

North Wales Regional Racing Series 2026 - cop - 06/02/2026 to 08/02/2026

Psych Sheet

Event 111 Boys 11 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time
11-12			
1 Hall, Henry	11	Holywell	36.79
2 Mander, Toby	12	Conwy	36.97
3 Evans, Jonas	12	Mold	37.30
4 Thomas, Ralph	11	Holywell	39.70
5 Over, Arran	12	Buckley	40.90
6 Hughes, George	12	Mold	41.30
7 Greaves, Dylan	12	Wrexham	43.00
8 Jones, Jac	12	Nofio Bangor	43.60
9 Richards, Dylan	11	Wrexham	44.20
10 Everett, Alfie	12	Chirk	44.90
13-14			
1 Evans, Jake	14	Wrexham	31.17
2 Williams, Heath	14	Wrexham	32.28
3 Liu, Daniel Muyang	14	Conwy	33.40
4 Miller, Ethan	13	Ruthin	34.50
5 de Haan, Charlie	13	Holywell	35.30
6 Worrall, Teddy	14	Wrexham	35.50
7 Grimston, Max	14	Buckley	36.80
8 Howell, Harry	13	Chirk	36.87
9 Prior, Jakub	14	Wrexham	37.50
10 Bury, Gracjan	14	Wrexham	37.60
11 Grant, Zac Anthony	14	Nofio Gwynedd	38.84
12 Hamer, Archie	13	Newtown	39.30
13 Lunt-Sullivan, Joe	13	Holywell	40.10
15-16			
1 Park, Reggie Samuel	16	Holywell	28.01
2 Jones, Tegid	16	Nofio Gwynedd	30.19
3 McGrath, Archie	16	Nofio Bangor	30.80
4 Owen, Finlay	16	Buckley	31.80
5 Armstrong, Austin	16	Buckley	31.80
6 Donnan, George	15	Holywell	32.50
7 Leonard, Harrison	15	Conwy	33.50
8 Price-Clishem, Dyfan	15	Nofio Gwynedd	34.13
9 Jones, Euron	15	Nofio Gwynedd	34.98
17 & Over			
1 Thomas, Lucas	18	Nofio Gwynedd	26.00
2 Hughes, Cai	17	Nofio Bangor	29.50
3 Angel, Ethan	22	Nofio Bangor	30.60

Event 112 Girls 11 & Over 1500 LC Meter Freestyle

Name	Age	Team	Seed Time
13-14			
1 Elson, Caitlin	14	Wrexham	19:36.90
15-16			
1 Madra, Victoria	15	Wrexham	19:55.80
2 Sayle, Daisy	16	Conwy	20:28.00
17 & Over			
1 Cust, Ciara	19	Conwy	18:52.80
2 Banks, Ella	17	Newtown	19:46.10

Event 113 Boys 11 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time
11-12			
1 Over, Arran	12	Buckley	39.30
2 Evans, Jonas	12	Mold	39.60
3 Hall, Henry	11	Holywell	40.20
4 Groves, Jasper	12	Conwy	40.20
5 Hughes, George	12	Mold	40.30
6 Mander, Toby	12	Conwy	40.90
7 Richards, Dylan	11	Wrexham	41.70
8 Everett, Alfie	12	Chirk	42.40
9 Jones, Jac	12	Nofio Bangor	43.00
10 Greaves, Dylan	12	Wrexham	44.10
11 Donnan, Samuel	11	Holywell	44.70
12 Carroll, Josh	11	Ruthin	44.71
13 Lewis, Ilan	12	Nofio Gwynedd	47.10
14 Meechan, Alexander	11	Conwy	47.80
13-14			
1 Williams, Heath	14	Wrexham	33.10
2 de Haan, Charlie	13	Holywell	33.50
3 Price, JJ	14	Buckley	35.30
4 Miller, Ethan	13	Ruthin	35.50
5 Voice, Harry	14	Newtown	35.60
6 Liu, Daniel Muyang	14	Conwy	36.40
7 Bury, Gracjan	14	Wrexham	36.93
8 Grant, Zac Anthony	14	Nofio Gwynedd	37.70
9 Worrall, Teddy	14	Wrexham	37.70
10 Grimston, Max	14	Buckley	38.20
11 Howell, Harry	13	Chirk	39.00
12 Carr, Javier Rocco Paul	14	Holywell	39.90
13 Prior, Jakub	14	Wrexham	39.90
14 Gray-Williams, Morgan	14	Conwy	40.50
15 Lunt-Sullivan, Joe	13	Holywell	41.60
15-16			
1 Shiland-Griffiths, Enzo	16	Nofio Gwynedd	30.57
2 Jones, Tegid	16	Nofio Gwynedd	31.95
3 Armstrong, Austin	16	Buckley	32.00
4 Leonard, Harrison	15	Conwy	33.30
5 McGrath, Archie	16	Nofio Bangor	33.70
6 Donnan, George	15	Holywell	34.20
7 Jones, Euron	15	Nofio Gwynedd	37.85

Event 114 Girls 11 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time
11-12			
1 Kendall, Ella	12	Conwy	35.10
2 Morgado, Carolina	12	Wrexham	35.60
3 M'Keown, Emily	12	Holywell	35.90
4 Nash, Amber	12	Holywell	38.70
5 McDonnell, Saoirse	12	Denbigh Drag	39.72
6 Haydon, Francesca	12	Chirk	40.60
7 Jones, Betsy	12	Holywell	41.10
8 Houseman-Jones, Connie	12	Nofio Gwynedd	41.76
9 Langridge, Martha	12	Holywell	42.41
10 Elson, Jessica	12	Wrexham	44.50
11 Johnson, Chloe	12	Cambrian AA	45.90

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11-12...(#114 Girls 11 & Over 50 LC Meter Butterfly)

12	Hughes, Bethany	12	Conwy	46.70
13	Wilson-Pickles, Isla	11	Ruthin	47.11
14	Davies, Magi	11	Nofio Gwynedd	47.94

13-14

1	Mellor, Medi	14	Nofio Bangor	31.21
2	O'Hara, Noelle	13	Wrexham	31.50
3	Prevete, Sofia	14	Wrexham	31.90
4	Eyre, Maiya	14	Buckley	32.87
5	Williams, Layla	14	Newtown	32.90
6	Williams, Daisy	14	Nofio Bangor	32.90
7	Thomas-Owen, Efa	14	Nofio Gwynedd	34.65
8	Scott, Lucy	14	Conwy	35.50
9	Howells, Betsi	13	Newtown	36.00
10	Conlin, Layla	14	Wrexham	36.60
11	Francis, Molly	14	Newtown	36.70
12	Kenworthy, Emelia	14	Mold	37.40
13	Williams, Mared	14	Nofio Gwynedd	37.43
14	Nagib, Leila	13	Nofio Bangor	38.50
15	Skippon, Isabelle	14	Holywell	38.70
16	Holmes-Thompson, Telisha	14	Conwy	39.10
17	McIntyre, Matilda	14	Holywell	39.90
18	Currie, Sophie	13	Chirk	40.40
19	Briscoe, Greta	14	Cambrian AA	41.30
20	Blackburn, Millie	14	Cambrian AA	41.60
21	Williams, Megan	13	Nofio Gwynedd	44.08

15-16

1	Synowiec, Amelia	16	Conwy	30.50
2	Ach Rhys, Esyllt	16	Nofio Gwynedd	30.60
3	Williams, Leah	15	Nofio Gwynedd	32.01
4	Taylor, Rebecca	16	Wrexham	32.85
5	Lendnau-Moulton, Ava	15	Wrexham	33.03
6	McCooole-Jones, Elen	15	Holywell	33.10
7	Williams, Gwenno	15	Nofio Gwynedd	33.17
8	Thurston, Rene	15	Newtown	33.40
9	Williams, Kiera	15	Conwy	33.40
10	Williams, Poppy	15	Nofio Bangor	33.50
11	Grant, Lucy	16	Nofio Gwynedd	33.64
12	Ross, Bianca	15	Wrexham	35.20
13	Hornby, Isabel	16	Nofio Gwynedd	35.88
14	Morrison, Sophia	16	Mold	35.90
15	Pritchard, Poppy	15	Wrexham	36.10
16	Moulding, Edith	16	Wrexham	36.20
17	Roberts, Lucy	15	Nofio Bangor	36.50
18	Jones Churm, Nel	15	Nofio Gwynedd	36.51
19	Bradshaw, Eden	15	Chirk	36.70
20	Zamirska, Maja	15	Buckley	36.96
21	Lewis, Amelia	15	Buckley	37.00
22	Jones, Rhiannon	15	Wrexham	38.63

17 & Over

1	Dwyfor-Clark, Efa	17	Nofio Gwynedd	28.26
2	Cyster, Rowan	22	Nofio Bangor	30.17
3	Gillingham, Grace	22	Nofio Bangor	30.84
4	Jones, Myia	18	Wrexham	30.90
5	Worthington, Emma	18	Chirk	31.60
6	Jones, Martha	17	Conwy	31.60
7	Hughes, Mari	19	Nofio Bangor	31.69
8	Carr, Jenaya Jewell	19	Holywell	31.74

9	Goodman, Casi	17	Nofio Gwynedd	32.18
10	Jones, Emily	18	Holywell	33.20
11	Ellis, Lily	19	Welshpool	34.50
12	Cherry, Rebecca	20	Nofio Bangor	36.40

Event 115 Boys 11 & Over 1500 LC Meter Freestyle

Name	Age	Team	Seed Time
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13-14

1	McCullagh, Patrick	14	Holywell	18:46.20
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15-16

1	Baldwin, Thomas	15	Holywell	18:08.00
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Event 116 Girls 11 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time
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11-12

1	M'Keown, Emily	12	Holywell	37.00
2	Morgado, Carolina	12	Wrexham	37.20
3	Jones, Betsy	12	Holywell	40.50
4	Houseman-Jones, Connie	12	Nofio Gwynedd	40.95
5	Johnson, Chloe	12	Cambrian AA	41.30
6	Wilson-Pickles, Isla	11	Ruthin	41.69
7	Elson, Jessica	12	Wrexham	42.20
8	Evans, Amelia	11	Wrexham	42.30
9	Morgan, Catrin	12	Mold	42.90
10	Hughes, Bethany	12	Conwy	42.97
11	Williams, Heidi	12	Wrexham	43.00
12	Nash, Amber	12	Holywell	43.20
13	Kentell, Kaya	12	Chirk	43.60
14	Kay, Poppy	12	Ruthin	44.30
15	McDonnell, Saoirse	12	Denbigh Drag	46.32
16	Davies, Magi	11	Nofio Gwynedd	46.49
17	Francis, Annie	11	Newtown	47.20
18	Thornton, Georgie	11	Chirk	47.80
19	Elliston-Palanova, Vera	12	Nofio Gwynedd	49.30
20	Turner, Skye	11	Holywell	50.00
21	Wright, Esmi	11	Nofio Gwynedd	50.13
22	Adams, Harriet	11	Chirk	51.70
23	Hogg, Elsie	11	Denbigh Drag	51.75

13-14

1	Eyre, Maiya	14	Buckley	33.60
2	Williams, Layla	14	Newtown	33.70
3	O'Hara, Noelle	13	Wrexham	33.90
4	Mellor, Medi	14	Nofio Bangor	34.10
5	Francis, Molly	14	Newtown	35.80
6	Prevete, Sofia	14	Wrexham	35.90
7	Scott, Lucy	14	Conwy	36.11
8	Williams, Daisy	14	Nofio Bangor	36.30
9	Howells, Betsi	13	Newtown	37.60
10	Skippon, Isabelle	14	Holywell	37.80
11	Thomas-Owen, Efa	14	Nofio Gwynedd	38.63
12	Holmes-Thompson, Telisha	14	Conwy	39.00
13	McCormack, Emily	14	Buckley	39.30
14	Nagib, Leila	13	Nofio Bangor	39.70
15	Williams, Mared	14	Nofio Gwynedd	39.73
16	McIntyre, Matilda	14	Holywell	40.06
17	Briscoe, Greta	14	Cambrian AA	40.10
18	Currie, Sophie	13	Chirk	41.30

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13-14...(#116 Girls 11 & Over 50 LC Meter Backstroke)

19	Conlin, Layla	14	Wrexham	41.40
20	Banks, Charlotte	13	Newtown	42.70
21	Davies, Camilla	13	Conwy	43.00
22	Williams, Megan	13	Nofio Gwynedd	43.29
23	Sayle, Jess	13	Conwy	46.60

