwaring, Ava	13	Chirk	1:41.90
3	Flook, Juliet	15	Buckley	1:40.70
4	Elson, Jessica	12	Wrexham	1:39.10
5	Jones, Ffion	15	Newtown	1:39.50
6	Blackburn, Mazie	14	Cambrian AA	1:41.50
7	Macken, Connie	14	Newtown	1:42.90

**Heat 7 of 12 Finals**

2	Charlesworth, Aoife	14	Wrexham	1:38.80
3	Thomas, Sara	13	Nofio Bangor	1:38.00
4	Kenworthy, Emelia	14	Mold	1:37.80
5	Kowal, Emilia	15	Wrexham	1:38.00
6	Conlin, Layla	14	Wrexham	1:38.10
7	Mitchelmore, Anna	15	Nofio Gwynedd	1:38.94

**Heat 8 of 12 Finals**

2	Davies, Ffion	15	Chirk	1:37.30
3	Smith, Brooke	15	Conwy	1:36.90
4	McPherson, Millie	13	Holywell	1:36.40
5	Upton, Lily	13	Wrexham	1:36.60
6	Williams, Phoebe	11	Holywell	1:37.20
7	Batt, Charlotte	12	Holywell	1:37.30

**Heat 9 of 12 Finals**

2	Skippon, Isabelle	14	Holywell	1:35.30
3	Weatherhead, Emilie	12	Mold	1:34.90
4	Ogbeide, Samantha	17	Wrexham	1:34.60
5	Owen, Mali	15	Nofio Gwynedd	1:34.86
6	Jones, Rhiannon	15	Wrexham	1:35.20
7	Owen, Awel	14	Nofio Gwynedd	1:36.05

**Heat 10 of 12 Finals**

2	Williams, Lyla	15	Conwy	1:32.90
3	Howells, Betsi	13	Newtown	1:30.10
4	Roberts, Lucy	17	Nofio Bangor	1:28.90
5	Synowiec, Amelia	16	Conwy	1:30.00
6	Griffiths, Arwenna	15	Mold	1:32.60
7	Moulding, Edith	16	Wrexham	1:33.80

**Heat 11 of 12 Finals**

2	Roberts, Phoebe	14	Conwy	1:28.10
3	Madra, Victoria	15	Wrexham	1:26.18
4	Marsden, Pheobe	15	Conwy	1:24.90
5	Jones, Emily	18	Holywell	1:26.00
6	Sutton, Emily	15	Nofio Gwynedd	1:26.33
7	Batt, Clemence	15	Holywell	1:28.60

**Heat 12 of 12 Finals**

2	Johnson, Poppy	17	Holywell	1:21.10
3	Davies, Ellen	17	Chirk	1:18.90
4	Williams, Cari	17	Nofio Gwynedd	1:17.62
5	Worthington, Emma	18	Chirk	1:18.30
6	Jones, Flora	16	Holywell	1:19.00
7	Lewis-Jones, Idele	15	Wrexham	1:23.90

**Event 314 Boys 11 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 3 Finals**

2	Jones, Jac	12	Nofio Bangor	3:23.20
3	Lunt-Sullivan, Joe	13	Holywell	3:00.30
4	Mckeown, Noah	14	Holywell	2:48.30
5	Gray-Williams, Morgan	14	Conwy	2:52.20
6	Over, Arran	12	Buckley	3:07.50

**Heat 2 of 3 Finals**

2	McGrath, Archie	16	Nofio Bangor	2:35.60
3	Leonard, Harrison	15	Conwy	2:35.30
4	Jones, Tegid	16	Nofio Gwynedd	2:31.56
5	Donnan, George	15	Holywell	2:33.80
6	Davies, Lewis	17	Nofio Gwynedd	2:35.36
7	Gray-Thomas, Jayden	14	Conwy	2:46.50

**Heat 3 of 3 Finals**

2	de Haan, Charlie	13	Holywell	2:30.60
3	Williams, Dylan	15	Wrexham	2:30.10
4	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:21.57
5	Parry, Now	17	Nofio Gwynedd	2:28.48
6	Armstrong, Austin	16	Buckley	2:30.60
7	Williams, Heath	14	Wrexham	2:30.70

**Event 315 Girls 11 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 25 Finals**

3	McPherson, Freya	11	Holywell	41.40
4	Francis, Annie	11	Newtown	41.20
5	Odonnell, Emily	12	Nofio Bangor	41.30
6	James, Zoe	12	Ruthin	41.85

**Heat 2 of 25 Finals**

2	Turner, Skye	11	Holywell	40.60
3	Thornton, Georgie	11	Chirk	40.20
4	Brown, Willow	12	Holywell	39.77
5	Davies, Magi	11	Nofio Gwynedd	39.92
6	Elms, Darcey	11	Chirk	40.50
7	Thomas, Isabelle	12	Wrexham	40.70

**Heat 3 of 25 Finals**

2	Mainwaring, Ava	13	Chirk	38.80
3	Jones, Ceti	12	Nofio Gwynedd	38.61
4	Hughes, Bethany	12	Conwy	38.47
5	Langridge, Martha	12	Holywell	38.60
6	Kay, Poppy	12	Ruthin	38.66
7	Roberts, Lowri	12	Ruthin	38.89

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 4 Finals (#315 Girls 11 & Over 50 LC Meter Freestyle)**

2	Lewis, Sioned	14	Newtown	37.90
3	Macken, Connie	14	Newtown	37.80
4	Evans, Amelia	11	Wrexham	37.80
5	Williams, Heidi	12	Wrexham	37.80
6	Wilson-Pickles, Isla	11	Ruthin	37.80
7	Ewing, Samantha	12	Llandudno	38.10

