

North Wales Regional Racing Series 2026 - cop - 06/02/2026 to 08/02/2026**Session Report**

Session: 1 Session 1 (Warmup 4.30 - 5.20)

Day of Meet: 1 Starts at 05:40 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	111 Boys 11 & Over 50 Butterfly	35	5	05:40 PM	_____
Finals	112 Girls 11 & Over 1500 Freestyle	5	1	05:47 PM	_____
Finals	113 Boys 11 & Over 50 Backstroke	36	5	06:08 PM	_____
Finals	114 Girls 11 & Over 50 Butterfly	69	9	06:19 PM	_____
Finals	115 Boys 11 & Over 1500 Freestyle	2	1	06:30 PM	_____
Finals	116 Girls 11 & Over 50 Backstroke	79	10	06:50 PM	_____
	Swimmers Counts for Warm-ups: 145	=====	=====		
	Entry / Heat Totals:	226	31		
	Finish Time			07:11 PM	_____

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Session: 2 Session 2 (Warmup 8.00 - 9.00)

Day of Meet: 2 Starts at 09:10 AM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	211 Boys 11 & Over 200 IM	37	5	09:10 AM	_____
Finals	212 Girls 11 & Over 400 IM	16	2	09:29 AM	_____
Finals	213 Boys 11 & Over 100 Breaststroke	39	5	09:44 AM	_____
Finals	214 Girls 11 & Over 200 Backstroke	37	5	09:55 AM	_____
Finals	215 Boys 11 & Over 50 Freestyle	66	9	10:17 AM	_____
Finals	216 Girls 11-12 4x200 Freestyle Relay	2	1	10:28 AM	_____
Finals	217 Girls 13-14 4x200 Freestyle Relay	3	1	10:44 AM	_____
Finals	218 Girls 15-16 4x200 Freestyle Relay	4	1	10:59 AM	_____
Finals	219 Girls 17 & Over 4x200 Freestyle Relay	1	1	11:13 AM	_____
	Swimmers Counts for Warm-ups: 133	=====	=====		
	Entry / Heat Totals:	205	30		
	Finish Time			11:28 AM	_____

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Session: 3 Session 3 (Warmup 11.40 - 12.40)

Day of Meet: 2 Starts at 12:50 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	221 Boys 11 & Over 100 Backstroke	36	5	12:50 PM	_____
Finals	222 Girls 11 & Over 800 Freestyle	14	2	01:05 PM	_____
Finals	223 Boys 11 & Over 100 Freestyle	63	8	01:31 PM	_____
Finals	224 Girls 11 & Over 200 Breaststroke	38	5	01:45 PM	_____
Finals	225 Boys 11-12 4x100 Freestyle Relay	2	1	02:07 PM	_____
Finals	226 Boys 13-14 4x100 Freestyle Relay	3	1	02:15 PM	_____
Finals	227 Boys 15-16 4x100 Freestyle Relay	2	1	02:23 PM	_____
Finals	228 Boys 17 & Over 4x100 Freestyle Relay	2	1	02:31 PM	_____
	Swimmers Counts for Warm-ups: 124	=====	=====		
	Entry / Heat Totals:	160	24		
	Finish Time			02:38 PM	_____

North Wales Regional Racing Series 2026 - cop - 06/02/2026 to 08/02/2026**Session Report**

Session: 4 Session 4 (Warmup (3.00 - 4.00))

Day of Meet: 2 Starts at 04:10 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	231 Girls 11 & Over 50 Breaststroke	80	10	04:10 PM	_____
Finals	232 Boys 11 & Over 200 Butterfly	6	1	04:25 PM	_____
Finals	233 Girls 11 & Over 100 Butterfly	36	5	04:29 PM	_____
Finals	234 Boys 11 & Over 400 Freestyle	24	3	04:39 PM	_____
Finals	235 Girls 11 & Over 200 Freestyle	67	9	04:58 PM	_____
Finals	236 Boys 11-12 4x100 Medley Relay	1	1	05:29 PM	_____
Finals	237 Boys 13-14 4x100 Medley Relay	3	1	05:37 PM	_____
Finals	238 Boys 15-16 4x100 Medley Relay	2	1	05:45 PM	_____
Finals	239 Boys 17 & Over 4x100 Medley Relay	2	1	05:53 PM	_____
	Swimmers Counts for Warm-ups: 153	=====	=====		
	Entry / Heat Totals:	221	32		
	Finish Time			06:01 PM	_____