15-16

1	Thomas, Serenity	16	Nofio Gwynedd	32.55
2	Williams, Leah	15	Nofio Gwynedd	33.49
3	Thurston, Rene	15	Newtown	33.50
4	Ach Rhys, Elyllt	16	Nofio Gwynedd	34.22
5	McCooole-Jones, Elen	15	Holywell	34.30
6	Lendnau-Moulton, Ava	15	Wrexham	34.30
7	Williams, Gwenno	15	Nofio Gwynedd	35.55
8	Grant, Lucy	16	Nofio Gwynedd	35.59
9	Hornby, Isabel	16	Nofio Gwynedd	35.68
10	Synowiec, Amelia	16	Conwy	35.68
11	Moulding, Edith	16	Wrexham	35.70
12	Williams, Poppy	15	Nofio Bangor	35.80
13	Pimble, Bethan	15	Chirk	35.90
14	Bradshaw, Eden	15	Chirk	37.20
15	Morrison, Sophia	16	Mold	37.50
16	Rimmer, Tilly	15	Holywell	37.80
17	Roberts, Lucy	15	Nofio Bangor	37.90
18	Jones Churm, Nel	15	Nofio Gwynedd	38.13
19	Pritchard, Poppy	15	Wrexham	38.50
20	Williams, Lyla	15	Conwy	38.70
21	Ross, Bianca	15	Wrexham	40.60
22	Owen, Mali	15	Nofio Gwynedd	40.87

17 & Over

1	Humphreys, Ffion	18	Nofio Gwynedd	29.58
2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	29.92
3	Gillingham, Grace	22	Nofio Bangor	32.09
4	Jones, Myia	18	Wrexham	32.40
5	Worthington, Emma	18	Chirk	32.96
6	Jones, Emily	18	Holywell	33.90
7	Cyster, Rowan	22	Nofio Bangor	33.90
8	Johnson, Poppy	17	Holywell	35.10
9	Goodman, Casi	17	Nofio Gwynedd	35.75
10	Ellis, Lily	19	Welshpool	36.69
11	Rogerson, Heidi S10	19	Holywell	38.91

Event 211 Boys 11 & Over 200 LC Meter IM

	Name	Age	Team	Seed Time
11-12				
1	Mander, Toby	12	Conwy	2:57.80
2	Hughes, George	12	Mold	3:05.70
3	Richards, Dylan	11	Wrexham	3:12.80
4	Hall, Henry	11	Holywell	3:14.23
5	Thomas, Ralph	11	Holywell	3:20.10
6	Over, Arran	12	Buckley	3:21.00
7	Jones, Jac	12	Nofio Bangor	3:31.70
8	Everett, Alfie	12	Chirk	3:36.30
9	Wood, Ifan	12	Denbigh Drag	3:42.33
10	Donnan, Samuel	11	Holywell	3:43.70

13-14

1	Evans, Jake	14	Wrexham	2:33.40
2	Williams, Heath	14	Wrexham	2:38.50

3	de Haan, Charlie	13	Holywell	2:39.20
4	Nuttall, Harri	13	Rhyl Dolphin	2:43.45
5	Mrozinski, Michal	14	Conwy	2:43.80
6	Gray-Thomas, Jayden	14	Conwy	2:46.30
7	Grimston, Max	14	Buckley	2:50.10
8	Worrall, Teddy	14	Wrexham	2:56.40
9	Prior, Jakub	14	Wrexham	2:58.10
10	Lunt-Sullivan, Joe	13	Holywell	3:07.90
11	Carr, Javier Rocco Paul	14	Holywell	3:13.30
12	Bryant, Maxwell	13	Cambrian AA	3:25.40

15-16

1	Meilleur, Elliot	16	Nofio Gwynedd	2:17.28
2	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:25.63
3	Williams, Dylan	15	Wrexham	2:26.80
4	Donnan, George	15	Holywell	2:36.50
5	Armstrong, Austin	16	Buckley	2:37.10
6	McGrath, Archie	16	Nofio Bangor	2:37.10
7	Gomery, Ethan	15	Buckley	2:47.70
8	Jones, Euron	15	Nofio Gwynedd	3:07.08

17 & Over

1	Leatherbarrow, Jack	18	Wrexham	2:20.80
2	Hardy, Dewi	19	Wrexham	2:24.00
3	Davies, Lewis	17	Nofio Gwynedd	2:27.64
4	Parry, Now	17	Nofio Gwynedd	2:28.84
5	Hughes, Cai	17	Nofio Bangor	2:31.20
6	Chauhan, Jai	17	Nofio Bangor	2:32.30
7	Jones, Finley	18	Wrexham	2:47.20

Event 212 Girls 11 & Over 400 LC Meter IM

	Name	Age	Team	Seed Time
11-12				
1	M'Keown, Emily	12	Holywell	6:26.20
2	Kendall, Ella	12	Conwy	6:33.80
3	Weatherhead, Emilie	12	Mold	6:52.40
4	Hughes, Bethany	12	Conwy	7:06.10
5	Kay, Poppy	12	Ruthin	7:11.09

13-14

1	Mellor, Medi	14	Nofio Bangor	5:23.20
2	Chauhan, Amber	14	Nofio Bangor	5:42.43
3	O'Hara, Noelle	13	Wrexham	5:48.30
4	Elson, Caitlin	14	Wrexham	5:54.30
5	Upton, Lily	13	Wrexham	6:33.00

15-16

1	Thomas, Serenity	16	Nofio Gwynedd	5:19.47
2	Lewis-Jones, Idele	15	Wrexham	5:33.50
3	Williams, Leah	15	Nofio Gwynedd	5:45.31
4	Moulding, Edith	16	Wrexham	6:14.00

17 & Over

1	Jones, Myia	18	Wrexham	5:29.20
2	Worthington, Emma	18	Chirk	5:35.70

Event 213 Boys 11 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time
11-12				
1	Groves, Jasper	12	Conwy	1:33.80
2	Mander, Toby	12	Conwy	1:35.60
3	Baldwin, Issac	11	Rhyl Dolphin	1:39.51

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11-12...(#213 Boys 11 & Over 100 LC Meter Breaststroke)

4	Oldfield, George	12	Newtown	1:46.90
5	Donnan, Samuel	11	Holywell	1:48.40
6	Everett, Alfie	12	Chirk	1:51.20
7	Greaves, Dylan	12	Wrexham	1:55.00
8	Meechan, Alexander	11	Conwy	1:57.30
9	ap Rhys, Llyr	11	Nofio Gwynedd	1:57.82
10	Carroll, Josh	11	Ruthin	1:58.47
11	Peers, Ronnie	11	Buckley	1:59.10

13-14

1	Edwards, Isaac	14	Wrexham	1:16.95
2	McCullagh, Patrick	14	Holywell	1:24.70
3	Jones-Walker, Noah	13	Holywell	1:25.75
4	Miller, Ethan	13	Ruthin	1:29.00
5	Liu, Daniel Muiyang	14	Conwy	1:29.00
6	Gray-Thomas, Jayden	14	Conwy	1:29.85
7	Howell, Harry	13	Chirk	1:30.03
8	Grimston, Max	14	Buckley	1:30.60
9	Bury, Gracjan	14	Wrexham	1:32.30
10	Grant, Zac Anthony	14	Nofio Gwynedd	1:35.34
11	Prince, Taylor	13	Conwy	1:36.40
12	Hamer, Archie	13	Newtown	1:36.70
13	Vaitelis, Lukas	14	Conwy	1:37.60
14	Prior, Jakub	14	Wrexham	1:38.40
15	Davies, Madoc	14	Corwen	1:40.10
16	Bryant, Maxwell	13	Cambrian AA	1:42.20
17	Jones, George	13	Wrexham	1:42.40

15-16

1	Meilleur, Elliot	16	Nofio Gwynedd	1:09.98
2	Williams, Dylan	15	Wrexham	1:16.80
3	Price-Clishem, Dyfan	15	Nofio Gwynedd	1:17.83
4	Gomery, Ethan	15	Buckley	1:22.20
5	Davies, Archie	15	Conwy	1:24.70

17 & Over

1	Thomas, Lucas	18	Nofio Gwynedd	1:05.20
2	Hughes, Cai	17	Nofio Bangor	1:12.00
3	Leatherbarrow, Jack	18	Wrexham	1:13.03
4	Owen, Luca	19	Holywell	1:15.50
5	Langridge, Oliver	17	Holywell	1:18.50
6	Skelly, Connor	21	Wrexham	1:20.50

Event 214 Girls 11 & Over 200 LC Meter Backstroke

	Name	Age	Team	Seed Time
11-12				
1	M'Keown, Emily	12	Holywell	2:50.50
2	Morgado, Carolina	12	Wrexham	2:53.90
3	Jones, Betsy	12	Holywell	2:58.50
4	Elson, Jessica	12	Wrexham	3:06.50
5	Wilson-Pickles, Isla	11	Ruthin	3:10.35
6	Houseman-Jones, Connie	12	Nofio Gwynedd	3:21.70
13-14				
1	Gray-Thomas, Jessica	13	Conwy	2:40.70
2	Eyre, Maiya	14	Buckley	2:42.10
3	Williams, Layla	14	Newtown	2:44.10
4	Roberts, Phoebe	14	Conwy	2:44.30
5	Williams, Daisy	14	Nofio Bangor	2:46.30
6	Francis, Molly	14	Newtown	2:48.30
7	Scott, Lucy	14	Conwy	2:49.89

8	Roberts, Cara-Non	14	Nofio Gwynedd	2:54.18
9	Howells, Betsi	13	Newtown	3:03.20
10	McCormack, Emily	14	Buckley	3:05.20
11	Skippon, Isabelle	14	Holywell	3:06.70
12	Nagib, Leila	13	Nofio Bangor	3:09.60
13	Banks, Charlotte	13	Newtown	3:09.80
14	Davies, Camilla	13	Conwy	3:19.00
15	Parry, Neli	13	Nofio Gwynedd	3:26.43

15-16

1	Roberts, Mali	16	Nofio Gwynedd	2:33.72
2	McCoole-Jones, Elen	15	Holywell	2:34.00
3	Thurston, Rene	15	Newtown	2:37.10
4	Taylor, Rebecca	16	Wrexham	2:44.74
5	Hornby, Isabel	16	Nofio Gwynedd	2:46.33
6	Grant, Lucy	16	Nofio Gwynedd	2:47.82
7	Pimble, Bethan	15	Chirk	2:52.70
8	Lendnau-Moulton, Ava	15	Wrexham	2:52.80
9	Odonnell, Isla	15	Nofio Bangor	3:11.50
10	Owen, Mali	15	Nofio Gwynedd	3:12.87

17 & Over

1	Humphreys, Ffion	18	Nofio Gwynedd	2:19.65
2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:21.97
3	Gillingham, Grace	22	Nofio Bangor	2:29.50
4	Hellfeld, Beatrix	19	Nofio Bangor	2:33.20
5	Jones, Myia	18	Wrexham	2:33.20
6	Banks, Ella	17	Newtown	2:48.98

Event 215 Boys 11 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time
11-12				
1	Evans, Jonas	12	Mold	32.40
2	Hall, Henry	11	Holywell	33.30
3	Mander, Toby	12	Conwy	33.50
4	Hughes, George	12	Mold	34.10
5	Richards, Dylan	11	Wrexham	34.30
6	Oldfield, George	12	Newtown	35.70
7	Jones, Jac	12	Nofio Bangor	35.80
8	Greaves, Dylan	12	Wrexham	37.50
9	Donnan, Samuel	11	Holywell	37.70
10	Carroll, Josh	11	Ruthin	38.04
11	Over, Arran	12	Buckley	38.60
12	Jones, Noa	12	Nofio Gwynedd	39.78
13	Meechan, Alexander	11	Conwy	42.30
14	ap Rhys, Llyr	11	Nofio Gwynedd	42.62
15	Barlow, Pip	11	Chirk	42.90

13-14

1	Mrozinski, Michal	14	Conwy	28.40
2	Jones-Walker, Noah	13	Holywell	29.08
3	Edwards, Isaac	14	Wrexham	29.50
4	de Haan, Charlie	13	Holywell	29.60
5	Liu, Daniel Muiyang	14	Conwy	29.60
6	Williams, Heath	14	Wrexham	30.10
7	Voice, Harry	14	Newtown	30.20
8	Price, JJ	14	Buckley	30.20
9	Gray-Thomas, Jayden	14	Conwy	30.49
10	Miller, Ethan	13	Ruthin	30.63
11	Worrall, Teddy	14	Wrexham	30.71

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13-14...(#215 Boys 11 & Over 50 LC Meter Freestyle)

12	Grimston, Max	14	Buckley	30.77
13	Prince, Taylor	13	Conwy	32.60
14	Prior, Jakub	14	Wrexham	33.00
15	Bury, Gracjan	14	Wrexham	33.20
16	Lunt-Sullivan, Joe	13	Holywell	33.30
17	Grant, Zac Anthony	14	Nofio Gwynedd	33.40
18	Mckeown, Noah	14	Holywell	33.50
19	Hamer, Archie	13	Newtown	33.60
20	Carr, Javier Rocco Paul	14	Holywell	33.80
21	Bryant, Maxwell	13	Cambrian AA	34.30
22	Rushton, Oliver	13	Buckley	36.50
23	Sharp, Nathan	13	Mold	36.70