**Heat 5 of 25 Finals**

2	Owen, Taya-Mai	13	Chirk	37.60
3	Charlesworth, Aoife	14	Wrexham	37.50
4	Williams, Phoebe	11	Holywell	37.40
5	Houseman-Jones, Connie	12	Nofio Gwynedd	37.47
6	Griffiths, Eva	14	Wrexham	37.50
7	Johnson, Chloe	12	Cambrian AA	37.70

**Heat 6 of 25 Finals**

2	Lazarova, Victoria	12	Holywell	37.30
3	Owen, Beca	12	Nofio Gwynedd	37.07
4	Kentell, Kaya	12	Chirk	36.90
5	Thomas, Sara	13	Nofio Bangor	37.07
6	Ashfield, Ophelia	12	Conwy	37.10
7	Walsh, Seren	12	Buckley	37.31

**Heat 7 of 25 Finals**

2	Mcperson, Millie	13	Holywell	36.60
3	Elson, Jessica	12	Wrexham	36.60
4	Haydon, Francesca	12	Chirk	36.50
5	Davies, Camilla	13	Conwy	36.50
6	Banks, Charlotte	13	Newtown	36.60
7	Sayle, Jess	13	Conwy	36.80

**Heat 8 of 25 Finals**

2	Conroy, Celyn	14	Wrexham	36.40
3	McDonnell, Saoirse	12	Denbigh Drag	36.22
4	Odonnell, Isla	15	Nofio Bangor	36.00
5	McCormack, Emily	14	Buckley	36.10
6	Pritchard, Amelia	13	Chirk	36.30
7	Currie, Sophie	13	Chirk	36.50

**Heat 9 of 25 Finals**

2	Horrocks, Grace	14	Chirk	35.80
3	Halliwell, Morgan	12	Cambrian AA	35.60
4	Owen, Mali	15	Nofio Gwynedd	35.21
5	Kowal, Emilia	15	Wrexham	35.50
6	McIntyre, Matilda	14	Holywell	35.70
7	Blackburn, Millie	14	Cambrian AA	35.90

**Heat 10 of 25 Finals**

2	Nash, Amber	12	Holywell	35.10
3	Smith, Brooke	15	Conwy	35.00
4	Jones, Betsy	12	Holywell	34.80
5	Twist, Bella	12	Rhyl Dolphin	34.91
6	Williams, Megan	13	Nofio Gwynedd	35.01
7	Upton, Lily	13	Wrexham	35.10

**Heat 11 of 25 Finals**

2	Blackburn, Mazie	14	Cambrian AA	34.60
3	Holland, Eva	13	Chirk	34.50
4	Jones, Rhiannon	15	Wrexham	34.20
5	Rich, Ffion	17	Holywell	34.50
6	Fisher, Eliza	14	Wrexham	34.50
7	Davies, Ffion	15	Chirk	34.80

**Heat 12 of 25 Finals**

2	Jones, Ffion	15	Newtown	34.10
3	Lewis, Amelia	15	Buckley	33.80
4	Kendall, Ella	12	Conwy	33.80
5	Walling, Iola	14	Conwy	33.80
6	Davies, Mali	13	Nofio Gwynedd	34.08
7	Holmes-Thompson, Telisha	14	Conwy	34.20

**Heat 13 of 25 Finals**

2	Nagib, Leila	13	Nofio Bangor	33.70
3	Pritchard, Poppy	15	Wrexham	33.60
4	Ross, Bianca	15	Wrexham	33.40
5	Clausen, Scarlett	14	Llandudno	33.41
6	Owen, Awel	14	Nofio Gwynedd	33.65
7	Jones, Hannah	16	Nofio Gwynedd	33.75

**Heat 14 of 25 Finals**

2	Edwards, Beca	13	Nofio Gwynedd	33.37
3	Hornby, Isabel	16	Nofio Gwynedd	33.28
4	Parry, Neli	13	Nofio Gwynedd	33.05
5	Kenworthy, Emelia	14	Mold	33.20
6	Skippon, Isabelle	14	Holywell	33.30
7	Rimmer, Tilly	15	Holywell	33.40

**Heat 15 of 25 Finals**

2	Conlin, Layla	14	Wrexham	33.00
3	Thomas-Owen, Efa	14	Nofio Gwynedd	32.89
4	Roberts, Phoebe	14	Conwy	32.70
5	Mitchelmore, Anna	15	Nofio Gwynedd	32.79
6	Howells, Betsi	13	Newtown	32.90
7	Hopwood, Megan	15	Buckley	33.00

**Heat 16 of 25 Finals**

2	Francis, Molly	14	Newtown	32.50
3	Pimble, Bethan	15	Chirk	32.16
4	Roberts, Cara-Non	14	Nofio Gwynedd	31.98
5	Williams, Rhona	24	Chirk	32.00
6	Williams, Daisy	14	Nofio Bangor	32.21
7	Chauhan, Amber	14	Nofio Bangor	32.66

**Heat 17 of 25 Finals**

2	Griffiths, Arwenna	15	Mold	31.80
3	Bradshaw, Eden	15	Chirk	31.70
4	Marsden, Pheobe	15	Conwy	31.60
5	Roberts, Lucy	17	Nofio Bangor	31.66
6	Scott, Lucy	14	Conwy	31.70
7	Moulding, Edith	16	Wrexham	31.90

**Heat 18 of 25 Finals**

2	Madra, Victoria	15	Wrexham	31.27
3	Lendnau-Moulton, Ava	15	Wrexham	31.20
4	Morrison, Sophia	16	Mold	31.10
5	Gray-Thomas, Jessica	13	Conwy	31.19
6	Ellis, Lily	19	Welshpool	31.24
7	Batt, Clemence	15	Holywell	31.28