North Wales Regional Racing Series 2026 - cop - 06/02/2026 to 08/02/2026**Session Report**

Session: 5 Session 5 (Warmup 8.00 - 9.00)

Day of Meet: 3 Starts at 09:10 AM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	311 Girls 11 & Over 200 IM	90	12	09:10 AM	_____
Finals	312 Boys 11 & Over 400 IM	9	2	09:56 AM	_____
Finals	313 Girls 11 & Over 100 Breaststroke	67	9	10:10 AM	_____
Finals	314 Boys 11 & Over 200 Backstroke	17	3	10:32 AM	_____
Finals	315 Girls 11 & Over 50 Freestyle	148	19	10:45 AM	_____
Finals	316 Boys 11-12 4x200 Freestyle Relay	2	1	11:08 AM	_____
Finals	317 Boys 13-14 4x200 Freestyle Relay	3	1	11:24 AM	_____
Finals	318 Boys 15-16 4x200 Freestyle Relay	2	1	11:39 AM	_____
Finals	319 Boys 17 & Over 4x200 Freestyle Relay	1	1	11:54 AM	_____
	Swimmers Counts for Warm-ups: 188	=====	=====		
	Entry / Heat Totals:	339	49		
	Finish Time			12:08 PM	_____

North Wales Regional Racing Series 2026 - cop - 06/02/2026 to 08/02/2026**Session Report**

Session: 6 Session 6 (Warmup (12.00 - 13.00))

Day of Meet: 3 Starts at 01:10 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	321 Girls 11 & Over 100 Backstroke	83	11	01:10 PM	_____
Finals	322 Boys 11 & Over 800 Freestyle	9	2	01:42 PM	_____
Finals	323 Girls 11 & Over 100 Freestyle	125	16	02:05 PM	_____
Finals	324 Boys 11 & Over 200 Breaststroke	27	4	02:35 PM	_____
Finals	325 Girls 11-12 4x100 Freestyle Relay	6	1	02:52 PM	_____
Finals	326 Girls 13-14 4x100 Freestyle Relay	7	1	03:01 PM	_____
Finals	327 Girls 15-16 4x100 Freestyle Relay	6	1	03:08 PM	_____
Finals	328 Girls 17 & Over 4x100 Freestyle Relay	4	1	03:16 PM	_____
	Swimmers Counts for Warm-ups: 181	=====	=====		
	Entry / Heat Totals:	267	37		
	Finish Time			03:24 PM	_____

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Session: 7 Session 7 (Warmup 3.30 - 4.30)

Day of Meet: 3 Starts at 04:40 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	331 Boys 11 & Over 50 Breaststroke	37	5	04:40 PM	_____
Finals	332 Girls 11 & Over 200 Butterfly	11	2	04:48 PM	_____
Finals	333 Boys 11 & Over 100 Butterfly	19	3	04:55 PM	_____
Finals	334 Girls 11 & Over 400 Freestyle	38	5	05:01 PM	_____
Finals	335 Boys 11 & Over 200 Freestyle	32	4	05:33 PM	_____
Finals	336 Girls 11-12 4x100 Medley Relay	6	1	05:46 PM	_____
Finals	337 Girls 13-14 4x100 Medley Relay	5	1	05:55 PM	_____
Finals	338 Girls 15-16 4x100 Medley Relay	7	1	06:03 PM	_____
Finals	339 Girls 17 & Over 4x100 Medley Relay	4	1	06:11 PM	_____
	Swimmers Counts for Warm-ups: 106	=====	=====		
	Entry / Heat Totals:	159	23		
	Finish Time			06:19 PM	_____