15-16

1	Park, Reggie Samuel	16	Holywell	25.75
2	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	26.49
3	Jones, Tegid	16	Nofio Gwynedd	27.01
4	Armstrong, Austin	16	Buckley	27.80
5	McGrath, Archie	16	Nofio Bangor	28.20
6	Leonard, Harrison	15	Conwy	28.50
7	Owen, Finlay	16	Buckley	28.70
8	Price-Clishem, Dyfan	15	Nofio Gwynedd	29.16
9	Donnan, George	15	Holywell	29.20
10	Gomery, Ethan	15	Buckley	29.60
11	Baldwin, Thomas	15	Holywell	30.08
12	Jones, Euron	15	Nofio Gwynedd	31.61
13	Parry, Celt	16	Corwen	31.70
14	Milner, Osian	16	Rhyl Dolphin	32.35
15	Law, Henry	15	Holywell	33.60

17 & Over

1	Lennon, Danny	18	Wrexham	24.38
2	Thomas, Lucas	18	Nofio Gwynedd	24.55
3	Parry, Now	17	Nofio Gwynedd	26.48
4	Davies, Lewis	17	Nofio Gwynedd	27.02
5	Hardy, Dewi	19	Wrexham	27.19
6	Leatherbarrow, Jack	18	Wrexham	27.28
7	Hughes, Cai	17	Nofio Bangor	27.50
8	Langridge, Oliver	17	Holywell	27.78
9	Owen, Luca	19	Holywell	27.97
10	Chauhan, Jai	17	Nofio Bangor	28.10
11	Angel, Ethan	22	Nofio Bangor	28.62
12	Skelly, Connor	21	Wrexham	29.40
13	Jones, Finley	18	Wrexham	31.94

Event 216 Girls 11-12 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Wrexham	A	NT
2 Holywell	A	NT

Event 217 Girls 13-14 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Conwy	A	NT
2 Wrexham	A	NT
3 Nofio Bangor	A	NT

Event 218 Girls 15-16 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Conwy	A	NT
2 Nofio Gwynedd	A	NT

3	Nofio Gwynedd	B	NT
4	Wrexham	A	NT

Event 219 Girls 17 & Over 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Nofio Bangor	A	NT

Event 221 Boys 11 & Over 100 LC Meter Backstroke

Name	Age	Team	Seed Time
11-12			
1 Groves, Jasper	12	Conwy	1:26.70
2 Richards, Dylan	11	Wrexham	1:29.80
3 Greaves, Dylan	12	Wrexham	1:32.30
4 Jones, Jac	12	Nofio Bangor	1:32.60
5 Oldfield, George	12	Newtown	1:33.90
6 Wood, Ifan	12	Denbigh Drag	1:34.97
7 Everett, Alfie	12	Chirk	1:39.00
8 Donnan, Samuel	11	Holywell	1:41.30
9 Meechan, Alexander	11	Conwy	1:41.30
10 Peers, Ronnie	11	Buckley	1:41.80
11 Lewis, Ilan	12	Nofio Gwynedd	1:42.13

13-14

1	de Haan, Charlie	13	Holywell	1:10.60
2	Mrozinski, Michal	14	Conwy	1:10.80
3	Williams, Heath	14	Wrexham	1:11.40
4	Nuttall, Harri	13	Rhyl Dolphin	1:14.55
5	Price, JJ	14	Buckley	1:14.90
6	Voice, Harry	14	Newtown	1:18.00
7	Mckeown, Noah	14	Holywell	1:18.80
8	Bury, Gracjan	14	Wrexham	1:19.00
9	Grimston, Max	14	Buckley	1:19.60
10	Grant, Zac Anthony	14	Nofio Gwynedd	1:22.66
11	Prior, Jakub	14	Wrexham	1:24.90
12	Carr, Javier Rocco Paul	14	Holywell	1:25.00
13	Lunt-Sullivan, Joe	13	Holywell	1:25.20
14	Davies, Madoc	14	Corwen	1:27.10
15	Sharp, Nathan	13	Mold	1:30.00
16	Bryant, Maxwell	13	Cambrian AA	1:35.50

15-16

1	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	1:06.16
2	Williams, Dylan	15	Wrexham	1:07.80
3	Jones, Tegid	16	Nofio Gwynedd	1:10.92
4	Leonard, Harrison	15	Conwy	1:11.10
5	Armstrong, Austin	16	Buckley	1:11.50
6	Donnan, George	15	Holywell	1:11.70

17 & Over

1	Hardy, Dewi	19	Wrexham	1:06.10
2	Leatherbarrow, Jack	18	Wrexham	1:06.30
3	Skelly, Connor	21	Wrexham	1:11.80

Event 222 Girls 11 & Over 800 LC Meter Freestyle

Name	Age	Team	Seed Time
11-12			
1 Hughes, Bethany	12	Conwy	13:39.20
13-14			
1 Elson, Caitlin	14	Wrexham	10:18.20
2 Chauhan, Amber	14	Nofio Bangor	10:35.18

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13-14...(#222 Girls 11 & Over 800 LC Meter Freestyle)

3	Gray-Thomas, Jessica	13	Conwy	10:45.40
4	Scott, Lucy	14	Conwy	11:04.00
5	Sayle, Jess	13	Conwy	13:06.40

15-16

1	Devin, Erin	16	Wrexham	9:35.50
2	Roberts, Mali	16	Nofio Gwynedd	10:11.11
3	Williams, Leah	15	Nofio Gwynedd	10:32.94
4	Sayle, Daisy	16	Conwy	10:36.40
5	Hughes, Nel	15	Nofio Gwynedd	10:43.29

17 & Over

1	Cust, Ciara	19	Conwy	9:39.60
2	Banks, Ella	17	Newtown	10:08.50
3	Worthington, Emma	18	Chirk	10:25.65

Event 223 Boys 11 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time	
11-12				
1	Evans, Jonas	12	Mold	1:09.80
2	Richards, Dylan	11	Wrexham	1:13.70
3	Hughes, George	12	Mold	1:14.50
4	Hall, Henry	11	Holywell	1:14.69
5	Baldwin, Issac	11	Rhyl Dolphin	1:19.93
6	Over, Arran	12	Buckley	1:20.70
7	Oldfield, George	12	Newtown	1:21.20
8	Greaves, Dylan	12	Wrexham	1:22.00
9	Jones, Jac	12	Nofio Bangor	1:24.30
10	Carroll, Josh	11	Ruthin	1:27.20
11	Donnan, Samuel	11	Holywell	1:27.20
12	Peers, Ronnie	11	Buckley	1:32.60

13-14

1	Evans, Jake	14	Wrexham	1:02.10
2	Mrozinski, Michal	14	Conwy	1:03.00
3	Jones-Walker, Noah	13	Holywell	1:04.00
4	de Haan, Charlie	13	Holywell	1:04.50
5	Edwards, Isaac	14	Wrexham	1:04.90
6	Price, JJ	14	Buckley	1:06.40
7	Miller, Ethan	13	Ruthin	1:06.90
8	Voice, Harry	14	Newtown	1:07.60
9	McCullagh, Patrick	14	Holywell	1:08.40
10	Gray-Thomas, Jayden	14	Conwy	1:09.10
11	Grimston, Max	14	Buckley	1:09.50
12	Worrall, Teddy	14	Wrexham	1:09.80
13	Prince, Taylor	13	Conwy	1:11.30
14	Lunt-Sullivan, Joe	13	Holywell	1:12.20
15	Prior, Jakub	14	Wrexham	1:12.20
16	Grant, Zac Anthony	14	Nofio Gwynedd	1:12.30
17	Bury, Gracjan	14	Wrexham	1:12.60
18	Carr, Javier Rocco Paul	14	Holywell	1:12.70
19	Hamer, Archie	13	Newtown	1:14.80
20	Mckeown, Noah	14	Holywell	1:15.00
21	Bryant, Maxwell	13	Cambrian AA	1:16.50
22	Rushton, Oliver	13	Buckley	1:22.80

15-16

1	Park, Reggie Samuel	16	Holywell	55.99
2	Meilleur, Elliot	16	Nofio Gwynedd	56.63
3	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	57.44
4	Jones, Tegid	16	Nofio Gwynedd	1:00.07

5	Williams, Dylan	15	Wrexham	1:00.20
6	McGrath, Archie	16	Nofio Bangor	1:00.96
7	Armstrong, Austin	16	Buckley	1:01.70
8	Baldwin, Thomas	15	Holywell	1:02.50
9	Donnan, George	15	Holywell	1:03.00
10	Price-Clishem, Dyfan	15	Nofio Gwynedd	1:03.85
11	Leonard, Harrison	15	Conwy	1:04.10
12	Owen, Finlay	16	Buckley	1:04.90
13	Gomery, Ethan	15	Buckley	1:06.80
14	Law, Henry	15	Holywell	1:08.90
15	Parry, Celt	16	Corwen	1:10.40
16	Jones, Euron	15	Nofio Gwynedd	1:11.50

17 & Over

1	Thomas, Lucas	18	Nofio Gwynedd	53.60
2	Lennon, Danny	18	Wrexham	53.70
3	Darbey, Rhys	19	Wrexham	54.00
4	Parry, Now	17	Nofio Gwynedd	58.09
5	Leatherbarrow, Jack	18	Wrexham	58.58
6	Hardy, Dewi	19	Wrexham	58.73
7	Hughes, Cai	17	Nofio Bangor	59.50
8	Langridge, Oliver	17	Holywell	59.90
9	Davies, Lewis	17	Nofio Gwynedd	1:00.09
10	Chauhan, Jai	17	Nofio Bangor	1:00.20
11	Angel, Ethan	22	Nofio Bangor	1:00.77
12	Owen, Luca	19	Holywell	1:01.67
13	Jones, Finley	18	Wrexham	1:08.00

Event 224 Girls 11 & Over 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
11-12				
1	Morgado, Carolina	12	Wrexham	3:16.20
2	Weatherhead, Emilie	12	Mold	3:19.70
3	Elson, Jessica	12	Wrexham	3:27.50
4	Williams, Phoebe	11	Holywell	3:27.60
5	Ashfield, Ophelia	12	Conwy	3:42.30
6	Elms, Darcey	11	Chirk	3:51.20
7	McCullagh, Casey	12	Holywell	3:51.90
8	Wilson-Pickles, Isla	11	Ruthin	3:54.15
9	Roberts, Lowri	12	Ruthin	3:57.13
10	Davies, Magi	11	Nofio Gwynedd	4:01.53
11	Turner, Skye	11	Holywell	4:19.20
13-14				
1	Roberts, Phoebe	14	Conwy	3:06.20
2	Howells, Betsi	13	Newtown	3:17.20
3	Upton, Lily	13	Wrexham	3:24.50
4	Skippon, Isabelle	14	Holywell	3:26.90
5	Mcperson, Millie	13	Holywell	3:28.00
6	Thomas, Sara	13	Nofio Bangor	3:35.20
7	Hughes, Hanna	13	Ruthin	3:37.93
8	Macken, Connie	14	Newtown	3:38.00
9	Parry, Neli	13	Nofio Gwynedd	3:42.63
10	Conroy, Celyn	14	Wrexham	3:43.00
11	Lewis, Sioned	14	Newtown	3:43.70
12	Ashbrook, Leila	14	Denbigh Drag	3:52.30
13	Williams, Megan	13	Nofio Gwynedd	3:56.50

15-16

1	Thomas, Serenity	16	Nofio Gwynedd	2:54.59
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15-16...(#224 Girls 11 & Over 200 LC Meter Breaststroke)

2	Lewis-Jones, Idele	15	Wrexham	2:57.90
3	Marsden, Pheobe	15	Conwy	2:59.40
4	Madra, Victoria	15	Wrexham	3:06.10
5	Jones, Mali	16	Nofio Gwynedd	3:06.76
6	Grant, Lucy	16	Nofio Gwynedd	3:19.94
7	Davies, Tilly	16	Corwen	3:20.30
8	Davies, Ffion	15	Chirk	3:28.50
9	Owen, Mali	15	Nofio Gwynedd	3:29.58
10	Flook, Juliet	15	Buckley	3:33.60

17 & Over

1	Davies, Ellen	17	Chirk	2:49.60
2	Williams, Cari	17	Nofio Gwynedd	2:51.53
3	Worthington, Emma	18	Chirk	2:57.80
4	Ogbeide, Samantha	17	Wrexham	3:25.99

Event 225 Boys 11-12 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Conwy	A	NT
2 Holywell	A	NT

Event 226 Boys 13-14 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Conwy	A	NT
2 Wrexham	A	NT
3 Holywell	A	NT

Event 227 Boys 15-16 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Nofio Gwynedd	A	NT
2 Holywell	A	NT

Event 228 Boys 17 & Over 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Nofio Gwynedd	A	NT
2 Wrexham	A	NT