**Heat 19 of 25 Finals**

2	Jones, Mali	16	Nofio Gwynedd	31.09
3	Williams, Gwenno	15	Nofio Gwynedd	31.01
4	Sayle, Daisy	16	Conwy	30.95
5	Eyre, Maiya	14	Buckley	31.00
6	Jones Churm, Nel	15	Nofio Gwynedd	31.03
7	Lewis-Jones, Idele	15	Wrexham	31.10

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 20 Finals (#315 Girls 11 & Over 50 LC Meter Freestyle)**

2	Williams, Layla	14	Newtown	30.90
3	Carr, Jenaya Jewell	19	Holywell	30.72
4	Grant, Lucy	16	Nofio Gwynedd	30.67
5	Jones, Emily	18	Holywell	30.70
6	Williams, Cari	16	Nofio Gwynedd	30.76
7	M'Keown, Emily	12	Holywell	30.90

**Heat 21 of 25 Finals**

2	Jones, Flora	16	Holywell	30.40
3	Thurston, Rene	15	Newtown	30.26
4	Taylor, Rebecca	16	Wrexham	30.20
5	McCooole-Jones, Elen	15	Holywell	30.25
6	Elson, Caitlin	14	Wrexham	30.31
7	Synowiec, Amelia	16	Conwy	30.50

**Heat 22 of 25 Finals**

2	Williams, Cari	17	Nofio Gwynedd	29.99
3	Johnson, Poppy	17	Holywell	29.90
4	O'Hara, Noelle	13	Wrexham	29.80
5	Cyster, Rowan	22	Nofio Bangor	29.89
6	Goodman, Casi	17	Nofio Gwynedd	29.96
7	Jones, Martha	17	Conwy	30.20

**Heat 23 of 25 Finals**

2	Williams, Leah	15	Nofio Gwynedd	29.68
3	Roberts, Mali	16	Nofio Gwynedd	29.65
4	Banks, Ella	17	Newtown	29.50
5	Jones, Myia	18	Wrexham	29.61
6	Sutton, Emily	15	Nofio Gwynedd	29.66
7	Hellfeld, Beatrix	19	Nofio Bangor	29.73

**Heat 24 of 25 Finals**

2	Ach Rhys, Esyllt	16	Nofio Gwynedd	29.45
3	Gillingham, Grace	22	Nofio Bangor	29.40
4	Hughes, Nel	15	Nofio Gwynedd	29.16
5	Davis, Charlie	26	Nofio Bangor	29.34
6	Hughes, Mari	19	Nofio Bangor	29.40
7	Prevete, Sofia	14	Wrexham	29.45

**Heat 25 of 25 Finals**

2	Cust, Ciara	19	Conwy	28.88
3	Mellor, Medi	14	Nofio Bangor	28.60
4	Dwyfor-Clark, Efa	17	Nofio Gwynedd	27.55
5	Worthington, Emma	18	Chirk	28.60
6	Edwards, Alaw	16	Nofio Gwynedd	28.62
7	Devin, Erin	16	Wrexham	29.06

**Event 316 Boys 11-12 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

2	Holywell	A	NT
---	----------	---	----

**Event 317 Boys 13-14 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

3	Holywell	A	NT
4	Wrexham	A	NT

**Event 318 Boys 15-16 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

6	Holywell	A	NT
7	Nofio Gwynedd	A	NT

**Event 319 Boys 17 & Over 4x200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

5	Nofio Gwynedd	A	NT
---	---------------	---	----

**Event 321 Girls 11 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 14 Finals**

2	Wright, Esmi	11	Nofio Gwynedd	1:48.41
3	Roberts, Lowri	12	Ruthin	1:40.58
4	Williams, Heidi	12	Wrexham	1:38.50
5	Bailey, Seren	12	Holywell	1:39.92
6	Francis, Annie	11	Newtown	1:44.50

**Heat 2 of 14 Finals**

2	Williams, Phoebe	11	Holywell	1:37.20
3	Parry, Neli	13	Nofio Gwynedd	1:34.96
4	Kay, Poppy	12	Ruthin	1:34.45
5	Johnson, Chloe	12	Cambrian AA	1:34.60
6	Owen, Taya-Mai	13	Chirk	1:36.60
7	Odonnell, Emily	12	Nofio Bangor	1:38.00

**Heat 3 of 14 Finals**

2	Banks, Charlotte	13	Newtown	1:34.00
3	Houseman-Jones, Connie	12	Nofio Gwynedd	1:33.24
4	Ashfield, Ophelia	12	Conwy	1:31.80
5	Davies, Mali	13	Nofio Gwynedd	1:32.08
6	Charlesworth, Aoife	14	Wrexham	1:33.60
7	Evans, Amelia	11	Wrexham	1:34.10

**Heat 4 of 14 Finals**

2	Williams, Megan	13	Nofio Gwynedd	1:31.44
3	Owen, Mali	15	Nofio Gwynedd	1:30.75
4	Elson, Jessica	12	Wrexham	1:30.30
5	Fisher, Eliza	14	Wrexham	1:30.70
6	Nash, Amber	12	Holywell	1:30.80
7	Davies, Camilla	13	Conwy	1:31.50

**Heat 5 of 14 Finals**

2	Walling, Iola	14	Conwy	1:29.70
3	Wilson-Pickles, Isla	11	Ruthin	1:28.85
4	Pritchard, Amelia	13	Chirk	1:28.50
5	Conlin, Layla	14	Wrexham	1:28.80
6	Owen, Awel	14	Nofio Gwynedd	1:29.37
7	Hughes, Bethany	12	Conwy	1:29.99