Event 231 Girls 11 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time
11-12			
1 Morgado, Carolina	12	Wrexham	41.90
2 Weatherhead, Emilie	12	Mold	44.40
3 Batt, Charlotte	12	Holywell	44.40
4 Williams, Phoebe	11	Holywell	45.90
5 Jones, Betsy	12	Holywell	46.10
6 M'Keown, Emily	12	Holywell	46.53
7 Elson, Jessica	12	Wrexham	46.90
8 Halliwell, Morgan	12	Cambrian AA	48.00
9 Roberts, Lowri	12	Ruthin	48.74
10 McDonnell, Saoirse	12	Denbigh Drag	49.16
11 Thornton, Georgie	11	Chirk	49.40
12 Elms, Darcey	11	Chirk	50.30
13 Davies, Magi	11	Nofio Gwynedd	51.17
14 Wilson-Pickles, Isla	11	Ruthin	51.36
15 Mccullagh, Casey	12	Holywell	52.10
16 Jones, Chloe	12	Nofio Bangor	52.60
17 Kay, Poppy	12	Ruthin	52.72
18 Walsh, Seren	12	Buckley	53.00
19 McPherson, Freya	11	Holywell	53.10
20 Bailey, Seren	12	Holywell	53.60

21 Ewing, Samantha	12	Conwy	53.80
22 Houseman-Jones, Connie	12	Nofio Gwynedd	53.98
23 Turner, Skye	11	Holywell	54.50

13-14

1 Mellor, Medi	14	Nofio Bangor	37.00
2 Howells, Betsi	13	Newtown	39.71
3 Roberts, Phoebe	14	Conwy	41.00
4 Prevete, Sofia	14	Wrexham	41.50
5 Thomas, Sara	13	Nofio Bangor	42.70
6 Skippon, Isabelle	14	Holywell	43.10
7 Upton, Lily	13	Wrexham	44.18
8 Kenworthy, Emelia	14	Mold	44.60
9 Roberts, Cara-Non	14	Nofio Gwynedd	45.06
10 Hughes, Hanna	13	Ruthin	45.39
11 Mcpherson, Millie	13	Holywell	45.80
12 Clausen, Scarlett	14	Conwy	46.29
13 Holmes-Thompson, Telisha	14	Conwy	46.60
14 Nagib, Leila	13	Nofio Bangor	46.60
15 Ashbrook, Leila	14	Denbigh Drag	46.60
16 Lewis, Sioned	14	Newtown	47.00
17 Parry, Neli	13	Nofio Gwynedd	47.15
18 Blackburn, Millie	14	Cambrian AA	48.10
19 Macken, Connie	14	Newtown	48.50
20 Mainwaring, Ava	13	Chirk	48.70
21 Sayle, Jess	13	Conwy	49.10
22 Williams, Megan	13	Nofio Gwynedd	49.28
23 Zamirska, Julia	13	Buckley	52.10

15-16

1 Jones, Flora	16	Holywell	37.00
2 Williams, Leah	15	Nofio Gwynedd	37.77
3 Madra, Victoria	15	Wrexham	38.09
4 Marsden, Pheobe	15	Conwy	39.20
5 Lewis-Jones, Idele	15	Wrexham	39.20
6 Devin, Erin	16	Wrexham	39.20
7 Sutton, Emily	15	Nofio Gwynedd	39.28
8 Sayle, Daisy	16	Conwy	39.40
9 Batt, Clemence	15	Holywell	40.04
10 Lewis, Ela	16	Nofio Gwynedd	40.71
11 Jones, Mali	16	Nofio Gwynedd	41.10
12 Grant, Lucy	16	Nofio Gwynedd	41.18
13 Zamirska, Maja	15	Buckley	41.48
14 Thurston, Rene	15	Newtown	42.10
15 Roberts, Lucy	15	Nofio Bangor	42.30
16 Moulding, Edith	16	Wrexham	42.40
17 Jones, Rhiannon	15	Wrexham	43.30
18 Davies, Tilly	16	Corwen	43.50
19 Williams, Gwenno	15	Nofio Gwynedd	43.57
20 Owen, Mali	15	Nofio Gwynedd	44.14
21 Davies, Ffion	15	Chirk	44.36
22 Jones Churm, Nel	15	Nofio Gwynedd	44.38
23 Flook, Juliet	15	Buckley	45.40
24 Jones, Ffion	15	Newtown	45.60

17 & Over

1 Davies, Ellen	17	Chirk	35.48
2 Worthington, Emma	18	Chirk	36.18
3 Williams, Cari	17	Nofio Gwynedd	36.38
4 Johnson, Poppy	17	Holywell	37.50

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17 & Over...(#231 Girls 11 & Over 50 LC Meter Breaststroke)

5	Gillingham, Grace	22	Nofio Bangor	39.10
6	Jones, Myia	18	Wrexham	39.10
7	Jones, Emily	18	Holywell	39.60
8	Cherry, Rebecca	20	Nofio Bangor	42.00
9	Ogbeide, Samantha	17	Wrexham	42.90
10	Rashayi, Alexis	17	Wrexham	44.60

Event 232 Boys 11 & Over 200 LC Meter Butterfly

Name	Age	Team	Seed Time
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11-12

1	Thomas, Ralph	11	Holywell	3:19.40
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13-14

1	Evans, Jake	14	Wrexham	2:29.13
2	Nuttall, Harri	13	Rhyl Dolphin	2:44.47

15-16

1	Williams, Dylan	15	Wrexham	2:26.00
2	McGrath, Archie	16	Nofio Bangor	2:46.90

17 & Over

1	Darbey, Rhys	19	Wrexham	2:13.70
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Event 233 Girls 11 & Over 100 LC Meter Butterfly

Name	Age	Team	Seed Time
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11-12

1	Morgado, Carolina	12	Wrexham	1:18.80
2	Kendall, Ella	12	Conwy	1:20.10
3	Nash, Amber	12	Holywell	1:34.90
4	McDonnell, Saoirse	12	Denbigh Drag	1:36.32
5	Williams, Phoebe	11	Holywell	1:42.20
6	Wilson-Pickles, Isla	11	Ruthin	1:43.94

13-14

1	O'Hara, Noelle	13	Wrexham	1:11.00
2	Williams, Layla	14	Newtown	1:14.70
3	Prevete, Sofia	14	Wrexham	1:16.30
4	Williams, Daisy	14	Nofio Bangor	1:17.47
5	Chauhan, Amber	14	Nofio Bangor	1:18.10
6	Thomas-Owen, Efa	14	Nofio Gwynedd	1:18.36
7	Nagib, Leila	13	Nofio Bangor	1:33.60

15-16

1	Ach Rhys, Esvllt	16	Nofio Gwynedd	1:08.64
2	Roberts, Mali	16	Nofio Gwynedd	1:09.18
3	Synowiec, Amelia	16	Conwy	1:09.40
4	Hughes, Nel	15	Nofio Gwynedd	1:10.15
5	Sutton, Emily	15	Nofio Gwynedd	1:11.78
6	Williams, Gwenno	15	Nofio Gwynedd	1:14.53
7	Williams, Leah	15	Nofio Gwynedd	1:16.26
8	Jones, Flora	16	Holywell	1:16.30
9	Thurston, Rene	15	Newtown	1:17.00
10	Grant, Lucy	16	Nofio Gwynedd	1:17.53
11	Lendnau-Moulton, Ava	15	Wrexham	1:18.10
12	Williams, Kiera	15	Conwy	1:18.80
13	Williams, Lyla	15	Conwy	1:20.80
14	Ross, Bianca	15	Wrexham	1:22.20
15	Lewis, Amelia	15	Buckley	1:23.80
16	Pritchard, Poppy	15	Wrexham	1:26.20
17	Zamirska, Maja	15	Buckley	1:29.60

17 & Over

1	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:06.14
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2	Cyster, Rowan	22	Nofio Bangor	1:07.71
3	Jones, Myia	18	Wrexham	1:09.40
4	Jones, Martha	17	Conwy	1:10.20
5	Hughes, Mari	19	Nofio Bangor	1:12.16
6	Rogerson, Heidi S10	19	Holywell	1:29.83

Event 234 Boys 11 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1	Evans, Jonas	12	Mold	5:07.20
2	Oldfield, George	12	Newtown	6:01.40
3	Greaves, Dylan	12	Wrexham	6:22.90
4	Baldwin, Issac	11	Rhyl Dolphin	6:23.65
5	Jones, Jac	12	Nofio Bangor	6:27.00
6	Wood, Ifan	12	Denbigh Drag	6:37.77
7	Roberts, William	12	Nofio Bangor	6:42.50

13-14

1	Evans, Jake	14	Wrexham	4:44.90
2	McCullagh, Patrick	14	Holywell	4:49.70
3	Williams, Heath	14	Wrexham	5:08.41
4	Jones-Walker, Noah	13	Holywell	5:10.00
5	Prince, Taylor	13	Conwy	5:27.90
6	Lunt-Sullivan, Joe	13	Holywell	5:28.90
7	Miller, Ethan	13	Ruthin	5:32.06
8	Grant, Zac Anthony	14	Nofio Gwynedd	5:42.61

15-16

1	Park, Reggie Samuel	16	Holywell	4:20.81
2	Meilleur, Elliot	16	Nofio Gwynedd	4:35.24
3	Baldwin, Thomas	15	Holywell	4:40.01
4	Jones, Tegid	16	Nofio Gwynedd	4:42.25
5	Donnan, George	15	Holywell	4:47.90

17 & Over

1	Williams, Owen	17	Nofio Gwynedd	4:29.28
2	Parry, Now	17	Nofio Gwynedd	4:30.20
3	Chauhan, Jai	17	Nofio Bangor	4:32.70
4	Leatherbarrow, Jack	18	Wrexham	4:32.86

Event 235 Girls 11 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1	Kendall, Ella	12	Conwy	2:35.60
2	M'Keown, Emily	12	Holywell	2:36.20
3	Jones, Betsy	12	Holywell	2:45.10
4	Weatherhead, Emilie	12	Mold	2:50.20
5	Elson, Jessica	12	Wrexham	2:52.88
6	Halliwel, Morgan	12	Cambrian AA	2:53.90
7	Evans, Amelia	11	Wrexham	2:57.30
8	Wilson-Pickles, Isla	11	Ruthin	2:58.53
9	Williams, Phoebe	11	Holywell	2:59.20
10	Houseman-Jones, Connie	12	Nofio Gwynedd	2:59.73
11	Kay, Poppy	12	Ruthin	3:05.62
12	Williams, Heidi	12	Wrexham	3:07.50
13	Odonnell, Emily	12	Nofio Bangor	3:13.10
14	Roberts, Lowri	12	Ruthin	3:15.75
15	Davies, Magi	11	Nofio Gwynedd	3:20.39

13-14

1	Mellor, Medi	14	Nofio Bangor	2:14.90
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13-14...(#235 Girls 11 & Over 200 LC Meter Freestyle)

2	O'Hara, Noelle	13	Wrexham	2:19.97
3	Prevete, Sofia	14	Wrexham	2:20.60
4	Gray-Thomas, Jessica	13	Conwy	2:24.30
5	Eyre, Maiya	14	Buckley	2:25.58
6	Elson, Caitlin	14	Wrexham	2:28.01
7	Williams, Layla	14	Newtown	2:30.30
8	Thomas-Owen, Efa	14	Nofio Gwynedd	2:32.00
9	Scott, Lucy	14	Conwy	2:34.70
10	Francis, Molly	14	Newtown	2:35.90
11	Roberts, Cara-Non	14	Nofio Gwynedd	2:38.29
12	Edwards, Beca	13	Nofio Gwynedd	2:40.60
13	Upton, Lily	13	Wrexham	2:41.50
14	Skippon, Isabelle	14	Holywell	2:48.00
15	Parry, Neli	13	Nofio Gwynedd	2:48.65
16	McCormack, Emily	14	Buckley	2:50.20
17	Nagib, Leila	13	Nofio Bangor	2:51.50
18	Banks, Charlotte	13	Newtown	2:53.70
19	Williams, Megan	13	Nofio Gwynedd	2:53.80
20	Sayle, Jess	13	Conwy	2:58.30

15-16

1	Thomas, Serenity	16	Nofio Gwynedd	2:13.78
2	Ach Rhys, Esyllt	16	Nofio Gwynedd	2:15.51
3	Roberts, Mali	16	Nofio Gwynedd	2:15.98
4	Edwards, Alaw	16	Nofio Gwynedd	2:17.54
5	Williams, Gwenno	15	Nofio Gwynedd	2:21.40
6	Taylor, Rebecca	16	Wrexham	2:22.70
7	McCooole-Jones, Elen	15	Holywell	2:22.98
8	Jones, Mali	16	Nofio Gwynedd	2:24.84
9	Madra, Victoria	15	Wrexham	2:25.40
10	Thurston, Rene	15	Newtown	2:28.60
11	Roberts, Lucy	15	Nofio Bangor	2:29.20
12	Jones Churm, Nel	15	Nofio Gwynedd	2:29.37
13	Williams, Kiera	15	Conwy	2:33.10
14	Hornby, Isabel	16	Nofio Gwynedd	2:33.98
15	Pimble, Bethan	15	Chirk	2:42.30
16	Moulding, Edith	16	Wrexham	2:42.90
17	Davies, Tilly	16	Corwen	2:44.30
18	Pritchard, Poppy	15	Wrexham	2:48.40
19	Williams, Lyla	15	Conwy	2:48.80
20	Davies, Ffion	15	Chirk	2:49.10
21	Odonnell, Isla	15	Nofio Bangor	2:49.60

17 & Over

1	Humphreys, Ffion	18	Nofio Gwynedd	2:08.10
2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:13.53
3	Cust, Ciara	19	Conwy	2:13.90
4	Worthington, Emma	18	Chirk	2:14.70
5	Hellfeld, Beatrix	19	Nofio Bangor	2:17.80
6	Cyster, Rowan	22	Nofio Bangor	2:18.00
7	Banks, Ella	17	Newtown	2:21.60
8	Johnson, Poppy	17	Holywell	2:22.16
9	Hughes, Mari	19	Nofio Bangor	2:23.00
10	Gillingham, Grace	22	Nofio Bangor	2:23.30
11	Williams, Cari	17	Nofio Gwynedd	2:25.21

Event 236 Boys 11-12 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	
1	Holywell	A	NT

Event 237 Boys 13-14 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	
1	Conwy	A	NT
2	Wrexham	A	NT
3	Holywell	A	NT

Event 238 Boys 15-16 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	
1	Nofio Gwynedd	A	NT
2	Holywell	A	NT

Event 239 Boys 17 & Over 4x100 LC Meter Medley Relay

Team	Relay	Seed Time	
1	Nofio Gwynedd	A	NT
2	Wrexham	A	NT

Event 311 Girls 11 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	
11-12				
1	Morgado, Carolina	12	Wrexham	2:49.40
2	M'Keown, Emily	12	Holywell	2:52.60
3	Kendall, Ella	12	Conwy	2:55.40
4	Weatherhead, Emilie	12	Mold	3:06.50
5	Jones, Betsy	12	Holywell	3:12.70
6	Haydon, Francesca	12	Chirk	3:16.80
7	Twist, Bella	12	Rhyl Dolphin	3:17.38
8	Nash, Amber	12	Holywell	3:17.70
9	Wilson-Pickles, Isla	11	Ruthin	3:19.05
10	Owen, Beca	12	Nofio Gwynedd	3:21.79
11	Williams, Phoebe	11	Holywell	3:25.10
12	Ashfield, Ophelia	12	Conwy	3:27.60
13	Hughes, Bethany	12	Conwy	3:28.30
14	Kay, Poppy	12	Ruthin	3:28.91
15	McDonnell, Saoirse	12	Denbigh Drag	3:31.35
16	Roberts, Lowri	12	Ruthin	3:33.41
17	Houseman-Jones, Connie	12	Nofio Gwynedd	3:33.94
18	Davies, Magi	11	Nofio Gwynedd	3:41.93
19	Thomas, Isabelle	12	Wrexham	3:47.50
20	Thornton, Georgie	11	Chirk	3:56.20

13-14

1	Mellor, Medi	14	Nofio Bangor	2:33.30
2	O'Hara, Noelle	13	Wrexham	2:39.70
3	Prevete, Sofia	14	Wrexham	2:41.00
4	Gray-Thomas, Jessica	13	Conwy	2:44.70
5	Williams, Layla	14	Newtown	2:46.60
6	Chauhan, Amber	14	Nofio Bangor	2:47.70
7	Elson, Caitlin	14	Wrexham	2:49.60
8	Williams, Daisy	14	Nofio Bangor	2:53.60
9	Francis, Molly	14	Newtown	2:56.80
10	Conlin, Layla	14	Wrexham	3:00.30
11	Howells, Betsi	13	Newtown	3:00.40
12	Roberts, Cara-Non	14	Nofio Gwynedd	3:02.45
13	Owen, Awel	14	Nofio Gwynedd	3:03.53
14	Edwards, Beca	13	Nofio Gwynedd	3:03.93
15	McIntyre, Matilda	14	Holywell	3:05.70
16	Upton, Lily	13	Wrexham	3:05.70
17	Davies, Mali	13	Nofio Gwynedd	3:09.34

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13-14...(#311 Girls 11 & Over 200 LC Meter IM)

18	Parry, Neli	13	Nofio Gwynedd	3:10.18
19	Nagib, Leila	13	Nofio Bangor	3:13.00
20	Macken, Connie	14	Newtown	3:15.20
21	Walling, Iola	14	Conwy	3:17.30
22	Kenworthy, Emelia	14	Mold	3:17.60
23	Pritchard, Amelia	13	Chirk	3:17.70
24	Currie, Sophie	13	Chirk	3:19.10
25	Conroy, Celyn	14	Wrexham	3:19.70
26	Mainwaring, Ava	13	Chirk	3:21.70
27	Williams, Megan	13	Nofio Gwynedd	3:23.92
28	Lewis, Sioned	14	Newtown	3:24.80
29	Thomas, Sara	13	Nofio Bangor	3:25.00
30	Spencer, Jade	13	Conwy	3:25.50
31	Owen, Taya-Mai	13	Chirk	3:26.10

15-16

1	Thomas, Serenity	16	Nofio Gwynedd	2:30.35
2	Ach Rhys, Emyllt	16	Nofio Gwynedd	2:34.36
3	Roberts, Mali	16	Nofio Gwynedd	2:35.96
4	Edwards, Alaw	16	Nofio Gwynedd	2:36.21
5	Lewis-Jones, Idele	15	Wrexham	2:37.00
6	Hughes, Nel	15	Nofio Gwynedd	2:40.17
7	Jones, Flora	16	Holywell	2:41.30
8	Jones, Mali	16	Nofio Gwynedd	2:42.15
9	Williams, Leah	15	Nofio Gwynedd	2:43.41
10	Williams, Gwenno	15	Nofio Gwynedd	2:44.74
11	Thurston, Rene	15	Newtown	2:46.10
12	Sayle, Daisy	16	Conwy	2:46.70
13	McCooile-Jones, Elen	15	Holywell	2:47.20
14	Grant, Lucy	16	Nofio Gwynedd	2:49.48
15	Williams, Cari	16	Nofio Gwynedd	2:49.50
16	Lendnau-Moulton, Ava	15	Wrexham	2:52.40
17	Moulding, Edith	16	Wrexham	2:53.70
18	Williams, Kiera	15	Conwy	2:54.50
19	Morrison, Sophia	16	Mold	2:56.20
20	Jones Churm, Nel	15	Nofio Gwynedd	2:56.36
21	Williams, Lyla	15	Conwy	2:57.80
22	Pritchard, Poppy	15	Wrexham	2:58.90
23	Griffiths, Arwenna	15	Mold	3:00.20
24	Ross, Bianca	15	Wrexham	3:00.60
25	Lewis, Amelia	15	Buckley	3:05.40
26	Jones, Rhiannon	15	Wrexham	3:13.30
27	Odonnell, Isla	15	Nofio Bangor	3:20.80

17 & Over

1	Humphreys, Ffion	18	Nofio Gwynedd	2:29.44
2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	2:30.08
3	Williams, Cari	17	Nofio Gwynedd	2:36.40
4	Jones, Myia	18	Wrexham	2:36.80
5	Gillingham, Grace	22	Nofio Bangor	2:38.47
6	Hughes, Mari	19	Nofio Bangor	2:38.80
7	Cyster, Rowan	22	Nofio Bangor	2:41.54
8	Carr, Jenaya Jewell	19	Holywell	2:42.20
9	Davies, Ellen	17	Chirk	2:42.63
10	Ellis, Lily	19	Welshpool	2:53.99
11	Cherry, Rebecca	20	Nofio Bangor	3:00.80
12	Rich, Ffion	17	Holywell	3:08.20

Event 312 Boys 11 & Over 400 LC Meter IM

	Name	Age	Team	Seed Time
11-12				
1	Evans, Jonas	12	Mold	6:09.90
2	Hughes, George	12	Mold	6:31.50
13-14				
1	Evans, Jake	14	Wrexham	5:22.00
2	Nuttall, Harri	13	Rhyl Dolphin	5:42.54
3	Miller, Ethan	13	Ruthin	5:59.78
4	Grant, Zac Anthony	14	Nofio Gwynedd	6:35.89
15-16				
1	Williams, Dylan	15	Wrexham	5:15.00
17 & Over				
1	Angel, Ethan	22	Nofio Bangor	5:24.80
2	Langridge, Oliver	17	Holywell	5:32.47

Event 313 Girls 11 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time
11-12				
1	Weatherhead, Emilie	12	Mold	1:34.90
2	Williams, Phoebe	11	Holywell	1:37.20
3	Batt, Charlotte	12	Holywell	1:37.30
4	Elson, Jessica	12	Wrexham	1:39.10
5	Halliwel, Morgan	12	Cambrian AA	1:43.00
6	Twist, Bella	12	Rhyl Dolphin	1:44.37
7	Owen, Beca	12	Nofio Gwynedd	1:45.36
8	Thomas, Isabelle	12	Wrexham	1:45.40
9	Elms, Darcey	11	Chirk	1:46.40
10	Ashfield, Ophelia	12	Conwy	1:46.40
11	Roberts, Lowri	12	Ruthin	1:48.22
12	Haydon, Francesca	12	Chirk	1:48.50
13	Thornton, Georgie	11	Chirk	1:49.80
14	McPherson, Freya	11	Holywell	1:52.60
15	Davies, Magi	11	Nofio Gwynedd	1:54.71
16	Jones, Chloe	12	Nofio Bangor	1:55.10
17	Walsh, Seren	12	Buckley	1:55.20
18	Langridge, Martha	12	Holywell	1:57.00
19	Houseman-Jones, Connie	12	Nofio Gwynedd	1:58.93
20	Elliston-Palanova, Vera	12	Nofio Gwynedd	1:59.04
21	Turner, Skye	11	Holywell	2:03.60
22	Foster, Lottie	11	Chirk	2:04.90
13-14				
1	Roberts, Phoebe	14	Conwy	1:28.10
2	Howells, Betsi	13	Newtown	1:30.10
3	Skippon, Isabelle	14	Holywell	1:35.30
4	Owen, Awel	14	Nofio Gwynedd	1:36.05
5	Mcpherson, Millie	13	Holywell	1:36.40
6	Upton, Lily	13	Wrexham	1:36.60
7	Kenworthy, Emelia	14	Mold	1:37.80
8	Thomas, Sara	13	Nofio Bangor	1:38.00
9	Conlin, Layla	14	Wrexham	1:38.10
10	Charlesworth, Aoife	14	Wrexham	1:38.80
11	Blackburn, Mazie	14	Cambrian AA	1:41.50
12	Mainwaring, Ava	13	Chirk	1:41.90
13	Macken, Connie	14	Newtown	1:42.90
14	Walling, Iola	14	Conwy	1:43.38

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13-14...(#313 Girls 11 & Over 100 LC Meter Breaststroke)

15	Lewis, Sioned	14	Newtown	1:44.00
16	Davies, Mali	13	Nofio Gwynedd	1:44.07
17	Blackburn, Millie	14	Cambrian AA	1:46.30
18	Conroy, Celyn	14	Wrexham	1:47.00
19	Spencer, Jade	13	Conwy	1:47.50
20	Owen, Taya-Mai	13	Chirk	1:51.10

15-16

1	Jones, Flora	16	Holywell	1:19.00
2	Lewis-Jones, Idele	15	Wrexham	1:23.90
3	Marsden, Pheobe	15	Conwy	1:24.90
4	Madra, Victoria	15	Wrexham	1:26.18
5	Sutton, Emily	15	Nofio Gwynedd	1:26.33
6	Batt, Clemence	15	Holywell	1:28.60
7	Synowiec, Amelia	16	Conwy	1:30.00
8	Griffiths, Arwenna	15	Mold	1:32.60
9	Williams, Lyla	15	Conwy	1:32.90
10	Moulding, Edith	16	Wrexham	1:33.80
11	Owen, Mali	15	Nofio Gwynedd	1:34.86
12	Jones, Rhiannon	15	Wrexham	1:35.20
13	Smith, Brooke	15	Conwy	1:36.90
14	Davies, Ffion	15	Chirk	1:37.30
15	Kowal, Emilia	15	Wrexham	1:38.00
16	Mitchelmore, Anna	15	Nofio Gwynedd	1:38.94
17	Jones, Ffion	15	Newtown	1:39.50
18	Flook, Juliet	15	Buckley	1:40.70

17 & Over

1	Williams, Cari	17	Nofio Gwynedd	1:17.62
2	Worthington, Emma	18	Chirk	1:18.30
3	Davies, Ellen	17	Chirk	1:18.90
4	Johnson, Poppy	17	Holywell	1:21.10
5	Jones, Emily	18	Holywell	1:26.00
6	Roberts, Lucy	17	Nofio Bangor	1:28.90
7	Ogbeide, Samantha	17	Wrexham	1:34.60