**Heat 6 of 14 Finals**

2	Nagib, Leila	13	Nofio Bangor	1:28.30
3	Skippon, Isabelle	14	Holywell	1:26.80
4	Mitchelmore, Anna	15	Nofio Gwynedd	1:26.62
5	Currie, Sophie	13	Chirk	1:26.80
6	Jones, Hannah	16	Nofio Gwynedd	1:28.15
7	Upton, Lily	13	Wrexham	1:28.40

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 7 Finals (#321 Girls 11 & Over 100 LC Meter Backstroke)**

2	Holmes-Thompson, Telisha	14	Conwy	1:25.10
3	Howells, Betsi	13	Newtown	1:24.40
4	Edwards, Beca	13	Nofio Gwynedd	1:24.15
5	Rich, Ffion	17	Holywell	1:24.40
6	Williams, Kiera	15	Conwy	1:25.10
7	McCormack, Emily	14	Buckley	1:26.20

**Heat 8 of 14 Finals**

2	Jones, Betsy	12	Holywell	1:23.60
3	Roberts, Cara-Non	14	Nofio Gwynedd	1:23.06
4	Thomas-Owen, Efa	14	Nofio Gwynedd	1:22.67
5	Pritchard, Poppy	15	Wrexham	1:23.00
6	Rogerson, Heidi S10	19	Holywell	1:23.57
7	McIntyre, Matilda	14	Holywell	1:24.00

**Heat 9 of 14 Finals**

2	Morrison, Sophia	16	Mold	1:22.40
3	Rimmer, Tilly	15	Holywell	1:21.50
4	Jones Churm, Nel	15	Nofio Gwynedd	1:20.62
5	M'Keown, Emily	12	Holywell	1:21.40
6	Hopwood, Megan	15	Buckley	1:21.70
7	Griffiths, Arwenna	15	Mold	1:22.60

**Heat 10 of 14 Finals**

2	Morgado, Carolina	12	Wrexham	1:19.90
3	Pimble, Bethan	15	Chirk	1:18.60
4	Goodman, Casi	17	Nofio Gwynedd	1:17.86
5	Batt, Clemence	15	Holywell	1:18.50
6	Moulding, Edith	16	Wrexham	1:19.10
7	Scott, Lucy	14	Conwy	1:20.58

**Heat 11 of 14 Finals**

2	Roberts, Phoebe	14	Conwy	1:17.00
3	Francis, Molly	14	Newtown	1:16.80
4	Williams, Cari	17	Nofio Gwynedd	1:16.69
5	Hornby, Isabel	16	Nofio Gwynedd	1:16.79
6	Ellis, Lily	19	Welsphool	1:16.93
7	Williams, Gwenno	15	Nofio Gwynedd	1:17.01

**Heat 12 of 14 Finals**

2	Williams, Layla	14	Newtown	1:15.40
3	Lendnau-Moulton, Ava	15	Wrexham	1:14.50
4	Davies, Ellen	17	Chirk	1:14.00
5	Eyre, Maiya	14	Buckley	1:14.48
6	Jones, Emily	18	Holywell	1:15.20
7	Grant, Lucy	16	Nofio Gwynedd	1:16.68

**Heat 13 of 14 Finals**

2	Lewis-Jones, Idele	15	Wrexham	1:13.40
3	Thurston, Rene	15	Newtown	1:12.00
4	Jones, Myia	18	Wrexham	1:11.10
5	McCooole-Jones, Elen	15	Holywell	1:11.40
6	Williams, Leah	15	Nofio Gwynedd	1:13.19
7	Hughes, Nel	15	Nofio Gwynedd	1:13.50

**Heat 14 of 14 Finals**

2	Thomas, Serenity	16	Nofio Gwynedd	1:08.25
3	Gillingham, Grace	22	Nofio Bangor	1:08.20
4	Humphreys, Ffion	18	Nofio Gwynedd	1:04.72
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:05.51
6	Edwards, Alaw	16	Nofio Gwynedd	1:08.22
7	Hellfeld, Beatrix	19	Nofio Bangor	1:10.10

**Event 322 Boys 11 & Over 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
3	Gray-Williams, Morgan	14	Conwy	11:17.00
4	Williams, Heath	14	Wrexham	10:16.20
5	Evans, Jonas	12	Mold	10:39.90

**Heat 2 of 2 Finals**

2	Baldwin, Thomas	15	Holywell	9:35.89
3	Parry, Now	17	Nofio Gwynedd	9:28.28
4	Park, Reggie Samuel	16	Holywell	8:57.80
5	Williams, Owen	17	Nofio Gwynedd	9:13.94
6	Chauhan, Jai	17	Nofio Bangor	9:34.80
7	McCullagh, Patrick	14	Holywell	9:51.90

**Event 323 Girls 11 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 21 Finals</b>				
2	Thornton, Georgie	11	Chirk	1:34.60
3	McPherson, Freya	11	Holywell	1:33.40
4	Davies, Magi	11	Nofio Gwynedd	1:28.75
5	Lazarova, Victoria	12	Holywell	1:28.90
6	Turner, Skye	11	Holywell	1:33.90

**Heat 2 of 21 Finals**

2	Roberts, Lowri	12	Ruthin	1:27.85
3	Johnson, Chloe	12	Cambrian AA	1:26.20
4	Williams, Phoebe	11	Holywell	1:25.00
5	Ewing, Samantha	12	Llandudno	1:25.40
6	Williams, Heidi	12	Wrexham	1:26.90
7	Hughes, Bethany	12	Conwy	1:28.40