Event 314 Boys 11 & Over 200 LC Meter Backstroke

Name	Age	Team	Seed Time
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11-12

1	Over, Arran	12	Buckley	3:07.50
2	Jones, Jac	12	Nofio Bangor	3:23.20

13-14

1	de Haan, Charlie	13	Holywell	2:30.60
2	Williams, Heath	14	Wrexham	2:30.70
3	Gray-Thomas, Jayden	14	Conwy	2:46.50
4	Mckeown, Noah	14	Holywell	2:48.30
5	Gray-Williams, Morgan	14	Conwy	2:52.20
6	Lunt-Sullivan, Joe	13	Holywell	3:00.30

15-16

1	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:21.57
2	Williams, Dylan	15	Wrexham	2:30.10
3	Armstrong, Austin	16	Buckley	2:30.60
4	Jones, Tegid	16	Nofio Gwynedd	2:31.56
5	Donnan, George	15	Holywell	2:33.80
6	Leonard, Harrison	15	Conwy	2:35.30
7	McGrath, Archie	16	Nofio Bangor	2:35.60

17 & Over

1	Parry, Now	17	Nofio Gwynedd	2:28.48
2	Davies, Lewis	17	Nofio Gwynedd	2:35.36

Event 315 Girls 11 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1	M'Keown, Emily	12	Holywell	30.90
2	Kendall, Ella	12	Conwy	33.80
3	Jones, Betsy	12	Holywell	34.80
4	Twist, Bella	12	Rhyl Dolphin	34.91
5	Nash, Amber	12	Holywell	35.10
6	Halliwell, Morgan	12	Cambrian AA	35.60
7	McDonnell, Saoirse	12	Denbigh Drag	36.22
8	Haydon, Francesca	12	Chirk	36.50
9	Elson, Jessica	12	Wrexham	36.60
10	Kentell, Kaya	12	Chirk	36.90
11	Owen, Beca	12	Nofio Gwynedd	37.07
12	Ashfield, Ophelia	12	Conwy	37.10
13	Lazarova, Victoria	12	Holywell	37.30
14	Walsh, Seren	12	Buckley	37.31
15	Williams, Phoebe	11	Holywell	37.40
16	Houseman-Jones, Connie	12	Nofio Gwynedd	37.47
17	Johnson, Chloe	12	Cambrian AA	37.70
18	Wilson-Pickles, Isla	11	Ruthin	37.80
19	Evans, Amelia	11	Wrexham	37.80
20	Williams, Heidi	12	Wrexham	37.80
21	Ewing, Samantha	12	Conwy	38.10
22	Hughes, Bethany	12	Conwy	38.47
23	Langridge, Martha	12	Holywell	38.60
24	Jones, Ceti	12	Nofio Gwynedd	38.61
25	Kay, Poppy	12	Ruthin	38.66
26	Roberts, Lowri	12	Ruthin	38.89
27	Brown, Willow	12	Holywell	39.77
28	Davies, Magi	11	Nofio Gwynedd	39.92
29	Thornton, Georgie	11	Chirk	40.20
30	Elms, Darcey	11	Chirk	40.50
31	Turner, Skye	11	Holywell	40.60
32	Thomas, Isabelle	12	Wrexham	40.70
33	Francis, Annie	11	Newtown	41.20
34	Odonnell, Emily	12	Nofio Bangor	41.30
35	McPherson, Freya	11	Holywell	41.40
36	James, Zoe	12	Ruthin	41.85

13-14

1	Mellor, Medi	14	Nofio Bangor	28.60
2	Prevete, Sofia	14	Wrexham	29.45
3	O'Hara, Noelle	13	Wrexham	29.80
4	Elson, Caitlin	14	Wrexham	30.31
5	Williams, Layla	14	Newtown	30.90
6	Eyre, Maiya	14	Buckley	31.00
7	Gray-Thomas, Jessica	13	Conwy	31.19
8	Scott, Lucy	14	Conwy	31.70
9	Roberts, Cara-Non	14	Nofio Gwynedd	31.98
10	Williams, Daisy	14	Nofio Bangor	32.21
11	Francis, Molly	14	Newtown	32.50
12	Chauhan, Amber	14	Nofio Bangor	32.66
13	Roberts, Phoebe	14	Conwy	32.70
14	Thomas-Owen, Efa	14	Nofio Gwynedd	32.89
15	Howells, Betsi	13	Newtown	32.90
16	Conlin, Layla	14	Wrexham	33.00

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13-14...(#315 Girls 11 & Over 50 LC Meter Freestyle)

17	Parry, Neli	13	Nofio Gwynedd	33.05
18	Kenworthy, Emelia	14	Mold	33.20
19	Skippon, Isabelle	14	Holywell	33.30
20	Edwards, Beca	13	Nofio Gwynedd	33.37
21	Clausen, Scarlett	14	Conwy	33.41
22	Owen, Awel	14	Nofio Gwynedd	33.65
23	Nagib, Leila	13	Nofio Bangor	33.70
24	Walling, Iola	14	Conwy	33.80
25	Davies, Mali	13	Nofio Gwynedd	34.08
26	Holmes-Thompson, Telisha	14	Conwy	34.20
27	Holland, Eva	13	Chirk	34.50
28	Fisher, Eliza	14	Wrexham	34.50
29	Blackburn, Mazie	14	Cambrian AA	34.60
30	Williams, Megan	13	Nofio Gwynedd	35.01
31	Upton, Lily	13	Wrexham	35.10
32	McIntyre, Matilda	14	Holywell	35.70
33	Horrocks, Grace	14	Chirk	35.80
34	Blackburn, Millie	14	Cambrian AA	35.90
35	McCormack, Emily	14	Buckley	36.10
36	Pritchard, Amelia	13	Chirk	36.30
37	Conroy, Celyn	14	Wrexham	36.40
38	Currie, Sophie	13	Chirk	36.50
39	Davies, Camilla	13	Conwy	36.50
40	Banks, Charlotte	13	Newtown	36.60
41	Mcperson, Millie	13	Holywell	36.60
42	Sayle, Jess	13	Conwy	36.80
43	Thomas, Sara	13	Nofio Bangor	37.07
44	Griffiths, Eva	14	Wrexham	37.50
45	Charlesworth, Aoife	14	Wrexham	37.50
46	Owen, Taya-Mai	13	Chirk	37.60
47	Macken, Connie	14	Newtown	37.80
48	Lewis, Sioned	14	Newtown	37.90
49	Mainwaring, Ava	13	Chirk	38.80

15-16

1	Edwards, Alaw	16	Nofio Gwynedd	28.62
2	Devin, Erin	16	Wrexham	29.06
3	Hughes, Nel	15	Nofio Gwynedd	29.16
4	Ach Rhys, Esyllt	16	Nofio Gwynedd	29.45
5	Roberts, Mali	16	Nofio Gwynedd	29.65
6	Sutton, Emily	15	Nofio Gwynedd	29.66
7	Williams, Leah	15	Nofio Gwynedd	29.68
8	Taylor, Rebecca	16	Wrexham	30.20
9	McCooole-Jones, Elen	15	Holywell	30.25
10	Thurston, Rene	15	Newtown	30.26
11	Jones, Flora	16	Holywell	30.40
12	Synowiec, Amelia	16	Conwy	30.50
13	Grant, Lucy	16	Nofio Gwynedd	30.67
14	Williams, Cari	16	Nofio Gwynedd	30.76
15	Sayle, Daisy	16	Conwy	30.95
16	Williams, Gwenno	15	Nofio Gwynedd	31.01
17	Jones Churm, Nel	15	Nofio Gwynedd	31.03
18	Jones, Mali	16	Nofio Gwynedd	31.09
19	Morrison, Sophia	16	Mold	31.10
20	Lewis-Jones, Idele	15	Wrexham	31.10
21	Lendnau-Moulton, Ava	15	Wrexham	31.20
22	Madra, Victoria	15	Wrexham	31.27
23	Batt, Clemence	15	Holywell	31.28

24	Marsden, Pheobe	15	Conwy	31.60
25	Bradshaw, Eden	15	Chirk	31.70
26	Griffiths, Arwenna	15	Mold	31.80
27	Moulding, Edith	16	Wrexham	31.90
28	Pimble, Bethan	15	Chirk	32.16
29	Mitchelmore, Anna	15	Nofio Gwynedd	32.79
30	Hopwood, Megan	15	Buckley	33.00
31	Hornby, Isabel	16	Nofio Gwynedd	33.28
32	Rimmer, Tilly	15	Holywell	33.40
33	Ross, Bianca	15	Wrexham	33.40
34	Pritchard, Poppy	15	Wrexham	33.60
35	Jones, Hannah	16	Nofio Gwynedd	33.75
36	Lewis, Amelia	15	Buckley	33.80
37	Jones, Ffion	15	Newtown	34.10
38	Jones, Rhiannon	15	Wrexham	34.20
39	Davies, Ffion	15	Chirk	34.80
40	Smith, Brooke	15	Conwy	35.00
41	Owen, Mali	15	Nofio Gwynedd	35.21
42	Kowal, Emilia	15	Wrexham	35.50
43	Odonnell, Isla	15	Nofio Bangor	36.00

17 & Over

1	Dwyfor-Clark, Efa	17	Nofio Gwynedd	27.55
2	Worthington, Emma	18	Chirk	28.60
3	Cust, Ciara	19	Conwy	28.88
4	Davis, Charlie	26	Nofio Bangor	29.34
5	Hughes, Mari	19	Nofio Bangor	29.40
6	Gillingham, Grace	22	Nofio Bangor	29.40
7	Banks, Ella	17	Newtown	29.50
8	Jones, Myia	18	Wrexham	29.61
9	Hellfeld, Beatrix	19	Nofio Bangor	29.73
10	Cyster, Rowan	22	Nofio Bangor	29.89
11	Johnson, Poppy	17	Holywell	29.90
12	Goodman, Casi	17	Nofio Gwynedd	29.96
13	Williams, Cari	17	Nofio Gwynedd	29.99
14	Jones, Martha	17	Conwy	30.20
15	Jones, Emily	18	Holywell	30.70
16	Carr, Jenaya Jewell	19	Holywell	30.72
17	Ellis, Lily	19	Welshpool	31.24
18	Roberts, Lucy	17	Nofio Bangor	31.66
19	Williams, Rhona	24	Chirk	32.00
20	Rich, Ffion	17	Holywell	34.50

Event 316 Boys 11-12 4x200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Conwy	A	NT
2	Holywell	A	NT

Event 317 Boys 13-14 4x200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Conwy	A	NT
2	Wrexham	A	NT
3	Holywell	A	NT

Event 318 Boys 15-16 4x200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Nofio Gwynedd	A	NT
2	Holywell	A	NT

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Event 319 Boys 17 & Over 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 Nofio Gwynedd	A	NT

Event 321 Girls 11 & Over 100 LC Meter Backstroke

Name	Age	Team	Seed Time
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11-12

1 Morgado, Carolina	12	Wrexham	1:19.90
2 M'Keown, Emily	12	Holywell	1:21.40
3 Jones, Betsy	12	Holywell	1:23.60
4 Wilson-Pickles, Isla	11	Ruthin	1:28.85
5 Hughes, Bethany	12	Conwy	1:29.99
6 Elson, Jessica	12	Wrexham	1:30.30
7 Nash, Amber	12	Holywell	1:30.80
8 Ashfield, Ophelia	12	Conwy	1:31.80
9 Houseman-Jones, Connie	12	Nofio Gwynedd	1:33.24
10 Evans, Amelia	11	Wrexham	1:34.10
11 Kay, Poppy	12	Ruthin	1:34.45
12 Johnson, Chloe	12	Cambrian AA	1:34.60
13 Williams, Phoebe	11	Holywell	1:37.20
14 Odonnell, Emily	12	Nofio Bangor	1:38.00
15 Williams, Heidi	12	Wrexham	1:38.50
16 Bailey, Seren	12	Holywell	1:39.92
17 Roberts, Lowri	12	Ruthin	1:40.58
18 Francis, Annie	11	Newtown	1:44.50
19 Wright, Esmi	11	Nofio Gwynedd	1:48.41