**Heat 3 of 21 Finals**

2	McDonnell, Saoirse	12	Denbigh Drag	1:24.68
3	Jones, Ceti	12	Nofio Gwynedd	1:24.32
4	Weatherhead, Emilie	12	Mold	1:23.60
5	Owen, Taya-Mai	13	Chirk	1:24.30
6	Kay, Poppy	12	Ruthin	1:24.45
7	Langridge, Martha	12	Holywell	1:24.80

**Heat 4 of 21 Finals**

2	Houseman-Jones, Connie	12	Nofio Gwynedd	1:23.26
3	Owen, Beca	12	Nofio Gwynedd	1:22.42
4	Griffiths, Eva	14	Wrexham	1:21.60
5	Wilson-Pickles, Isla	11	Ruthin	1:22.34
6	Kentell, Kaya	12	Chirk	1:22.70
7	Mainwaring, Ava	13	Chirk	1:23.40

**Heat 5 of 21 Finals**

2	Haydon, Francesca	12	Chirk	1:21.30
3	Banks, Charlotte	13	Newtown	1:20.70
4	Charlesworth, Aoife	14	Wrexham	1:20.60
5	Davies, Mali	13	Nofio Gwynedd	1:20.69
6	Conroy, Celyn	14	Wrexham	1:21.10
7	Thomas, Sara	13	Nofio Bangor	1:21.50

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 6 Finals (#323 Girls 11 & Over 100 LC Meter Freestyle)**

2	Sayle, Jess	13	Conwy	1:20.30
3	Walling, Iola	14	Conwy	1:19.70
4	McCormack, Emily	14	Buckley	1:19.10
5	Pritchard, Amelia	13	Chirk	1:19.70
6	Mcperson, Millie	13	Holywell	1:20.20
7	Horrocks, Grace	14	Chirk	1:20.30

**Heat 7 of 21 Finals**

2	Kowal, Emilia	15	Wrexham	1:19.00
3	Nash, Amber	12	Holywell	1:18.70
4	Twist, Bella	12	Rhyl Dolphin	1:17.71
5	Halliwell, Morgan	12	Cambrian AA	1:18.30
6	Holmes-Thompson, Telisha	14	Conwy	1:18.80
7	Williams, Megan	13	Nofio Gwynedd	1:19.07

**Heat 8 of 21 Finals**

2	Odonnell, Isla	15	Nofio Bangor	1:16.90
3	Jones, Ffion	15	Newtown	1:16.20
4	Davies, Ffion	15	Chirk	1:16.00
5	Jones, Rhiannon	15	Wrexham	1:16.10
6	Smith, Brooke	15	Conwy	1:16.80
7	Holland, Eva	13	Chirk	1:17.50

**Heat 9 of 21 Finals**

2	Upton, Lily	13	Wrexham	1:15.30
3	Nagib, Leila	13	Nofio Bangor	1:15.00
4	Rich, Ffion	17	Holywell	1:14.40
5	Rimmer, Tilly	15	Holywell	1:14.90
6	Skippon, Isabelle	14	Holywell	1:15.10
7	Howells, Betsi	13	Newtown	1:15.80

**Heat 10 of 21 Finals**

2	Lewis, Amelia	15	Buckley	1:14.30
3	Fisher, Eliza	14	Wrexham	1:14.00
4	Jones, Hannah	16	Nofio Gwynedd	1:13.52
5	Pritchard, Poppy	15	Wrexham	1:13.70
6	Conlin, Layla	14	Wrexham	1:14.20
7	Kenworthy, Emelia	14	Mold	1:14.40

**Heat 11 of 21 Finals**

2	Mitchellmore, Anna	15	Nofio Gwynedd	1:13.07
3	Jones, Betsy	12	Holywell	1:12.70
4	Edwards, Beca	13	Nofio Gwynedd	1:12.61
5	Owen, Awel	14	Nofio Gwynedd	1:12.61
6	Kendall, Ella	12	Conwy	1:12.80
7	Williams, Lyla	15	Conwy	1:13.50

**Heat 12 of 21 Finals**

2	Williams, Rhona	24	Chirk	1:12.00
3	Hopwood, Megan	15	Buckley	1:11.20
4	Roberts, Cara-Non	14	Nofio Gwynedd	1:10.67
5	Francis, Molly	14	Newtown	1:11.20
6	Ross, Bianca	15	Wrexham	1:11.60
7	Hornby, Isabel	16	Nofio Gwynedd	1:12.14

**Heat 13 of 21 Finals**

2	Griffiths, Arwenna	15	Mold	1:10.20
3	Morrison, Sophia	16	Mold	1:09.40
4	Williams, Daisy	14	Nofio Bangor	1:09.00
5	Bradshaw, Eden	15	Chirk	1:09.30
6	Moulding, Edith	16	Wrexham	1:10.00
7	Marsden, Pheobe	15	Conwy	1:10.40

**Heat 14 of 21 Finals**

2	Grant, Lucy	16	Nofio Gwynedd	1:08.96
3	Thomas-Owen, Efa	14	Nofio Gwynedd	1:08.62
4	Scott, Lucy	14	Conwy	1:08.59
5	Williams, Layla	14	Newtown	1:08.62
6	Batt, Clemence	15	Holywell	1:08.80
7	M'Keown, Emily	12	Holywell	1:09.00

**Heat 15 of 21 Finals**

2	Ellis, Lily	19	Welshpool	1:08.04
3	Lendnau-Moulton, Ava	15	Wrexham	1:07.60
4	Madra, Victoria	15	Wrexham	1:07.40
5	Eyre, Maiya	14	Buckley	1:07.60
6	Roberts, Lucy	17	Nofio Bangor	1:07.90
7	Chauhan, Amber	14	Nofio Bangor	1:08.28