13-14

1 Eyre, Maiya	14	Buckley	1:14.48
2 Williams, Layla	14	Newtown	1:15.40
3 Francis, Molly	14	Newtown	1:16.80
4 Roberts, Phoebe	14	Conwy	1:17.00
5 Scott, Lucy	14	Conwy	1:20.58
6 Thomas-Owen, Efa	14	Nofio Gwynedd	1:22.67
7 Roberts, Cara-Non	14	Nofio Gwynedd	1:23.06
8 McIntyre, Matilda	14	Holywell	1:24.00
9 Edwards, Beca	13	Nofio Gwynedd	1:24.15
10 Howells, Betsi	13	Newtown	1:24.40
11 Holmes-Thompson, Telisha	14	Conwy	1:25.10
12 McCormack, Emily	14	Buckley	1:26.20
13 Currie, Sophie	13	Chirk	1:26.80
14 Skippon, Isabelle	14	Holywell	1:26.80
15 Nagib, Leila	13	Nofio Bangor	1:28.30
16 Upton, Lily	13	Wrexham	1:28.40
17 Pritchard, Amelia	13	Chirk	1:28.50
18 Conlin, Layla	14	Wrexham	1:28.80
19 Owen, Awel	14	Nofio Gwynedd	1:29.37
20 Walling, Iola	14	Conwy	1:29.70
21 Fisher, Eliza	14	Wrexham	1:30.70
22 Williams, Megan	13	Nofio Gwynedd	1:31.44
23 Davies, Camilla	13	Conwy	1:31.50
24 Davies, Mali	13	Nofio Gwynedd	1:32.08
25 Charlesworth, Aoife	14	Wrexham	1:33.60
26 Banks, Charlotte	13	Newtown	1:34.00
27 Parry, Neli	13	Nofio Gwynedd	1:34.96
28 Owen, Taya-Mai	13	Chirk	1:36.60

15-16

1 Edwards, Alaw	16	Nofio Gwynedd	1:08.22
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2 Thomas, Serenity	16	Nofio Gwynedd	1:08.25
3 McCool-Jones, Elen	15	Holywell	1:11.40
4 Thurston, Rene	15	Newtown	1:12.00
5 Williams, Leah	15	Nofio Gwynedd	1:13.19
6 Lewis-Jones, Idele	15	Wrexham	1:13.40
7 Hughes, Nel	15	Nofio Gwynedd	1:13.50
8 Lendnau-Moulton, Ava	15	Wrexham	1:14.50
9 Grant, Lucy	16	Nofio Gwynedd	1:16.68
10 Hornby, Isabel	16	Nofio Gwynedd	1:16.79
11 Williams, Gwenno	15	Nofio Gwynedd	1:17.01
12 Batt, Clemence	15	Holywell	1:18.50
13 Pimble, Bethan	15	Chirk	1:18.60
14 Moulding, Edith	16	Wrexham	1:19.10
15 Jones Churm, Nel	15	Nofio Gwynedd	1:20.62
16 Rimmer, Tilly	15	Holywell	1:21.50
17 Hopwood, Megan	15	Buckley	1:21.70
18 Morrison, Sophia	16	Mold	1:22.40
19 Griffiths, Arwenna	15	Mold	1:22.60
20 Pritchard, Poppy	15	Wrexham	1:23.00
21 Williams, Kiera	15	Conwy	1:25.10
22 Mitchelmore, Anna	15	Nofio Gwynedd	1:26.62
23 Jones, Hannah	16	Nofio Gwynedd	1:28.15
24 Owen, Mali	15	Nofio Gwynedd	1:30.75

17 & Over

1 Humphreys, Ffion	18	Nofio Gwynedd	1:04.72
2 Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:05.51
3 Gillingham, Grace	22	Nofio Bangor	1:08.20
4 Hellfeld, Beatrix	19	Nofio Bangor	1:10.10
5 Jones, Myia	18	Wrexham	1:11.10
6 Davies, Ellen	17	Chirk	1:14.00
7 Jones, Emily	18	Holywell	1:15.20
8 Williams, Cari	17	Nofio Gwynedd	1:16.69
9 Ellis, Lily	19	Welshpool	1:16.93
10 Goodman, Casi	17	Nofio Gwynedd	1:17.86
11 Rogerson, Heidi S10	19	Holywell	1:23.57
12 Rich, Ffion	17	Holywell	1:24.40

Event 322 Boys 11 & Over 800 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1 Evans, Jonas	12	Mold	10:39.90
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13-14

1 McCullagh, Patrick	14	Holywell	9:51.90
2 Williams, Heath	14	Wrexham	10:16.20
3 Gray-Williams, Morgan	14	Conwy	11:17.00

15-16

1 Park, Reggie Samuel	16	Holywell	8:57.80
2 Baldwin, Thomas	15	Holywell	9:35.89

17 & Over

1 Williams, Owen	17	Nofio Gwynedd	9:13.94
2 Parry, Now	17	Nofio Gwynedd	9:28.28
3 Chauhan, Jai	17	Nofio Bangor	9:34.80

Event 323 Girls 11 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1 M'Keown, Emily	12	Holywell	1:09.00
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11-12...(#323 Girls 11 & Over 100 LC Meter Freestyle)

2	Jones, Betsy	12	Holywell	1:12.70
3	Kendall, Ella	12	Conwy	1:12.80
4	Twist, Bella	12	Rhyl Dolphin	1:17.71
5	Halliwell, Morgan	12	Cambrian AA	1:18.30
6	Nash, Amber	12	Holywell	1:18.70
7	Haydon, Francesca	12	Chirk	1:21.30
8	Wilson-Pickles, Isla	11	Ruthin	1:22.34
9	Owen, Beca	12	Nofio Gwynedd	1:22.42
10	Kentell, Kaya	12	Chirk	1:22.70
11	Houseman-Jones, Connie	12	Nofio Gwynedd	1:23.26
12	Weatherhead, Emilie	12	Mold	1:23.60
13	Jones, Ceti	12	Nofio Gwynedd	1:24.32
14	Kay, Poppy	12	Ruthin	1:24.45
15	McDonnell, Saoirse	12	Denbigh Drag	1:24.68
16	Langridge, Martha	12	Holywell	1:24.80
17	Williams, Phoebe	11	Holywell	1:25.00
18	Ewing, Samantha	12	Conwy	1:25.40
19	Johnson, Chloe	12	Cambrian AA	1:26.20
20	Williams, Heidi	12	Wrexham	1:26.90
21	Roberts, Lowri	12	Ruthin	1:27.85
22	Hughes, Bethany	12	Conwy	1:28.40
23	Davies, Magi	11	Nofio Gwynedd	1:28.75
24	Lazarova, Victoria	12	Holywell	1:28.90
25	McPherson, Freya	11	Holywell	1:33.40
26	Turner, Skye	11	Holywell	1:33.90
27	Thornton, Georgie	11	Chirk	1:34.60

13-14

1	Mellor, Medi	14	Nofio Bangor	1:00.90
2	Prevete, Sofia	14	Wrexham	1:04.03
3	O'Hara, Noelle	13	Wrexham	1:04.57
4	Elson, Caitlin	14	Wrexham	1:05.99
5	Gray-Thomas, Jessica	13	Conwy	1:06.91
6	Eyre, Maiya	14	Buckley	1:07.60
7	Chauhan, Amber	14	Nofio Bangor	1:08.28
8	Scott, Lucy	14	Conwy	1:08.59
9	Williams, Layla	14	Newtown	1:08.62
10	Thomas-Owen, Efa	14	Nofio Gwynedd	1:08.62
11	Williams, Daisy	14	Nofio Bangor	1:09.00
12	Roberts, Cara-Non	14	Nofio Gwynedd	1:10.67
13	Francis, Molly	14	Newtown	1:11.20
14	Edwards, Beca	13	Nofio Gwynedd	1:12.61
15	Owen, Awel	14	Nofio Gwynedd	1:12.61
16	Fisher, Eliza	14	Wrexham	1:14.00
17	Conlin, Layla	14	Wrexham	1:14.20
18	Kenworthy, Emelia	14	Mold	1:14.40
19	Nagib, Leila	13	Nofio Bangor	1:15.00
20	Skippon, Isabelle	14	Holywell	1:15.10
21	Upton, Lily	13	Wrexham	1:15.30
22	Howells, Betsi	13	Newtown	1:15.80
23	Holland, Eva	13	Chirk	1:17.50
24	Holmes-Thompson, Telisha	14	Conwy	1:18.80
25	Williams, Megan	13	Nofio Gwynedd	1:19.07
26	McCormack, Emily	14	Buckley	1:19.10
27	Pritchard, Amelia	13	Chirk	1:19.70
28	Walling, Iola	14	Conwy	1:19.70
29	Mcpherson, Millie	13	Holywell	1:20.20
30	Horrocks, Grace	14	Chirk	1:20.30

31	Sayle, Jess	13	Conwy	1:20.30
32	Charlesworth, Aoife	14	Wrexham	1:20.60
33	Davies, Mali	13	Nofio Gwynedd	1:20.69
34	Banks, Charlotte	13	Newtown	1:20.70
35	Conroy, Celyn	14	Wrexham	1:21.10
36	Thomas, Sara	13	Nofio Bangor	1:21.50
37	Griffiths, Eva	14	Wrexham	1:21.60
38	Mainwaring, Ava	13	Chirk	1:23.40
39	Owen, Taya-Mai	13	Chirk	1:24.30

15-16

1	Edwards, Alaw	16	Nofio Gwynedd	1:01.58
2	Thomas, Serenity	16	Nofio Gwynedd	1:02.14
3	Ach Rhys, Eyllt	16	Nofio Gwynedd	1:02.32
4	Devin, Erin	16	Wrexham	1:02.39
5	Hughes, Nel	15	Nofio Gwynedd	1:02.75
6	Roberts, Mali	16	Nofio Gwynedd	1:03.54
7	Sutton, Emily	15	Nofio Gwynedd	1:04.72
8	Synowiec, Amelia	16	Conwy	1:05.00
9	Williams, Leah	15	Nofio Gwynedd	1:05.19
10	McCoole-Jones, Elen	15	Holywell	1:05.40
11	Williams, Gwenno	15	Nofio Gwynedd	1:05.58
12	Jones, Flora	16	Holywell	1:06.30
13	Williams, Cari	16	Nofio Gwynedd	1:06.38
14	Taylor, Rebecca	16	Wrexham	1:06.56
15	Jones, Mali	16	Nofio Gwynedd	1:07.01
16	Jones Churm, Nel	15	Nofio Gwynedd	1:07.08
17	Thurston, Rene	15	Newtown	1:07.10
18	Sayle, Daisy	16	Conwy	1:07.15
19	Madra, Victoria	15	Wrexham	1:07.40
20	Lendnau-Moulton, Ava	15	Wrexham	1:07.60
21	Batt, Clemence	15	Holywell	1:08.80
22	Grant, Lucy	16	Nofio Gwynedd	1:08.96
23	Bradshaw, Eden	15	Chirk	1:09.30
24	Morrison, Sophia	16	Mold	1:09.40
25	Moulding, Edith	16	Wrexham	1:10.00
26	Griffiths, Arwenna	15	Mold	1:10.20
27	Marsden, Pheobe	15	Conwy	1:10.40
28	Hopwood, Megan	15	Buckley	1:11.20
29	Ross, Bianca	15	Wrexham	1:11.60
30	Hornby, Isabel	16	Nofio Gwynedd	1:12.14
31	Mitchelmore, Anna	15	Nofio Gwynedd	1:13.07
32	Williams, Lyla	15	Conwy	1:13.50
33	Jones, Hannah	16	Nofio Gwynedd	1:13.52
34	Pritchard, Poppy	15	Wrexham	1:13.70
35	Lewis, Amelia	15	Buckley	1:14.30
36	Rimmer, Tilly	15	Holywell	1:14.90
37	Davies, Ffion	15	Chirk	1:16.00
38	Jones, Rhiannon	15	Wrexham	1:16.10
39	Jones, Ffion	15	Newtown	1:16.20
40	Smith, Brooke	15	Conwy	1:16.80
41	Odonnell, Isla	15	Nofio Bangor	1:16.90
42	Kowal, Emilia	15	Wrexham	1:19.00

17 & Over

1	Humphreys, Ffion	18	Nofio Gwynedd	58.93
2	Dwyfor-Clark, Efa	17	Nofio Gwynedd	1:00.77
3	Worthington, Emma	18	Chirk	1:01.60
4	Cust, Ciara	19	Conwy	1:02.40

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17 & Over...(#323 Girls 11 & Over 100 LC Meter Freestyle)

5	Hellfeld, Beatrix	19	Nofio Bangor	1:03.00
6	Banks, Ella	17	Newtown	1:04.50
7	Johnson, Poppy	17	Holywell	1:05.20
8	Jones, Martha	17	Conwy	1:05.30
9	Gillingham, Grace	22	Nofio Bangor	1:05.50
10	Davis, Charlie	26	Nofio Bangor	1:05.62
11	Hughes, Mari	19	Nofio Bangor	1:05.90
12	Carr, Jenaya Jewell	19	Holywell	1:06.00
13	Goodman, Casi	17	Nofio Gwynedd	1:06.63
14	Roberts, Lucy	17	Nofio Bangor	1:07.90
15	Ellis, Lily	19	Welshpool	1:08.04
16	Williams, Rhona	24	Chirk	1:12.00
17	Rich, Ffion	17	Holywell	1:14.40

Event 324 Boys 11 & Over 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
11-12				
1	Groves, Jasper	12	Conwy	3:18.20
2	Mander, Toby	12	Conwy	3:21.50
3	Hughes, George	12	Mold	3:27.10
4	Baldwin, Issac	11	Rhyl Dolphin	3:40.54
5	Meechan, Alexander	11	Conwy	4:03.50
6	ap Rhys, Llyr	11	Nofio Gwynedd	4:06.89
7	Donnan, Samuel	11	Holywell	4:06.90
8	Roberts, William	12	Nofio Bangor	4:06.90

13-14

1	Edwards, Isaac	14	Wrexham	2:50.00
2	McCullagh, Patrick	14	Holywell	2:58.80
3	Jones-Walker, Noah	13	Holywell	3:10.86
4	Miller, Ethan	13	Ruthin	3:11.56
5	Gray-Thomas, Jayden	14	Conwy	3:13.00
6	Grant, Zac Anthony	14	Nofio Gwynedd	3:20.74
7	Gray-Williams, Morgan	14	Conwy	3:21.00
8	Hamer, Archie	13	Newtown	3:23.40
9	Bryant, Maxwell	13	Cambrian AA	3:34.00
10	Vaitelis, Lukas	14	Conwy	3:35.60

15-16

1	Meilleur, Elliot	16	Nofio Gwynedd	2:29.68
2	Williams, Dylan	15	Wrexham	2:47.00
3	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:50.36
4	Price-Clissem, Dyfan	15	Nofio Gwynedd	2:51.50
5	Gomery, Ethan	15	Buckley	3:00.90
6	Davies, Archie	15	Conwy	3:15.60

17 & Over

1	Hughes, Cai	17	Nofio Bangor	2:36.40
2	Owen, Luca	19	Holywell	2:44.40
3	Davies, Lewis	17	Nofio Gwynedd	2:50.93

Event 325 Girls 11-12 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	Chirk	NT
2	Conwy	NT
3	Nofio Gwynedd	NT
4	Wrexham	NT
5	Holywell	NT
6	Holywell	NT

Event 326 Girls 13-14 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	
1	Chirk	A	NT
2	Conwy	A	NT
3	Conwy	B	NT
4	Nofio Gwynedd	A	NT
5	Wrexham	A	NT
6	Wrexham	B	NT
7	Nofio Bangor	A	NT

Event 327 Girls 15-16 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	
1	Chirk	A	NT
2	Conwy	A	NT
3	Nofio Gwynedd	A	NT
4	Nofio Gwynedd	B	NT
5	Wrexham	A	NT
6	Holywell	A	NT

Event 328 Girls 17 & Over 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	
1	Chirk	A	NT
2	Nofio Gwynedd	A	NT
3	Nofio Bangor	A	NT
4	Holywell	A	NT

Event 331 Boys 11 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
11-12				
1	Groves, Jasper	12	Conwy	42.70
2	Mander, Toby	12	Conwy	43.10
3	Hughes, George	12	Mold	44.80
4	Baldwin, Issac	11	Rhyl Dolphin	45.73
5	Richards, Dylan	11	Wrexham	47.40
6	Donnan, Samuel	11	Holywell	48.00
7	Oldfield, George	12	Newtown	48.70
8	Over, Arran	12	Buckley	48.80
9	Everett, Alfie	12	Chirk	49.60
10	Carroll, Josh	11	Ruthin	50.89
11	Jones, Jac	12	Nofio Bangor	51.50
12	Greaves, Dylan	12	Wrexham	52.90
13	Meechan, Alexander	11	Conwy	53.70
14	ap Rhys, Llyr	11	Nofio Gwynedd	55.69

13-14

1	Edwards, Isaac	14	Wrexham	35.20
2	Jones-Walker, Noah	13	Holywell	38.10
3	Miller, Ethan	13	Ruthin	39.14
4	McCullagh, Patrick	14	Holywell	39.63
5	Mrozinski, Michal	14	Conwy	39.80
6	Grimston, Max	14	Buckley	41.90
7	Grant, Zac Anthony	14	Nofio Gwynedd	42.97
8	Worrall, Teddy	14	Wrexham	44.00
9	Hamer, Archie	13	Newtown	44.20
10	Vaitelis, Lukas	14	Conwy	44.90
11	Gray-Williams, Morgan	14	Conwy	45.70
12	Bryant, Maxwell	13	Cambrian AA	45.70

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15-16...(#331 Boys 11 & Over 50 LC Meter Breaststroke)

1	Price-Clissem, Dyfan	15	Nofio Gwynedd	35.60
2	Gomery, Ethan	15	Buckley	37.00
3	McGrath, Archie	16	Nofio Bangor	38.60
4	Davies, Archie	15	Conwy	39.50
5	Owen, Finlay	16	Buckley	39.90

17 & Over

1	Thomas, Lucas	18	Nofio Gwynedd	29.72
2	Darbey, Rhys	19	Wrexham	32.05
3	Hughes, Cai	17	Nofio Bangor	33.12
4	Owen, Luca	19	Holywell	34.45
5	Langridge, Oliver	17	Holywell	34.77
6	Hardy, Dewi	19	Wrexham	35.80

Event 332 Girls 11 & Over 200 LC Meter Butterfly

Name	Age	Team	Seed Time
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11-12

1	Kendall, Ella	12	Conwy	3:09.70
2	Morgado, Carolina	12	Wrexham	3:10.00

13-14

1	O'Hara, Noelle	13	Wrexham	2:49.30
2	Williams, Layla	14	Newtown	2:51.90

15-16

1	Taylor, Rebecca	16	Wrexham	2:36.03
2	Synowiec, Amelia	16	Conwy	2:37.10
3	Roberts, Mali	16	Nofio Gwynedd	2:37.75
4	Ach Rhys, Eysyllt	16	Nofio Gwynedd	2:38.84

17 & Over

1	Cust, Ciara	19	Conwy	2:25.00
2	Jones, Myia	18	Wrexham	2:36.80
3	Latty, Nicola	55	Holywell	2:43.67

Event 333 Boys 11 & Over 100 LC Meter Butterfly

Name	Age	Team	Seed Time
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11-12

1	Mander, Toby	12	Conwy	1:26.00
2	Hall, Henry	11	Holywell	1:27.86
3	Richards, Dylan	11	Wrexham	1:36.60
4	Greaves, Dylan	12	Wrexham	1:37.60
5	Thomas, Ralph	11	Holywell	1:39.60

13-14

1	Evans, Jake	14	Wrexham	1:08.56
2	Nuttall, Harri	13	Rhyl Dolphin	1:10.98
3	Worrall, Teddy	14	Wrexham	1:19.10

15-16

1	Williams, Dylan	15	Wrexham	1:04.60
2	McGrath, Archie	16	Nofio Bangor	1:10.10
3	Jones, Tegid	16	Nofio Gwynedd	1:11.75
4	Donnan, George	15	Holywell	1:15.50

17 & Over

1	Thomas, Lucas	18	Nofio Gwynedd	57.95
2	Hardy, Dewi	19	Wrexham	1:05.00
3	Langridge, Oliver	17	Holywell	1:06.80
4	Hughes, Cai	17	Nofio Bangor	1:07.90
5	Angel, Ethan	22	Nofio Bangor	1:08.70
6	Davies, Lewis	17	Nofio Gwynedd	1:09.27

7	Parry, Now	17	Nofio Gwynedd	1:10.60
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Event 334 Girls 11 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1	M'Keown, Emily	12	Holywell	5:38.30
2	Jones, Betsy	12	Holywell	5:41.20
3	Elson, Jessica	12	Wrexham	6:00.20
4	Twist, Bella	12	Rhyl Dolphin	6:02.08
5	Wilson-Pickles, Isla	11	Ruthin	6:15.34
6	Kay, Poppy	12	Ruthin	6:17.70
7	Hughes, Bethany	12	Conwy	6:23.30
8	Williams, Phoebe	11	Holywell	6:38.90

13-14

1	Gray-Thomas, Jessica	13	Conwy	4:57.38
2	Elson, Caitlin	14	Wrexham	5:04.21
3	Chauhan, Amber	14	Nofio Bangor	5:06.50
4	Eyre, Maiya	14	Buckley	5:16.00
5	Thomas-Owen, Efa	14	Nofio Gwynedd	5:24.31
6	Upton, Lily	13	Wrexham	5:38.30
7	Parry, Neli	13	Nofio Gwynedd	6:00.92
8	Pritchard, Amelia	13	Chirk	6:14.20
9	Banks, Charlotte	13	Newtown	6:16.00
10	Sayle, Jess	13	Conwy	6:20.20

15-16

1	Devin, Erin	16	Wrexham	4:41.10
2	Thomas, Serenity	16	Nofio Gwynedd	4:41.28
3	Williams, Gwenno	15	Nofio Gwynedd	4:58.81
4	Williams, Cari	16	Nofio Gwynedd	5:04.67
5	Sayle, Daisy	16	Conwy	5:05.10
6	Hughes, Nel	15	Nofio Gwynedd	5:05.30
7	Madra, Victoria	15	Wrexham	5:06.40
8	Williams, Leah	15	Nofio Gwynedd	5:08.30
9	Grant, Lucy	16	Nofio Gwynedd	5:19.36
10	Williams, Kiera	15	Conwy	5:29.90
11	Hornby, Isabel	16	Nofio Gwynedd	5:32.95
12	Moulding, Edith	16	Wrexham	5:39.70
13	Lewis, Amelia	15	Buckley	5:55.00

17 & Over

1	Cust, Ciara	19	Conwy	4:36.30
2	Worthington, Emma	18	Chirk	4:49.40
3	Dwyfor-Clark, Efa	17	Nofio Gwynedd	4:54.91
4	Banks, Ella	17	Newtown	4:57.00
5	Cyster, Rowan	22	Nofio Bangor	5:07.80
6	Roberts, Lucy	17	Nofio Bangor	5:11.20
7	Rogerson, Heidi S10	19	Holywell	5:59.06

Event 335 Boys 11 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time
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11-12

1	Evans, Jonas	12	Mold	2:30.90
2	Hughes, George	12	Mold	2:37.70
3	Hall, Henry	11	Holywell	2:47.71
4	Oldfield, George	11	Newtown	2:50.50
5	Baldwin, Issac	11	Rhyl Dolphin	2:57.76
6	Jones, Jac	12	Nofio Bangor	3:02.00
7	Carroll, Josh	11	Ruthin	3:11.08

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Psych Sheet

13-14...(#335 Boys 11 & Over 200 LC Meter Freestyle)

1	Mrozinski, Michal	14	Conwy	2:19.60
2	McCullagh, Patrick	14	Holywell	2:23.00
3	Jones-Walker, Noah	13	Holywell	2:24.90
4	Williams, Heath	14	Wrexham	2:26.16
5	Miller, Ethan	13	Ruthin	2:26.91
6	Gray-Thomas, Jayden	14	Conwy	2:34.60
7	Worrall, Teddy	14	Wrexham	2:36.90
8	Gray-Williams, Morgan	14	Conwy	2:37.30
9	Lunt-Sullivan, Joe	13	Holywell	2:37.50
10	Grant, Zac Anthony	14	Nofio Gwynedd	2:39.52
11	Bryant, Maxwell	13	Cambrian AA	2:47.50

15-16

1	Park, Reggie Samuel	16	Holywell	2:02.06
2	Meilleur, Elliot	16	Nofio Gwynedd	2:06.57
3	Shiland-Griffiths, Enzo	16	Nofio Gwynedd	2:08.82
4	Jones, Tegid	16	Nofio Gwynedd	2:11.68
5	Williams, Dylan	15	Wrexham	2:15.05
6	Baldwin, Thomas	15	Holywell	2:15.74
7	Armstrong, Austin	16	Buckley	2:16.50
8	Donnan, George	15	Holywell	2:17.10
9	Price-Clishem, Dyfan	15	Nofio Gwynedd	2:22.38

17 & Over

1	Darbey, Rhys	19	Wrexham	1:59.37
2	Lennon, Danny	18	Wrexham	2:00.55
3	Parry, Now	17	Nofio Gwynedd	2:08.42
4	Chauhan, Jai	17	Nofio Bangor	2:09.60
5	Davies, Lewis	17	Nofio Gwynedd	2:10.39

Event 336 Girls 11-12 4x100 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Chirk	A	NT
2	Conwy	A	NT
3	Nofio Gwynedd	A	NT
4	Wrexham	A	NT
5	Holywell	A	NT
6	Holywell	B	NT

Event 337 Girls 13-14 4x100 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Chirk	A	NT
2	Conwy	A	NT
3	Conwy	B	NT
4	Nofio Gwynedd	A	NT
5	Nofio Bangor	A	NT

Event 338 Girls 15-16 4x100 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Chirk	A	NT
2	Conwy	A	NT
3	Conwy	B	NT
4	Nofio Gwynedd	A	NT
5	Nofio Gwynedd	B	NT
6	Wrexham	A	NT
7	Holywell	A	NT

Event 339 Girls 17 & Over 4x100 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Chirk	A	NT
2	Nofio Gwynedd	A	NT
3	Nofio Bangor	A	NT
4	Holywell	A	NT