**Heat 16 of 21 Finals**

2	Thurston, Rene	15	Newtown	1:07.10
3	Jones, Mali	16	Nofio Gwynedd	1:07.01
4	Goodman, Casi	17	Nofio Gwynedd	1:06.63
5	Gray-Thomas, Jessica	13	Conwy	1:06.91
6	Jones Churm, Nel	15	Nofio Gwynedd	1:07.08
7	Sayle, Daisy	16	Conwy	1:07.15

**Heat 17 of 21 Finals**

2	Williams, Cari	16	Nofio Gwynedd	1:06.38
3	Carr, Jenaya Jewell	19	Holywell	1:06.00
4	Hughes, Mari	19	Nofio Bangor	1:05.90
5	Elson, Caitlin	14	Wrexham	1:05.99
6	Jones, Flora	16	Holywell	1:06.30
7	Taylor, Rebecca	16	Wrexham	1:06.56

**Heat 18 of 21 Finals**

2	Williams, Gwenno	15	Nofio Gwynedd	1:05.58
3	McCoole-Jones, Elen	15	Holywell	1:05.40
4	Johnson, Poppy	17	Holywell	1:05.20
5	Jones, Martha	17	Conwy	1:05.30
6	Gillingham, Grace	22	Nofio Bangor	1:05.50
7	Davis, Charlie	26	Nofio Bangor	1:05.62

**Heat 19 of 21 Finals**

2	Synowiec, Amelia	16	Conwy	1:05.00
3	O'Hara, Noelle	13	Wrexham	1:04.57
4	Prevete, Sofia	14	Wrexham	1:04.03
5	Banks, Ella	17	Newtown	1:04.50
6	Sutton, Emily	15	Nofio Gwynedd	1:04.72
7	Williams, Leah	15	Nofio Gwynedd	1:05.19

**Heat 20 of 21 Finals**

2	Hellfeld, Beatrix	19	Nofio Bangor	1:03.00
3	Cust, Ciara	19	Conwy	1:02.40
4	Ach Rhys, Emyllt	16	Nofio Gwynedd	1:02.32
5	Devin, Erin	16	Wrexham	1:02.39
6	Hughes, Nel	15	Nofio Gwynedd	1:02.75
7	Roberts, Mali	16	Nofio Gwynedd	1:03.54

**Heat 21 of 21 Finals**

2	Worthington, Emma	18	Chirk	1:01.60
3	Mellor, Medi	14	Nofio Bangor	1:00.90
4	Humphreys, Ffion	18	Nofio Gwynedd	58.93
5	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:00.77
6	Edwards, Alaw	16	Nofio Gwynedd	1:01.58
7	Thomas, Serenity	16	Nofio Gwynedd	1:02.14

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Event 324 Boys 11 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>				
3	Donnan, Samuel	11	Holywell	4:06.90
4	ap Rhys, Llyr	11	Nofio Gwynedd	4:06.89
5	Roberts, William	12	Nofio Bangor	4:06.90
<b>Heat 2 of 5 Finals</b>				
2	Baldwin, Issac	11	Rhyl Dolphin	3:40.54
3	Bryant, Maxwell	13	Cambrian AA	3:34.00
4	Hamer, Archie	13	Newtown	3:23.40
5	Hughes, George	12	Mold	3:27.10
6	Vaitelis, Lukas	14	Conwy	3:35.60
7	Meechan, Alexander	11	Conwy	4:03.50
<b>Heat 3 of 5 Finals</b>				
2	Gray-Williams, Morgan	14	Conwy	3:21.00
3	Groves, Jasper	12	Conwy	3:18.20
4	Gray-Thomas, Jayden	14	Conwy	3:13.00
5	Davies, Archie	15	Conwy	3:15.60
6	Grant, Zac Anthony	14	Nofio Gwynedd	3:20.74
7	Mander, Toby	12	Conwy	3:21.50
<b>Heat 4 of 5 Finals</b>				
2	Jones-Walker, Noah	13	Holywell	3:10.86
3	McCullagh, Patrick	14	Holywell	2:58.80
4	Davies, Lewis	17	Nofio Gwynedd	2:50.93
5	Price-Clissem, Dyfan	15	Nofio Gwynedd	2:51.50
6	Gomery, Ethan	15	Buckley	3:00.90
7	Miller, Ethan	13	Ruthin	3:11.56
<b>Heat 5 of 5 Finals</b>				
2	Edwards, Isaac	14	Wrexham	2:50.00
3	Owen, Luca	19	Holywell	2:44.40
4	Meilleur, Elliot	16	Nofio Gwynedd	2:29.68
5	Hughes, Cai	17	Nofio Bangor	2:36.40
6	Williams, Dylan	15	Wrexham	2:47.00
7	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:50.36

**Event 325 Girls 11-12 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
3	Nofio Gwynedd	A	NT
4	Holywell	A	NT
5	Chirk	A	NT
6	Wrexham	A	NT
7	Holywell	B	NT

**Event 326 Girls 13-14 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
2	Nofio Bangor	A	NT
3	Chirk	A	NT
4	Wrexham	A	NT
5	Wrexham	B	NT
6	Conwy	A	NT
7	Nofio Gwynedd	A	NT

**Event 327 Girls 15-16 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
2	Wrexham	A	NT
3	Chirk	A	NT
4	Holywell	A	NT
5	Conwy	A	NT
6	Nofio Gwynedd	A	NT
7	Nofio Gwynedd	B	NT

**Event 328 Girls 17 & Over 4x100 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
3	Nofio Bangor	A	NT
4	Holywell	A	NT
5	Chirk	A	NT
6	Nofio Gwynedd	A	NT

**Event 331 Boys 11 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Finals</b>				
3	ap Rhys, Llyr	11	Nofio Gwynedd	55.69
4	Greaves, Dylan	12	Wrexham	52.90
5	Meechan, Alexander	11	Conwy	53.70
<b>Heat 2 of 7 Finals</b>				
3	Carroll, Josh	11	Ruthin	50.89
4	Over, Arran	12	Buckley	48.80
5	Everett, Alfie	12	Chirk	49.60
6	Jones, Jac	12	Nofio Bangor	51.50
<b>Heat 3 of 7 Finals</b>				
2	Donnan, Samuel	11	Holywell	48.00
3	Baldwin, Issac	11	Rhyl Dolphin	45.73
4	Gray-Williams, Morgan	14	Conwy	45.70
5	Bryant, Maxwell	13	Cambrian AA	45.70
6	Richards, Dylan	11	Wrexham	47.40
7	Oldfield, George	12	Newtown	48.70
<b>Heat 4 of 7 Finals</b>				
2	Hughes, George	12	Mold	44.80
3	Worrall, Teddy	14	Wrexham	44.00
4	Grant, Zac Anthony	14	Nofio Gwynedd	42.97
5	Mander, Toby	12	Conwy	43.10
6	Hamer, Archie	13	Newtown	44.20
7	Vaitelis, Lukas	14	Conwy	44.90
<b>Heat 5 of 7 Finals</b>				
2	Grimston, Max	14	Buckley	41.90
3	Mrozinski, Michal	14	Conwy	39.80
4	Davies, Archie	15	Conwy	39.50
5	McCullagh, Patrick	14	Holywell	39.63
6	Owen, Finlay	16	Buckley	39.90
7	Groves, Jasper	12	Conwy	42.70

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 6 Finals (#331 Boys 11 & Over 50 LC Meter Breaststroke)**

2	McGrath, Archie	16	Nofio Bangor	38.60
3	Gomery, Ethan	15	Buckley	37.00
4	Price-Clisshem, Dyfan	15	Nofio Gwynedd	35.60
5	Hardy, Dewi	19	Wrexham	35.80
6	Jones-Walker, Noah	13	Holywell	38.10
7	Miller, Ethan	13	Ruthin	39.14

**Heat 7 of 7 Finals**

2	Langridge, Oliver	17	Holywell	34.77
3	Hughes, Cai	17	Nofio Bangor	33.12
4	Thomas, Lucas	18	Nofio Gwynedd	29.72
5	Darbey, Rhys	19	Wrexham	32.05
6	Owen, Luca	19	Holywell	34.45
7	Edwards, Isaac	14	Wrexham	35.20

**Event 332 Girls 11 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 2 Finals**

2	Morgado, Carolina	12	Wrexham	3:10.00
3	Williams, Layla	14	Newtown	2:51.90
4	Latty, Nicola	55	Holywell	2:43.67
5	O'Hara, Noelle	13	Wrexham	2:49.30
6	Kendall, Ella	12	Conwy	3:09.70

**Heat 2 of 2 Finals**

2	Roberts, Mali	16	Nofio Gwynedd	2:37.75
3	Jones, Myia	18	Wrexham	2:36.80
4	Cust, Ciara	19	Conwy	2:25.00
5	Taylor, Rebecca	16	Wrexham	2:36.03
6	Synowiec, Amelia	16	Conwy	2:37.10
7	Ach Rhys, Esylt	16	Nofio Gwynedd	2:38.84

**Event 333 Boys 11 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 4 Finals**

3	Thomas, Ralph	11	Holywell	1:39.60
4	Richards, Dylan	11	Wrexham	1:36.60
5	Greaves, Dylan	12	Wrexham	1:37.60

**Heat 2 of 4 Finals**

3	Mander, Toby	12	Conwy	1:26.00
4	Donnan, George	15	Holywell	1:15.50
5	Worrall, Teddy	14	Wrexham	1:19.10
6	Hall, Henry	11	Holywell	1:27.86

**Heat 3 of 4 Finals**

2	Nuttall, Harri	13	Rhyl Dolphin	1:10.98
3	McGrath, Archie	16	Nofio Bangor	1:10.10
4	Angel, Ethan	22	Nofio Bangor	1:08.70
5	Davies, Lewis	17	Nofio Gwynedd	1:09.27
6	Parry, Now	17	Nofio Gwynedd	1:10.60
7	Jones, Tegid	16	Nofio Gwynedd	1:11.75

**Heat 4 of 4 Finals**

2	Hughes, Cai	17	Nofio Bangor	1:07.90
3	Hardy, Dewi	19	Wrexham	1:05.00
4	Thomas, Lucas	18	Nofio Gwynedd	57.95
5	Williams, Dylan	15	Wrexham	1:04.60
6	Langridge, Oliver	17	Holywell	1:06.80
7	Evans, Jake	14	Wrexham	1:08.56

**Event 334 Girls 11 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 7 Finals**

3	Williams, Phoebe	11	Holywell	6:38.90
4	Sayle, Jess	13	Conwy	6:20.20
5	Hughes, Bethany	12	Conwy	6:23.30

**Heat 2 of 7 Finals**

2	Kay, Poppy	12	Ruthin	6:17.70
3	Wilson-Pickles, Isla	11	Ruthin	6:15.34
4	Twist, Bella	12	Rhyl Dolphin	6:02.08
5	Pritchard, Amelia	13	Chirk	6:14.20
6	Banks, Charlotte	13	Newtown	6:16.00

**Heat 3 of 7 Finals**

2	Elson, Jessica	12	Wrexham	6:00.20
3	Lewis, Amelia	15	Buckley	5:55.00
4	Moulding, Edith	16	Wrexham	5:39.70
5	Jones, Betsy	12	Holywell	5:41.20
6	Rogerson, Heidi S10	19	Holywell	5:59.06
7	Parry, Neli	13	Nofio Gwynedd	6:00.92

**Heat 4 of 7 Finals**

2	Upton, Lily	13	Wrexham	5:38.30
3	Williams, Kiera	15	Conwy	5:29.90
4	Grant, Lucy	16	Nofio Gwynedd	5:19.36
5	Thomas-Owen, Efa	14	Nofio Gwynedd	5:24.31
6	Hornby, Isabel	16	Nofio Gwynedd	5:32.95
7	M'Keown, Emily	12	Holywell	5:38.30

**Heat 5 of 7 Finals**

2	Roberts, Lucy	17	Nofio Bangor	5:11.20
3	Cyster, Rowan	22	Nofio Bangor	5:07.80
4	Madra, Victoria	15	Wrexham	5:06.40
5	Chauhan, Amber	14	Nofio Bangor	5:06.50
6	Williams, Leah	15	Nofio Gwynedd	5:08.30
7	Eyre, Maiya	14	Buckley	5:16.00

**Heat 6 of 7 Finals**

2	Sayle, Daisy	16	Conwy	5:05.10
3	Elson, Caitlin	14	Wrexham	5:04.21
4	Gray-Thomas, Jessica	13	Conwy	4:57.38
5	Williams, Gwenno	15	Nofio Gwynedd	4:58.81
6	Williams, Cari	16	Nofio Gwynedd	5:04.67
7	Hughes, Nel	15	Nofio Gwynedd	5:05.30

**Heat 7 of 7 Finals**

2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	4:54.91
3	Thomas, Serenity	16	Nofio Gwynedd	4:41.28
4	Cust, Ciara	19	Conwy	4:36.30
5	Devin, Erin	16	Wrexham	4:41.10
6	Worthington, Emma	18	Chirk	4:49.40
7	Banks, Ella	17	Newtown	4:57.00

**Event 335 Boys 11 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 6 Finals**

3	Carroll, Josh	11	Ruthin	3:11.08
4	Baldwin, Issac	11	Rhyl Dolphin	2:57.76
5	Jones, Jac	12	Nofio Bangor	3:02.00

## North Wales Regional Racing Series 2026 - 06/02/2026 to 08/02/2026

## Meet Program

**Heat 2 Finals (#335 Boys 11 & Over 200 LC Meter Freestyle)**

2	Oldfield, George	12	Newtown	2:50.50
3	Bryant, Maxwell	13	Cambrian AA	2:47.50
4	Hughes, George	12	Mold	2:37.70
5	Grant, Zac Anthony	14	Nofio Gwynedd	2:39.52
6	Hall, Henry	11	Holywell	2:47.71

**Heat 3 of 6 Finals**

2	Gray-Williams, Morgan	14	Conwy	2:37.30
3	Gray-Thomas, Jayden	14	Conwy	2:34.60
4	Miller, Ethan	13	Ruthin	2:26.91
5	Evans, Jonas	12	Mold	2:30.90
6	Worrall, Teddy	14	Wrexham	2:36.90
7	Lunt-Sullivan, Joe	13	Holywell	2:37.50

**Heat 4 of 6 Finals**

2	Jones-Walker, Noah	13	Holywell	2:24.90
3	Price-Clissem, Dyfan	15	Nofio Gwynedd	2:22.38
4	Donnan, George	15	Holywell	2:17.10
5	Mrozinski, Michal	14	Conwy	2:19.60
6	McCullagh, Patrick	14	Holywell	2:23.00
7	Williams, Heath	14	Wrexham	2:26.16

**Heat 5 of 6 Finals**

2	Baldwin, Thomas	15	Holywell	2:15.74
3	Jones, Tegid	16	Nofio Gwynedd	2:11.68
4	Chauhan, Jai	17	Nofio Bangor	2:09.60
5	Davies, Lewis	17	Nofio Gwynedd	2:10.39
6	Williams, Dylan	15	Wrexham	2:15.05
7	Armstrong, Austin	16	Buckley	2:16.50

**Heat 6 of 6 Finals**

2	Parry, Now	17	Nofio Gwynedd	2:08.42
3	Park, Reggie Samuel	16	Holywell	2:02.06
4	Darbey, Rhys	19	Wrexham	1:59.37
5	Lennon, Danny	18	Wrexham	2:00.55
6	Meilleur, Elliot	16	Nofio Gwynedd	2:06.57
7	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:08.82

**Event 336 Girls 11-12 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

2	Holywell	A	NT
3	Nofio Gwynedd	A	NT
5	Wrexham	A	NT
6	Chirk	A	NT
7	Holywell	B	NT

**Event 337 Girls 13-14 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

3	Nofio Bangor	A	NT
4	Conwy	A	NT
5	Chirk	A	NT
6	Nofio Gwynedd	A	NT

**Event 338 Girls 15-16 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 2 Finals**

3	Nofio Gwynedd	B	NT
4	Holywell	A	NT

**Heat 2 of 2 Finals**

3	Nofio Gwynedd	A	NT
4	Wrexham	A	NT
5	Chirk	A	NT
6	Conwy	A	NT

**Event 339 Girls 17 & Over 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

3	Nofio Bangor	A	NT
4	Holywell	A	NT
5	Chirk	A	NT
6	Nofio Gwynedd	A	NT